



Southern Cross  
Health Society



# New to New Zealand?



The kiwifruit is one of the most nutritious fruits in the world. It's also high in fibre, which is great for your digestive system.

If you have recently arrived in New Zealand, you need to check whether you are eligible for publicly funded health services. Contact the Ministry of Health at [www.health.govt.nz](http://www.health.govt.nz) for more details.

## Eligible for publicly funded healthcare

Consider private health insurance as New Zealand's public healthcare system cannot provide everything for everyone. Southern Cross health insurance policies are designed to complement these public services.

Call Southern Cross Health Society on **0800 100 777** 8am - 5pm or visit [www.southerncross.co.nz/society](http://www.southerncross.co.nz/society) to arrange private health insurance.

## Some benefits of health insurance

- Faster access to treatment by avoiding public hospital waiting lists.
- More choice of when you receive treatment for qualifying conditions.

## Better value healthcare

The Southern Cross Healthcare Group is a group of independent businesses that share an interest in your health and wellbeing. Our range of products and services, combined with our not-for-profit focus, size and experience, give Southern Cross a unique and important voice in the New Zealand health scene.

## Not eligible for publicly funded healthcare

Consider Southern Cross Visiting New Zealand travel insurance. This insurance gives you the comfort of knowing you'll be looked after if the unexpected happens.\*

Call Southern Cross Travel Insurance on **0800 800 571** 8:30am - 5pm or visit [www.scti.co.nz/visiting-new-zealand](http://www.scti.co.nz/visiting-new-zealand) to arrange Visiting New Zealand travel insurance.

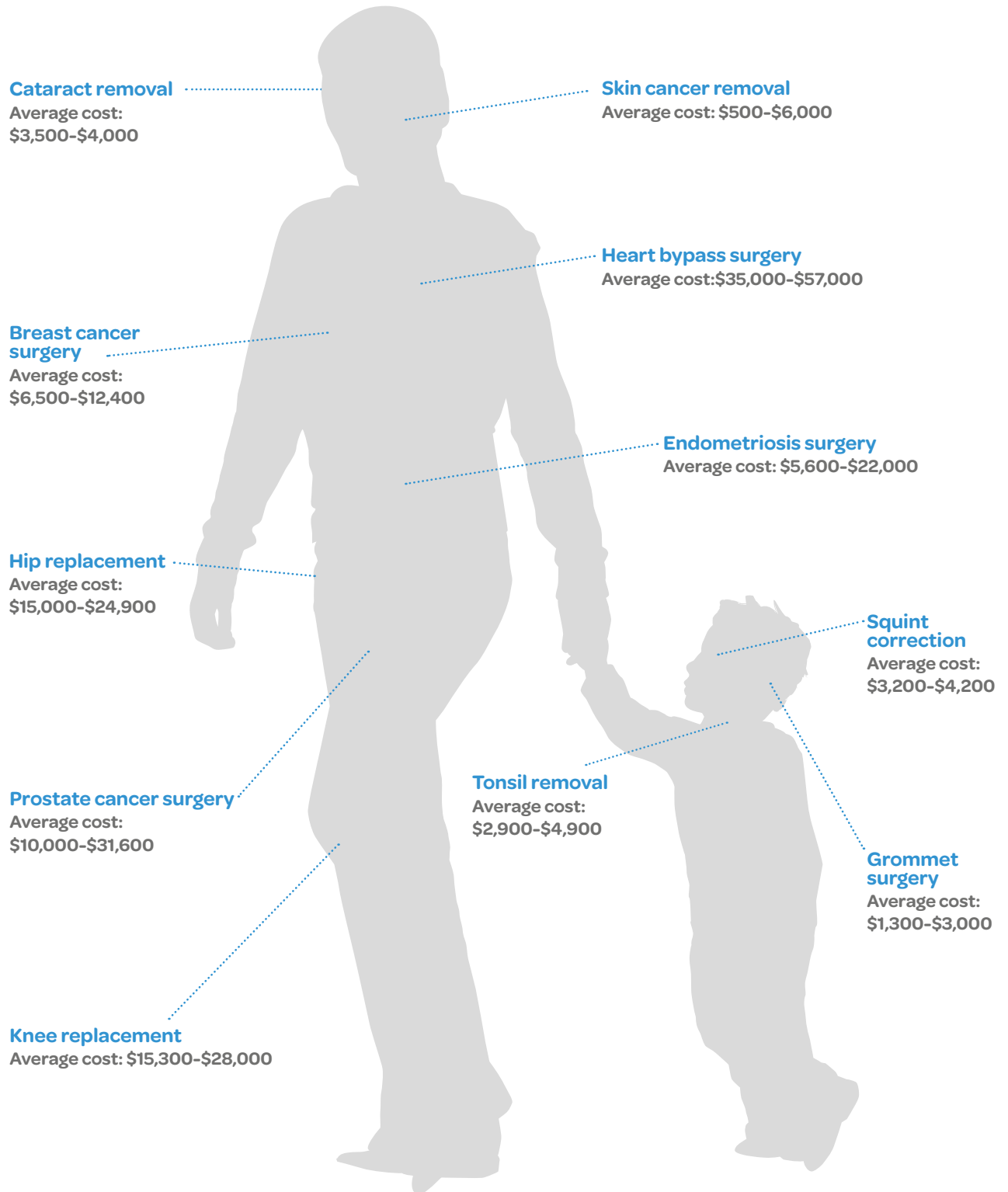
## Some benefits of Visiting New Zealand travel insurance

- Emergency assistance any time of the day or night.
- Cover for hospitalisation, doctor and prescription expenses.
- Medical evacuation back to your home country.

\*Southern Cross health insurance policies are underwritten by the Southern Cross Medical Care Society and Southern Cross travel insurance policies are underwritten by Southern Cross Benefits Limited. Travel insurance policies have different benefits, limitations and exclusions to health insurance policies. We recommend you seek professional advice based on your personal circumstances.

# The cost of healthcare in New Zealand

Below are some conditions and the cost of common procedures to treat them\*



In some cases, the listed procedures have been described in general rather than clinical terms. Procedure costs will vary depending on the location, medical practitioners, complications, and the medical procedure and technology used.

\*All costs are indicative and have been sourced from Health Funds Association of New Zealand, 2013; with the exception of grommet surgery, tonsil removal, and squint correction costs which are based on Southern Cross claims data, 2013.