



LAKES DISTRICT HEALTH BOARD TE POARI HAUORA O ROTORUA-TAUPŌ

Tirohanga Hauora 2015



Te taupori *Population*

I te tau 2013, e 35,600 ngā Māori i te nohu i te takiwā o te Poari Hauora o Rotorua-Taupō, e 35% tēnei o te taupori tōpū o te Takiwā.



He āhua taitamariki te taupori Māori o Rotorua-Taupō, engari he maha ngā tohu kei te kaumātua haere. Ko te haurua o ngā tamariki me ngā taiohi o te Takiwā, i te tau 2013, he Māori.



Tērā e piki te taupori Māori kei runga ake i te 65 tau, mā te hautoru i waenga i te tau 2013 me te tau 2020.



Whānau ora *Healthy families*

I te tau 2013, ka whakahoki kōrero mai te nuinga o ngāi Māori o Rotorua-Taupō (84%) he pai te noho o ō rātou whānau, engari e 8% i kī, kāore i te pai te noho o ō rātou whānau. Tērā te ōrau iti (7%) i kī he uaua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (83%) he ngāwari noa.



He mea nui kia whai wāhi ki te ahurea Māori mō te nuinga o ngā pakeke Māori (78%). He mea hirahira te taha wairua ki te 76%.

Tata ki te katoa (99%) o te hunga Māori o Rotorua-Taupō kua tae atu ki tētahi marae i tētahi wā. Kua tae te nuinga (75%) ki ō rātou marae ake, me te kī a neke atu i te haurua o rātou (55%), ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



Tekau mā ono ōrau kua tae ki te tohunga Māori, ki te kairomiromi rānei i roto i te 12 marama ka hipa ake nei.

Neke atu i te koata o ngāi Māori o Rotorua-Taupō (28%) i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori i te tau 2013.



He whakarāpopototanga tēnei puka i tētahi Tirohanga Hauora mō te Poari Hauora o Rotorua-Taupō 2015, i whakaputaina i te marama o Oketopa 2015 e Te Rōpū Rangahau Hauora a Eru Pōmare, Te Whare Wānanga o Ōtago, Pōneke. Ka kitea te pūrongo katoa me ngā ripanga raraunga Excel i te taha i www.otago.ac.nz/MHP2015.



Wai ora *Healthy environments*

Te mātauranga

Tata ki te katoa (93%) o ngā tamariki Māori i tīmata te kura i te tau 2013, kua whai wāhi ki ngā akoranga kōhungahunga.



I te tau 2013, e 46% o ngā pakeke Māori 18 neke atu rānei ngā tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he nui kē atu tēnei i 2006 (40%). He toru hauwhā noa iho tēnei ōrautanga o tērā o tauwiwi.

Te mahi

I te tau 2013, e 13% o ngā pakeke Māori 15 neke atu rānei ngā tau, he kore mahi, ā, e 2.4 te whakareatanga ake mō te Māori tēnā i te pāpātanga mō tauwiwi (5%).



Mahi aroha ai te nuinga o ngā pakeke Māori (89%) i ētahi wā.



I te tau 2013, nui kē atu te kitenga o te hunga Māori noho i te kāinga, i waho rānei e tiaki ana i te hunga hauwiwi, i te hunga māuiui rānei, tēnā i a tauwiwi.

Te whiwhinga moni me te taumata o te noho

I te tau 2013, e rua i roto i te rima tamariki i ngā kāinga Māori, e rua hoki ngā pakeke i roto i te rima, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu, o roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakapekatanga ā-pakeke aua moni (i raro i te \$15,172), otiia hei whakaritenga ki ētahi atu kāinga ehara i te kāinga Māori, kotahi tamaiti, kotahi pakeke hoki, i roto i te tokorima.



I te tau 2013, 10% o ngā pakeke Māori i te Poari Hauora o Rotorua-Taupō ka whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, e 7% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, e 9% kua whakakore, kua whakatārewa rānei i te haerenga ki te tākuta i roto i te 12 marama ka hipa.

Neke atu i te toru whakareatanga ake te pāpātanga o ngā tāngata o ngā kāinga Māori kāore i whai wāhi ki tētahi motokā, tēnā i a tauwiwi (10%, hei whakarite ki te 3%).

