The aim of this research study is to explore the effect of community dance on the Hauora of new mothers and their family in Dunedin.

Come join the conversation with Uzo Nwankpa MSN-PH, BSN,RN, a community health registered nurse and community dance facilitator visiting from the United States as the Caroline Plummer Community Dance Fellow at the University of Otago School of Physical education, Sport and Exercise Sciences.

This is an opportunity to learn about the project as well as share your expert opinion on working with women in the prenatal and postnatal phases of life and the effect of music and dance on wellbeing.

For questions contact Uzo Nwankpa at 02 912 83712