Library Link
Newsletter of Wellington Medical Library
www.wnmeds.ac.nz/medlibrary.html

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SUMMER EDITION
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Library opening hours

1 Dec - 23 Dec
Mon-Wed 8:30am-6:00pm
Thurs 8:30am-9:00pm
Fri 8:30am-6:00pm
Sat 10am-6:00pm
Sun Closed

24 Dec - 4 Jan
CLOSED
The Library will be closed from 6pm Tuesday 23rd December until 8.30am Monday 5th January.
On the non-statutory holidays, (24th, 29th-31st December) the Library is providing a call-out service for urgent requests. If you have an urgent request please ring x5914 for the call-out number. The call-out number will also be listed on all library phone extensions and emails.

Library Link aims to develop and promote relevant library resources and services in partnership with staff of C&CDHB and staff and students of UOW.

A seasonal miscellany of journal articles

A short cut review was carried out to establish whether nasal erythema in a reindeer might be a useful navigational aid on Christmas Eve. From a search of nine papers, five presented evidence relevant to the question. The author, date and country of publication, "subjects" studied, study type, relevant outcomes, results and study weaknesses of these papers are presented in table 3. The clinical bottom line is that a reindeer with a red nose at rest at the North Pole would not inspire confidence.

Explores the pharmacology of the first Christmas gifts and some potential benefits and hazards of modern decorations.

A 2 year-old boy presented with acute upper airway obstruction following a 15-month history of noisy breathing and hoarseness. An urgent laryngotraceal bronchoscopy was performed.....visualization of the larynx through a laryngeal mask airway revealed a flat plastic Christmas tree embedded within granulomatous cords causing almost complete obstruction and requiring tracheostomy prior to extraction..... The family remembered the decoration from Christmas celebrations 2 years prior and recalled a coughing episode that predated the onset of hoarseness.

Given his occupation which diseases could S. Claus have?

If change does not itself a better option make
Then options seeking change may worse diversions take
And so at Christmas time when merry stories flower
A moral must we weave of this to while the yuletide hour


Don't know what to give that medical professional? MDs 'R' Us offer gift solutions for a range of specialties.


In this season of surprises we asked our readers panel about the weirdest Christmas presents they have ever been given.


Nothing is safe nowadays from consumer scrutiny and the image police, and that includes what you hang up in the practice at this festive time of the calendar.


Offers insight on the tendency of people to consume additional foods and gain weight during the Christmas season. Suggestions for dieting during the months following Christmas; Theories which attempt to explain the tendency to consume more food; Suggestion that the consumption of food has little to do with hunger.


Review of 5 articles on various aspects of holidays, food and alcohol including acceptability of chocolate chip cookies.


Cardiac output was measured in ten patients at routine cardiac catheterisation and three patients with severe heart failure by means of a carbon dioxide rebreathing technique with a computer-assisted mass spectrometer and compared with cardiac output measured by thermodilution. There was a close correlation….between the two methods. Cardiac output measured by the carbon dioxide rebreathing technique increased after a typical Christmas lunch by a mean of 1.6 1/min in a group of healthy volunteers.


The 3M Company …. has produced about three billion plastic Christmas bow pins over 20 years. When it was reported that inhalation of these pins had resulted in two deaths, the company sought otolaryngologic consultation to suggest design modifications….The circular base of the bow pin was modified into the form of a cross so that it would not completely obstruct the airway……When the unmodified bow pin was inserted into the larynx of ten cats, six died. The modified pin caused no deaths in nine cats. We regard this as an example of responsible cooperation between industry and medicine.

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3. Select volume and issue required. For some journals it may be necessary to look for past issues, back issues or archive etc.

4. Viewing article - select Full Text (HTML) to view article on screen, select PDF to download a printable version.

User Information Guides
Several user guides are available on the library webpage:
How to use the catalogue
Renewing books online and requesting books from UO libraries using callslip and recall
Locating journal articles from the e-journal portal
Searching Medline and Cinahl

For training to use these and other library resources please contact Reference phone x5561


Analysis of 129 studio cards containing alcohol-related subject matter revealed themes which suggest that getting drunk is a natural and desirable concomitant of celebrations and that drunkenness is humorous, enjoyable, and harmless. It is proposed that the depiction of intoxication in these cards as pleasurable and risk-free may legitimate and reinforce tolerant attitudes toward alcohol abuse and thereby contribute to their entrenchment and pervasiveness in the face of recent public education prevention campaigns.


Unusual complications ensued when a 14-month-old boy ingested an ornamental Christmas bulb. Hemorrhage is an infrequent complication of foreign body ingestion, as reported in the literature. We theorize that the problems in this case were the result of the extreme thinness (0.033 cm) and the brittleness of the glass fragments.

Websites: Travel

Centers for Disease Control and Prevention – Travelers’ Health
As well as information on specific topics users can select a country of destination to find out travel health information.

Safe Travel – NZ Ministry of Foreign Affairs and Trade
General tips and links to official sources of advice.

National Travel Health Network and Centre
http://www.nathnac.org/
A site for health professionals and travellers.

WHO International Travel and Health
http://www.who.int/ith/en/
WHO site offering guidance on the full range of health risks likely to be encountered at specific destinations and associated with different types of travel - from business, humanitarian and leisure travel to backpacking and adventure tours.

Further travel websites can be found on our Travel subject page

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Ngā mihi o te Kirihimete me te Tau Hou