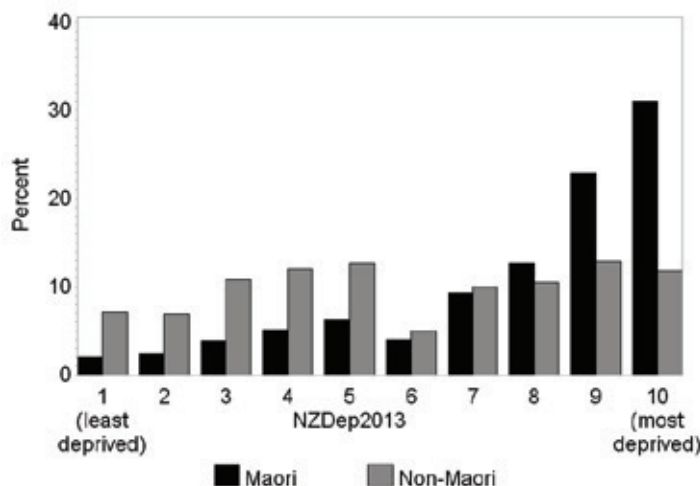


He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori ki ngā mahi whakawhiti kōrero ā-waea, tēnā i te hunga noho i ngā kāinga ehara i te Māori: e 38% kāore kau he hononga ipurangi, e 34% kāore kau he waea, 12% kāore kau he waea pūkoro, ā, e 4% kāore kau i whai wāhi ki ētahi atu momo whakawhiti kōrero ā-waea.



Te rawakore ā-takiwā

Ina whakamahia te taupū NZDep2013 mō te noho rawakore o te rohe iti, e 54% o ngā Māori o Rotorua-Taupō i te noho i ngā tino rohe rawakore ā-rōpū ngahuru, (rōpū 9 me te 10), ā, ko te pāpātanga mō tauwiwi, he 25%.



Te whai whare

I te Poari Hauora o Rotorua-Taupō ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i te tau 2013 ko te uaua o te whakamahana whare (17%), te pākarukaru o te whare ake (16%), me te haumākū (14%).



Neke atu i te haurua o ngā tamariki (58%) i ngā kāinga Māori i Rotorua-Taupō e noho ana i te whare rēti, ā, ko tōna rua whakareatanga tēnei o te ōrautanga o ngā tamariki i ētahi atu whare (30%).

Ko ngā tāngata o Rotorua-Taupō e noho ana i te kāinga Māori, e 3.5 te whakareatanga ake o te noho kei roto i ngā whare apiapi tēnā i te hunga o tauwiwi (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei) (e 21% ki te 6%).

Mauri ora *Healthy individuals*

PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori e 899 ia tau, i ngā tau mai i 2009–13, ā, e 57% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora o Rotorua–Taupō. E whitu ōrau o ngā pēpi Māori me te 5% o ngā pēpi tauwiwi he māmā rawa te taumaha tinana i te whānautanga.



I te tau 2013, e 75% o ngā pēpi Māori i Rotorua–Taupō i whāngotēhia nuitia i te 6 wīki.

E waru tekau mā tahi ōrau o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke.

I te tau 2014, kua oti te 90% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, waihoki, e 90% hei te 24 marama.



I te tau 2013, e 71% o ngā tamariki Māori o Rotorua–Taupō, e 5 te pakeke, me te 40% o ngā tamariki tauwiwi, kua pāngia e te niho pirau. I te tau 8 o te kura, e 69% o ngā tamariki Māori me te 46% o ngā tamariki tauwiwi kua pāngia e te niho pirau. E 82% te nuinga ake o ngā tamariki Māori i raro iho i te 15 tau i kaweā ki te hōhipera mō ngā māuiui niho, māuiui pae niho hoki, i a tauwiwi.



I roto i ngā tau 2011–13, ko te toharite ia, e 93 ngā urunga hōhipera ia tau kia whakapiria he pū taringa mō ngā tamariki Māori (ā, he ōrite te pāpātanga ki tēnā o ngā tamariki tauwiwi), ā, e 64 ngā whakaurunga ia tau mō ngā pokenga kiri taumaha, arā, e 2.7 te whakareatanga ake o te pāpātanga tēnā i ngā tamariki tauwiwi.



E ono te whakareatanga ake o ngā tamariki Māori i raro iho i te 15 tau i whakaurua ki te hōhipera mō te kirikā rūmātiki taumaha, ā, ko te toharite ia, e whā ngā tamariki ia tau, te toharite, kotahi, neke atu rānei te whakaurunga.



Āhua 760 ngā whakaurunga hōhipera ia tau o ngā tamariki Māori ia tau ka kīia he whakaurunga kua taea te kaupare mehemea he nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, e 46% te nuinga ake o te pāpātanga tēnā i tō tauwiwi.

