



COUNTIES MANUKAU DISTRICT HEALTH BOARD TE POARI HAUORA O MANUKAU, PAKAKURA, PUKEKOHE, ME WAIUKU

Tirohanga Hauora 2015



Te taupori *Population*

I te tau 2013, e 79,500 ngā Māori i te noho i te takiwā o te Poari Hauora o Manukau, Papakura, Pukekohe, me Waiuku, 16% tēnei o te taupori tōpū o te Takiwā.



He āhua taitamariki te taupori o te takiwā o te Poari Hauora o Manukau, Papakura, Pukekohe, me Waiuku, engari he maha ngā tohu kei te kaumātua haere. I te tau 2013, ko te pakeke toharite he 22.3 tau. Kotahi i roto i te tokowhā o ngā tamariki o te takiwā i raro i te 15 tau, he Māori, waihoki, kotahi taiohi o te tekau mā i te 15–24 te pakeke, he Māori.



Tērā e piki te taupori Māori kei runga ake i te 65 tau, mā te 43% i waenga i te tau 2013 me te tau 2020.



Whānau ora *Healthy families*

I te tau 2013, ka whakahoki kōrero mai te nuinga (76%) o ngāi Māori o Manukau, Papakura, Pukekohe, me Waiuku he pai te noho o ō rātou whānau, engari e 7% i kī, kāore i te pai te noho o ō rātou whānau. Tērā te ōrau iti (5%) i kī he uaua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (87%) he ngāwari noa.



He mea nui (tino hirahira, hirahira tonu, āhua hirahira rānei) kia whai wāhi ki te ahurea Māori mō te nuinga o ngā pakeke Māori (71%), ā, he mea nui te taha wairua ki te 66%.

Tata ki te katoa (96%) o te hunga Māori o Manukau, o Papakura, Pukekohe, me Waiuku kua tae atu ki tētahi marae i tētahi wā. E toru i roto i te rima (65%) kua tae ki ō rātou marae ake, me te kī a neke atu i te haurua o rātou (56%), ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



Kotahi i roto i te tokowaru (12%) kua tae ki te tohunga Māori, ki te kairomiomi rānei i roto i te 12 marama ka hipa ake nei.

Kotahi i roto i te tokorima o ngāi Māori o Manukau, o Papakura, Pukekohe, me Waiuku i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori i te tau 2013.



He whakarāpopototanga tēnei puka i tētahi Tirohanga Hauora mō te Poari Hauora o Manukau, Papakura, Pukekohe, me Waiuku 2015, i whakaputaina i te marama o Oketopa 2015 e Te Rōpū Rangahau Hauora a Eru Pōmare, Te Whare Wānanga o Ōtago, Pōneke. Ka kitea te pūrongo katoa me ngā ripanga raraunga Excel i te taha i www.otago.ac.nz/MHP2015.



Wai ora *Healthy environments*

Te whiwhinga moni me te taumata o te noho



I te tau 2013, kotahi i roto i te rua tamariki i ngā kāinga Māori, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu, o roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakapekatanga ā-pakeke aua moni (i raro i te \$15,172), otiā he whakaritenga ki te kotahi tamaiti i roto i te tokotoru i ētahi atu kāinga ehara i te kāinga Māori.

I waenga i ngā pakeke e 18 tau nui ake te pakeke, e 43% i roto i ngā kāinga Māori i roto i tētahi kāinga whiwhinga moni pāpaku, hei whakarite tēnei ki te 30% o ngā pakeke i ētahi atu kāinga.

I te tau 2013, 17% o ngā pakeke Māori i Manukau, Papakura, Pukekohe, me Waiuku ka whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, e 5% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, e 9% kua auau ā rātou whakakore, whakatārewa rānei i te haerenga ki te tākuta i roto i te 12 marama ka hipa.

E 3.6 te whakareanga ake o ngā tāngata o ngā kāinga Māori kāore i whai wāhi ki tētahi motokā i te tau 2013, tēnā i te tokomaha o ērā ehara i te Māori (10%, hei whakarite ki te 3%).

