

NZ Food Addiction Symposium

Friday 6th September 2013, Rolleston Lecture Theatre,
Ground Floor, University of Otago, 2 Riccarton Ave, Christchurch

PROGRAMME

9.30am	Mihi Whakatau	
9.40am	University of Otago Welcome	Professor Roger Mulder, Department of Psychological Medicine, University of Otago - Christchurch
9.45am	Food is essential for life, so how can you have food addiction?	Professor Doug Sellman, National Addiction Centre, University of Otago - Christchurch
10.45am	Food addiction and food neglect: Putting it all together for solutions to obesity	Dr Anne-Thea McGill, General Practice and Primary Health Care, and University of Auckland Human Nutrition Unit
11.05am	The NEEDNT Food List: Non-essential, energy-dense, nutritionally-deficient foods	Dr Jane Elmslie, National Addiction Centre, University of Otago - Christchurch
11.25am	Consumer Panel	
11.50pm	LUNCH	
12.15pm	The role of sugar in obesity and food addiction	Professor Jim Mann, Department of Human Nutrition, University of Otago - Dunedin
1.15pm	Inner and outer voice coaching with food addiction	Paul Schreuder, Wellington Institute of Technology
1.35pm	Why is behaviour change so difficult to achieve?	Dr Elisabeth Weichselbaum, Nutrition Science & Consultancy
1.55pm	Consumer Panel	
2.20pm	AFTERNOON TEA	
2.45pm	Bariatric surgery, an effective psychotherapy for food addiction	Mr David Schroeder, Surgical Obesity Service
3.45pm	Wrap Up	Dr Daryle Deering, National Addiction Centre, University of Otago - Christchurch
3.55pm	Poroporoaki	
4.00pm	SYMPOSIUM ENDS	