Ko te toharite ia, e 500 ngā whakaurunga ki te hōhipera ia tau o ngā tamariki Māori ia tau ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika moata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, e 44% te nuinga ake o te pāpātanga tēnā i tō tauwiwi. Neke atu tēnei pikinga ake i te 1,280 whakaurunga mō ia 100,000 tāngata.



RANGATAHI *YOUNG ADULTS*

Kua tino kitea he pikinga ake o ngā taiohi Māori o Rotorua–Taupō kāore anō kia kai paipa i te 14, i te 15 tau, mai i te whānautanga mai, ā, kua heke iho hoki te pāpātanga o ngāi Māori mai i 15–24 tau he auau te kai paipa. I te tau 2013, e 45% o ngā taiohi i waenga i te 20–24 tau he auau te kai paipa, hei whakarite ki te 23% o tauwiwi.



Nō te taenga ki te marama o Hepetema 2014, e 80% o ngā kōtiro Māori 17 tau te pakeke, me te 69% o ngā kōtiro kua piki ki te 14 tau kua toru whāngaiinga ki te kano ārai mate mō te tona kiri tangata (HPV). He teitei kē atu te whānui mō te Māori i a tauwiwi.



Ko tōna toharite, e toru ngā tamariki Māori i waenga i 15–24 tau i whakaurua ki te hōhipera mō te kirikā rūmātiki taumaha ia tau, ā, 12 whakareanga ake te pikinga o te pāpātanga i a tauwiwi (neke atu tēnei pikinga ake i te 50 whakaurunga mō ia 100,000 tāngata).



Ko te pāpātanga o te whakaurunga hōhipera mō te wharanga kino, nā te tūkiro ā-kiri te take, he iti iho mō te iwi Māori, tēnā i tō tauwiwi mō te taiohi kei waenga te pakeke i ngā tau 15–24, i ngā tau 2011–13, engari e 48% te teiteinga ake mō te Māori i ngā tau e 25–44. E 23 ngā whakaurunga Māori ia tau i waenga i ērā 15–24 te pakeke, ā, 19 i te tau mō ērā e 25–44 te pakeke.



PAKEKE ADULTS

Neke ake i te haurua o ngā pakeke Māori i Rotorua–Taupō (57%) e ai ki ā rātou kōrero, he rawe tō rātou hauora, he tino pai rānei i te tau 2013, ā, neke atu i te hauwhā (27%) i ki he pai tō rātou hauora. Kotahi i roto i te ono (16%) i kī, he āhua pai, kāore i pai rānei tōna hauora.



Kei te heke haere te iwi e kai paipa ana i Rotorua–Taupō, engari neke atu i te rua whakareatanga atu te tokomaha o ngāi Māori (36%) e kai paipa ana, ina whakaritea ki a tauwiwi (17%) i te tau 2013.



Ngā māuiui o ngā iaia toto

E 73% te nuinga ake o ngā pakeke Māori i Rotorua–Taupō e 25 tau te pakeke, neke atu rānei, i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, i ngā pakeke tauwiwi, (tae atu ki ngā māuiui manawa me te ikura roro) i ngā tau 2011–13.



E 71% te whakareatanga ake o te maha o ngāi Māori i whakaurua ki te hōhipera mō te mate manawa taumaha, 62% te whakareatanga ake o tētahi mahi whakaahua iaia, e 43% mō te whakahoutanga o ngā iaia, ā, e 61% te whakareatanga ake o te homai iaia manawa autaki me ngā rangitāmiro.

E 5 whakareatanga ngā whakaurunga ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwiwi.

Ko te pāpātanga mō te whakaurunga atu mō te mate ikura roro e 86% te teiteitanga ake mō te Māori tēnā i a tauwiwi (e 57 ngāi Māori ka whakaurua ia tau), ā, e 2.8 te whakareatanga ake mō te Māori mō te pēhanga toto teitei (tokowaru ngāi Māori i whakaurua ia tau).

E 5 whakareatanga ake ngā whakaurunga ki te hōhipera mō te mate rūmātiki manawa taumaha mō te Māori, tēnā i a tauwiwi. Ina whakaritea ki a tauwiwi, e 3 whakareatanga ake ngā whakahoutanga takirere manawa mō te wahine Māori, engari he ōrite mō te tāne Māori.

Ko ngāi Māori i raro iho i te 75 tau e 4 te pikinga ake o te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwiwi.



Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, e 4.8 te whakareatanga ake o te whakaurunga ki te hōhipera tēnā i a tauwiwi mō te mate pāpuni pūkahukahu (COPD).



Kei runga ake te whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i ngā reanga katoa.