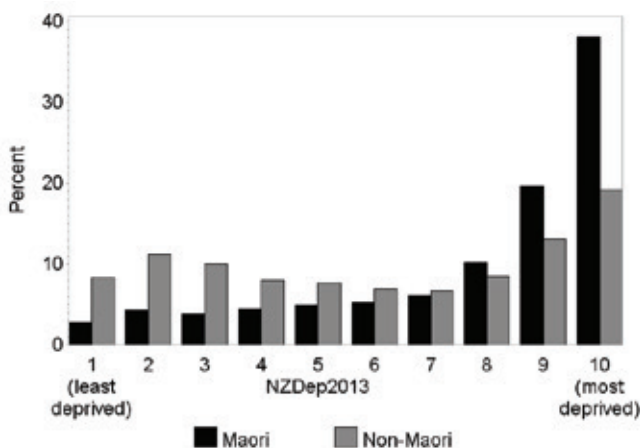


He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori ki ngā mahi whakawhiti pārongo ā-waea, tēnā i te hunga noho i ngā kāinga ehara i te Māori: e 34% kāore kau he hononga ipurangi, e 29% kāore kau he waea, 14% kāore kau he waea pūkoro, ā, e 4% kāore i whai wāhi ki ētahi atu momo whakawhiti pārongo ā-waea.



Te rawakore ā-takiwā

Ina whakamahia te taupū NZDep2013 mō te noho rawakore o te rohe iti, e 58% o ngā Māori o Manukau, Papakura, Pukekohe, me Waiuku i te noho i ngā tino rohe rawakore ā-rōpū ngahuru (ngahuru 9 me 10), ā, ko te pāpātanga mō tauwiwi, he 32%. E 7% noa iho o ngāi Māori i te noho i ngā rohe ā-rōpū ngahuru e rua kāore i tino rawakore, hei whakarite tēnei ki te 20% o tauwiwi.



Te mahi



I te tau 2013, e 13% o ngā pakeke Māori 15 neke atu rānei ngā tau, he kore mahi, ā, 90% te pikinga ake o te Māori i te pāpātanga mō tauwiwi (7%).

Mahi aroha ai te nuinga o ngā pakeke Māori (87%) o Manukau, Papakura, Pukekohe, me Waiuku i ētahi wā.



I te tau 2013, e 80% te whakareatanga ake o te kitenga o te hunga Māori noho i te kāinga, i waho rānei e tiaki ana i te hunga hauā, i te hunga māuiui rānei, o te kitenga o tauwiwi.

Te mātauranga

E 88% o ngā tamariki Māori o Manukau, Papakura, Pukekohe, me Waiuku i tīmata te kura i te tau 2013 kua whai wāhi ki ngā akoranga kōhungahunga.



I te tau 2013, e 43% o ngā pakeke Māori 18 neke atu rānei ngā tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he nui kē atu tēnei i te 2006 (34%). Ka whāiti haere ake te āputa i waenga i te iwi Māori me tauwiwi mā ngā ira ōrau e toru, engari e toru hauwhā noa iho a ngāi Māori i whiwhi i tēnei taumata tiwhikete i 2013, ina whakaritea ki te hunga whiwhi o tauwiwi.

Te whai whare



Ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i te tau 2013 ko te uaua o te whakamahana whare (22%), te pākarukaru o te whare ake (19%), me te haumākū (15%).

E rua hautoru o ngā tamariki i ngā kāinga Māori i Manukau, Papakura, Pukekohe, me Waiuku e noho ana i te whare rēti, ā, e 54% te pikinga ake i te ōrautanga i ētahi atu whare (43%).

Kotahi hautoru o ngā tāngata e noho ana ki te kāinga Māori e noho ana i ngā whare apiapi, (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei), hei whakarite tēnei ki te taumata i raro iti iho i te koata o ngā tāngata noho i ētahi atu whare (e 33% ki te 23%).

Mauri ora *Healthy individuals*

PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori e 2,422 ia tau, i ngā tau mai i te 2009–13, ā, e 28% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora. Āhua 7% o ngā pēpi Māori me te 6% o ngā pēpi tauwiwi he māmā rawa te taumaha tinana i te whānautanga.



I te tau 2013, e 76% o ngā pēpi Māori i Manukau, Papakura, Pukekohe, me Waiuku i whāngotēhia nuitia i te 6 wiki.

E rima tekau mā ono ōrau o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke.

I te tau 2014, kua oti te 87% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, ā, e 90% hei te 24 marama.



