

# Obesity Diabetes:

ARE WE DOING ENOUGH?  
8 October, 2008

The symposium will debate national prevention and treatment strategies and include presentations of relevant research being undertaken in the Edgar National Centre for Diabetes Research and elsewhere in New Zealand.

## Programme

### Hutton Theatre (Otago Museum)

11.00 Welcome

11.05 Introduction to the Edgar National Centre for Diabetes Research:  
Mr Eion Edgar DCNZM and Professor Jim Mann CNZM FRSNZ

### 11.15-12.10 National Prevention and Treatment Strategies

Dr Sandy Dawson Chief Clinical Advisor, Ministry of Health

Dr Pat Tuohy Chief Advisor Child and Youth Health, Ministry of Health

Cynthia Maling National Programme Manager, HEHA, Ministry of Health

Open discussion – Chairs: Mr Eion Edgar and Professor Jim Mann

12.10-12.50 Lunch in Hutton Theatre for those attending the full symposium

### Colquhoun Theatre (Dunedin Hospital, 5 minutes walk from Otago Museum)

1.00-1.50 Medical Forum, presented by staff of the Edgar National Centre for  
Diabetes Research

Dr Rachael Taylor – The APPLE (A Pilot Programme for Lifestyle and Exercise) Study.  
New Zealand's first successful community intervention designed to prevent excessive  
weight gain in children.

Dr Kirsten Coppell – Ngati and Healthy Prevent Diabetes Project: a community-wide  
diabetes prevention intervention on the East Coast.

### Hutton Theatre (Otago Museum)

2.10-3.00 Type I Diabetes: The Neglected Epidemic

Dr Craig Jefferies (Starship Hospital) Childhood Diabetes in Perspective.

Craig Cumming and others Living with type I diabetes.

Research initiatives in type I diabetes

3.15-4.00 Regional Obesity and Diabetes Prevention Projects

Professor Elaine Rush Project Energize

Jody Warbrick Pacific Obesity Prevention In Communities (OPIC)