

ENTRY REQUIREMENTS

The specific entry requirements vary slightly for each paper.

Common to all papers are the following:

1. Admission to the paper shall be subject to the approval of the Board of Studies of the Division of Health Sciences.
2. Every candidate shall
 - have been admitted to a degree or have an appropriate professional qualification;
 - present evidence of ability for advanced level academic study.

COST

The course fees are the standard fees for a 30 point postgraduate paper at the University of Otago. The fees have not yet been set for 2013 but as a guide the total fee in 2012 is \$2401.03.

Students are generally expected to meet the costs of travel and accommodation for the block courses unless part of specific contracts which cover this.

HOW TO APPLY

Contact Lindsay Atkins
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FURTHER INFORMATION ON ANY OF THE COURSES AND ADVICE ON COURSES OF STUDY CAN BE OBTAINED BY CONTACTING THE COORDINATORS FOR EACH COURSE OR:

Fraser Todd
Co-Director - Teaching
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OR VISIT OUR WEBSITE

www.addiction.org.nz



POSTGRADUATE TRAINING PROGRAMME 2013-2014

NATIONAL ADDICTION CENTRE
(AOTEAROA NEW ZEALAND)

Department of Psychological Medicine
UNIVERSITY OF OTAGO,
CHRISTCHURCH

ABOUT THE NAC

The National Addiction Centre (NAC) is dedicated to developing and promoting effective interventions for people with alcohol, drug and addiction related problems in New Zealand. It is situated within the Department of Psychological Medicine, University of Otago, Christchurch.

The main activities of the NAC are teaching and clinical research. This postgraduate training programme is intended for a broad range of health professionals and colleagues in allied sectors who wish to study at a higher academic level and develop advanced clinical knowledge and skills in the addiction area.

COURSES OF STUDY

- **POSTGRADUATE CERTIFICATE IN HEALTH SCIENCES (Addiction & Coexisting Disorders)**
PSMX404 plus one of 416, 422 or 424
- **POSTGRADUATE DIPLOMA IN HEALTH SCIENCES (Addiction & Coexisting Disorders)**
PSMX404; two of 416, 422 or 424 plus one other approved paper
- **MASTER OF HEALTH SCIENCES**
Postgraduate Diploma plus two further papers and a dissertation, or Postgraduate Diploma plus a thesis.
NB: An approved research methods paper is required in the overall mix of papers for both dissertation and thesis options.
- **PHD**

PSMX404 and PSMX422 are offered annually. PSMX416 and PSMX424 are offered every second year.

TRAINING PROGRAMME 2013-2014

	2013	2014
404	Semester 1	Semester 1
416	Not offered	Semester 2
422	Semester 2	Semester 2
424	Semester 1	Not offered

ABOUT THE PAPERS

The papers outlined below are distance taught and offered nationally. All papers involve one or more weekend or weekday block course.

PSMX404 - ASSESSMENT OF ADDICTION & COEXISTING DISORDERS

Coordinator: Dr Fraser Todd

The emphasis of this course is on the development of clinical skills in the areas of comprehensive clinical assessment and treatment planning for patients with addiction problems, including coexisting substance use and mental health disorders (dual diagnosis).

PSMX404 involves two three-day block courses in Christchurch and approximately eight audio conferences.

PSMX422 - TREATMENT OF ADDICTION & COEXISTING DISORDERS

Coordinator: Dr Daryle Deering

PSMX422 comprises two three-day block courses and an email discussion group. Students will usually have completed either PSMX404, PSMX401, or equivalent, as a prerequisite. The paper emphasises a multi-systems

perspective and collaborative working relationship with clients, their significant others, whānau, health and other social services. There is a focus on working with clients with complex needs who often have coexisting mental health and social problems.

PSMX416 - APPLIED THEORY OF ADDICTION & COEXISTING DISORDERS

Coordinator: Dr Simon Adamson

This is a paper suitable for anyone working in the addiction and broader mental health fields, be it in treatment, policy, health promotion or other related areas, or for those wishing to further their knowledge in this area. The paper aims to give a broad overview of addiction and coexisting disorders, to give a sound grasp of the current biological, psychological and social theories of addiction and to understand the applications of this knowledge base in clinical practice.

The paper is run as a combination of an online discussion forum, one three-day workshop in Christchurch and a series of audio conferences.

PSMX424 - PHARMACOTHERAPY OF ADDICTION & COEXISTING DISORDERS

Coordinator: Professor Doug Sellman

This paper is geared towards senior clinicians in the addiction treatment field who either prescribe, or work closely with those who prescribe, medications for patients with addiction and coexisting psychiatric and medical problems. The paper is run as a combination of two two-day block courses and email discussion around a series of clinical cases.

The course focuses on the management of people being treated with medications for addiction and coexisting disorders and covers the use of a wide range of common medications.