I te tau 2013, e 61% o ngā tamariki Māori o Manukau, Papakura, Pukekohe, me Waiuku, e 5 te pakeke, me te 46% o ngā tamariki tauwiwi, kua pāngia e te niho pirau. He ōrite tonu ēnei ōwehenga mō ngā tamariki i te Tau 8 o te kura. Tōna toharite ia, e 203 ngā whakaurunga hōhipera ia tau mō ngā tamariki Māori i raro i te 15 tau i ngā tau 2011–13, ā, he āhua rite taua pāpātanga ki ngā tamariki tauwiwi.



I roto i ngā tau 2011–13, ko te toharite ia, 172 ngā urunga hōhipera ia tau kia whakapiria he pū taringa mō ngā tamariki Māori (11% te nuinga ake i tō te urunga mō ngā tamariki tauwiwi), ā, 199 ngā whakaurunga mō ngā pokenga kiri taumaha (e 22% te pikinga ake o te pāpātanga i ngā tamariki tauwiwi).



E 51% te pikinga ake o ngā tamariki Māori i raro iho i te 15 tau i whakaurua ki te hōhipera mō te kirikā rūmātiki taumaha, ā, 16 ngā tamariki ia tau, kotahi, neke atu rānei te whakaurunga.



Āhua 1,670 ngā whakaurunga hōhipera ia tau o ngā tamariki Māori i raro i te 15 tau, ka kīia he whakaurunga kua taea te kaupare mehemea i nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, e 6% te nuinga ake o te pāpātanga i tō tauwiwi.

Nui iti ake i te 1000 ngā whakaurunga ki te hōhipera o ngā tamariki Māori ia tau ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika moata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, he ōrite te pāpātanga mō te tamariki Māori ki te tamariki tauwiwi.



RANGATAHI *YOUNG ADULTS*

Kua tino kitea he pikinga ake o ngā taiohi Māori o Manukau, Papakura, Pukekohe, me Waiuku kāore anō kia kai paipa i te 14, i te 15 tau mai i te whānautanga mai, ā, kua heke iho hoki te pāpātanga o ngāi Māori mai i 15–24 tau he auau te kai paipa.



Nō te taenga ki te marama o Hepetema 2014, e 72% o ngā kōtiro Māori 17 tau te pakeke, me te 69% o ngā kōtiro kua piki ki te 14 tau kua toru whāngainga ki te kano ārai mate mō te tona kiri tangata (HPV).



Ko te pāpātanga o te whakaurunga hōhipera mō te tūkinō ā-kiri, he rua hautoru te whakareanga ake mō te iwi Māori, tēnā i tō tauwiwi mō te taiohi kei waenga te pakeke i ngā tau 15–24, i ngā tau 2011–13, ā, e rua te whakareanga ake mō te iwi Māori, tēnā i tō tauwiwi mō te taipakeke kei waenga te pakeke i ngā tau 25–44.



Tokoono ngā Māori 15–24 tau te pakeke i whakaurua ia tau mō te kirikā rūmātiki (e rua whakareanga ake te pāpātanga i tō tauwiwi).



PAKEKE ADULTS

Neke iti ake i te haurua o ngā pakeke Māori i Manukau, Papakura, Pukekohe, me Waiuku, (55%) e ai ki ā rātou kōrero, he rawe tō rātou hauora, he tino pai rānei i te tau 2013, ā, kotahi hauwhā i kī he pai tō rātou hauora. Kotahi i roto i te rima (19%) i kī, he āhua pai, kāore i pai rānei tō rātou hauora.



Kei te heke haere te pāpātanga o te kai paipa, engari neke atu i te rua te whakareatanga ake mō te Māori tēnā i a tauwi i Manukau, i Papakura, Pukekohe, me Waiuku.



Ngā māuiui o ngā iaia toto

E 88% te nuinga ake o ngā pakeke Māori e 25 tau, neke atu rānei te pakeke, i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, i ngā pakeke tauwi, (tae atu ki ngā māuiui manawa me te ikura roro) i ngā tau 2011–13.



Tata ki te rua whakareatanga ake te maha o ngā wāhine Māori o Manukau, o Papakura, Pukekohe, me Waiuku i whakaurua ki te hōhipera mō te mate manawa taumaha, mō ngā mahi whakatika rerenga iaia toto hoki, tēnā i ngā wāhine tauwi. I waenga i ngā tāne, he ōrite tonu te pāpātanga mō te Māori me tauwi.

Tata ki te 4 whakareatanga ake te whakaurunga atu ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwi.

Ko te pāpātanga mō te whakaurunga atu mō te mate ikura roro e toru hauwhā te teiteitanga ake mō te Māori tēnā i a tauwi, ā, e rua whakareatanga ake mō te Māori mō te pēhanga toto.

Nui atu i te rua whakareatanga ake ngā whakaurunga ki te hōhipera mō te mate rūmātiki manawa taumaha mō te Māori, tēnā i a tauwi, ā, e 81% te whakareatanga ake mō te Māori o ngā whakahoutanga takirere manawa.

Ko ngāi Māori i raro iho i te 75 tau, e 2.9 te pikinga ake o te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwi.



Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, e 4 whakareatanga ake o te whakaurunga ki te hōhipera tēnā i a tauwi mō te mate pāpuni pūkahukahu (COPD).



Kei runga ake te whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i te nuinga o ngā reanga, hāunga te hunga 65 ō rātou tau piki ake, tēnā i a tauwi.

E 3.4 whakareanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwi.



Te mate huka

I te tau 2013, tōna 6% o ngāi Māori, me tōna 8% o tauwi kua pāngia e te mate huka (mō ngā iwi katoa o te rohe). Ko te haurua o te iwi Māori e 25 neke atu rānei te pakeke, kua pāngia e te mate huka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei, ā, e 88% kua pūputu te aroturuki i ō rātou huka ā-toto, ā, e toru koata kua pūputu te aroturuki mō te mate tākihi.



I ngā tau 2011–13, e 4.5 te whakareatanga o te maha o ngā porohanga o tētahi waewae o te hunga Māori kua pāngia e te mate huka, tēnā i a tauwi.

PAKEKE ADULTS

(tonu)

Te mate pukupuku

Ina whakaritea ki a tauwi, e 66% te teiteinga ake o te pānga e te mate pukupuku mō ngā wāhine Māori, ā, e 31% mō ngā tāne Māori, ā, ko te mate rawa nā te mate pukupuku te take, neke atu i te rua whakareanga.



Ko ngā mate pukupuku i rēhitatia nuitia i waenga i ngā wāhine Māori o Manukau, Papakura, Pukekohe, me Waiuku i ngā tau 2008–12 ko ngā mate pukupuku o te ū, o ngā pūkahukahu, o te whare tangata, me te kōpiro nui. Mō te pāpātanga o ngā mate pukupuku pūkahukahu e 4 te whakareanga ake i tēnā o tauwi, ko te pāpātanga o ngā mate pukupuku o te ū, e 62% te whakareanga ake, ā, ko te pāpātanga o ngā mate pukupuku whare tangata, e 42% te whakareanga ake i tēnā o tauwi.



Ko te whānuitanga o te arotake ū mō ngā wāhine Māori kei te 45–69 tau i eke ki te 69%, hei whakarite ki te 73% o ngā wāhine tauwi i 2014.

Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 62% i roto i te 3 tau, ā, e 80% i roto i te rima tau (hei whakarite ki te 73% me te 87% mō ēnei reanga o tauwi).

Ko te mate pukupuku o ngā pūkahukahu, o te repe tātea, o te kōpiro nui, me te ate ngā mate pukupuku e rēhitatia nuitia ana i waenga i ngā tāne Māori o Manukau, Papakura, Pukekohe, me Waiuku. E toru whakareatanga ake te pāpātanga rēhita mō te mate pukupuku pūkahukahu, ate hoki mō te tāne Māori, tēnā i ngā tāne tauwi, ā, e 26% te itinga iho mō te mate pukupuku repe tātea mō te Māori.



Ko ngā pūtake mate pukupuku mō te mate rawa i kitea mō ngā wāhine Māori ko ngā mate pukupuku pūkahukahu, i muri ko ngā mate pukupuku ū, kōpiro nui, puku anō hoki. He teitei kē ake te mate rawa nā te pānga e ngā mate pukupuku pūkahukahu, ū, puku hoki mō ngā wāhine Māori tēnā i a tauwi.

Ko ngā pūtake mate pukupuku mō te mate rawa i kitea nuitia mō ngā tāne Māori, tuatahi ko ngā mate pukupuku pūkahukahu, i muri ko ngā mate pukupuku ate, kōpiro nui, repe tātea, puku anō hoki. He teitei kē ake te mate rawa nā te pānga e ngā mate pukupuku pūkahukahu, ate, puku hoki mō ngā tāne Māori tēnā i a tauwi.



Ngā māuiui o te hinengaro

E 2.5 whakareatanga ake te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i te tau 2011–13, tēnā i a tauwi. Ko te mate i kitea nuitia ko te wairua tuakoi, ko te tuarua me te tuatoru ko te whakapōuri, me ngā māuiui he kai tarukino te take.



Te mate rangatira (koute)

I te tau 2011, tōna 8% te pānga o te mate rangatira i waenga i te hunga Māori o Manukau, Papakura, Pukekohe, me Waiuku, hei whakarite ki tōna 5% o tauwi.



I whiwhi te 37% o te hunga Māori kua pāngia e te mate rangatira ki te allopurinol, he rongoā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, e 45% noa iho i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri. Kei te āhua haurua o tēnei hunga i te whakamahi rongoā ehara i te pūtaiaki, pēhi kakā hoki.

I ngā tau 2011–13, e 2.6 te whakareatanga ake te whakaurunga atu ki te hōhipera mō te mate rangatira, mō te Māori, tēnā i a tauwi.

NGĀ REANGA KATOĀ ALL AGES

Ngā whakaurunga hōhipera

E 27% te teitei ake o te pāpātanga whakaurunga, nā ngā pūtaka katoa o te mate, ki te hōhipera mō te Māori, tēnā i a tauwiwi, i roto i ngā tau 2011–13.



Āhua 5,480 ngā whakaurunga mō te Māori ki te hōhipera ia tau he whakaurunga ka taea te kaupare i mua, ā, e 46% te teitei ake o te pāpātanga tēnā i a tauwiwi. E 68% te teitei ake o te pāpātanga ASH.

Ngā wharanga

E 43% te whakareanga ake o te pāpātanga whakaurunga ki te hōhipera nā te aituā te take, mō te tāne Māori, tēnā i a tauwiwi, i roto i ngā tau 2011–13, ā, e 57% te teitei ake o te pāpātanga nā te aituā te take, mō te wahine Māori, tēnā i a tauwiwi.



Ko ngā take matua mō ngā wharanga i whakaurua ai he tangata Māori ki te hōhipera ko ngā takanga, te tuinga e ngā mīhini, ngā whakararu o te tiaki i muri i te haere ki te tākuta, i te poka tinana rānei, ngā patunga e te tangata kē, ngā aituā waka, me te tūkinō ā-kiri i runga i te hiahia kia pērā.

E 4.7 te pikinga ake o te pāpātanga o te whakauru i te wahine Māori ki te hōhipera nā te patunga e te tangata kē, tēnā i ngā wāhine tauwiwi, ā, e 2.6 te pikinga ake mō ngā tāne Māori i a tauwiwi. He teitei kē atu ngā pāpātanga mō ngā tāne tēnā i ngā wāhine.

E 2.5 whakareanga ake o te matenga rawa i ngā wharanga mō te Māori, tēnā i a tauwiwi i Manukau, Papakura, Pukekohe, me Waiuku mō ngā tau 2007–11.

Te mate rawa

E 2.2 whakareanga ake te pāpātanga o te mate rawa, nā ngā pūtaka katoa o te mate, ki te tangata Māori i roto i Manukau, Papakura, Pukekohe, me Waiuku, i roto i ngā tau 2008–12, i a tauwiwi.



Ko ngā takanga o te mate rawa mō ngā wāhine Māori ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, te mate huka, te mate pāpuni pūkahukahu, me te mate pukupuku o ngā ū.

Ko ngā takanga matua o te mate rawa mō ngā tāne Māori ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, ngā aituā, te mate huka me te whakamomori.

E 2.6 te whakareanga ake o ngā matenga rawa kua āhei pea te kaupare, e 2.5 hoki te whakareanga ake mō ngā mate kua āhei rānei te taurima, mō te Māori, i tō tauwiwi i Manukau, Papakura, Pukekohe, me Waiuku i roto i ngā tau 2007–11.

Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia e 77.8 ngā tau e ora ai te wahine Māori (e 6.8 ngā tau i raro iho i ngā wāhine tauwiwi), ā, e 73.7 tau mō ngā tāne Māori (e 7.4 ngā tau i raro iho i ngā tāne tauwiwi).

He mea whāngai ki te pūtea e te Manatū Hauora.

Te taura rei puta nā Graham Tipene. Ngā whakaahua nā Aki Design. Hoahoa e Matthew Bartlett. Te huri ki te reo Māori nā Piripi Walker, Tokomapuna Māori Language Services. Whakamārama pikitia: Manukau Heads, e GPS 56.

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