E 3 whakareatanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwiwi.



Te mate huka

I te tau 2013, tōna 5% o ngāi Māori, me tōna 5% o tauwiwi kua pāngia e te mate huka. E 51% o te hunga Māori e 25 neke atu rānei te pakeke, kua pāngia e te mate huka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei, ā, e 79% kua pūputu te aroturuki i ō rātou huka ā-toto, ā, e 62% kua pūputu te tātari mō te mate tākihi.



I ngā tau 2011–13, e 7.7 te whakareatanga o te maha o ngā porohanga o tētahi waewae o te hunga Māori kua pāngia e te mate huka, tēnā i a tauwiwi.

PAKEKE ADULTS

(tonu)

Te mate pukupuku

Ina whakaritea ki ngā wāhine tauwiwi, e 30% te teiteinga ake o te pānga e te mate pukupuku mō ngā wāhine Māori, ā, e 2.5 te whakareatanga ake mō ngā wāhine Māori o te mate rawa, nā te mate pukupuku te take. I waenga i ngā tāne, he ōrite te pānga e te mate pukupuku, engari e 85% te teiteinga ake o te pāpātanga o te mate rawa, nā te mate pukupuku te take, mō te Māori.



Ko ngā mate pukupuku i rēhitaia nuitia i waenga i ngā wāhine Māori o Rotorua-Taupō ko ngā mate pukupuku o te ū, o ngā pūkahukahu, o te whare tangata, o te kōpiro nui, o te waha whare tangata, me te wharekano. Ko ngā mate pukupuku i noho hei take matua mō te mate rawa ko ngā mate pukupuku o ngā pūkahukahu, o te ū, o te wharekano me te kōpiro nui. Mō te pāpātanga o ngā mate pukupuku pūkahukahu e 4 te whakareatanga ake o te wāhine Māori i tēnā o te wāhine tauwiwi, ā, e 5 te whakareatanga ake o te pāpātanga o te mate rawa. E 49% te whakareatanga ake te pāpātanga rēhita mō te mate pukupuku o te ū mō te Māori, ā, e 3.2 te whakareatanga ake o te pāpātanga mate rawa i a tauwiwi. E 2.8 te whakareatanga ake o te mate pukupuku o te wharekano mō te Māori, ā, e 5.7 te whakareatanga ake o te mate rawa nā te mate pukupuku nei, i a tauwiwi.



Ko te whānuitanga o te arotake ū mō ngā wāhine Māori kei te 45–69 tau i eke ki te 63%, hei whakarite ki te 70% o ngā wāhine tauwiwi.

Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 70% i roto i te 3 tau, ā, e 88% i roto i te rima tau (hei whakarite ki te 82% me te 96% mō ēnei reanga o tauwiwi).

Ko te mate pukupuku o ngā pūkahukahu, o te repe tātea, o te kōpiro nui, me te ate ngā mate pukupuku i kitea nuitia i waenga i ngā tāne Māori o Rotorua-Taupō. Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā tāne Māori ko ngā mate pukupuku o ngā pūkahukahu, o te puku, o te repe tātea, o te kōpiro nui, me te repe taiaki huka. Neke atu i te toru whakareatanga ake te pāpātanga rēhita mō te mate pukupuku pūkahukahu, me te mate rawa, mō te tāne Māori, tēnā i ngā tāne tauwiwi. E 7 whakareanga ake te matenga rawa i te mate pukupuku o te puku mō te Māori, tēnā i ngā tāne tauwiwi.



Ngā māuiui o te hinengaro

E 50% te whakareatanga ake o te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i ngā tau 2011–13, tēnā i a tauwiwi. Ko te mate i kitea nuitia ko te wairua tuakoi, ko te tuarua me te tuatoru ko te whakapōuri, me ngā māuiui he kai tarukino te take.



Te mate rangatira (koute)

I te tau 2011, tōna 6% te pānga o te mate rangatira i waenga i te hunga Māori o Rotorua-Taupō, he teitei kē ake i tō tauwiwi (4%).



I whiwhi te 32% o te hunga Māori kua pāngia e te mate rangatira ki te allopurinol, he rongōā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, e 31% noa iho i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri. Kotahi haurua o tēnei hunga i te whakamahi rongōā ehara i te pūtaiaiki, pēhi kakā hoki.

I roto i ngā tau 2011–13, tata ki te 8 te whakareatanga ake o te pāpātanga whakauru ki te hōhipera mō te mate rangatira mō te Māori tēnā i a tauwiwi, e mōhioia ai he maha ake ngā kakānga mamae mō te Māori.

NGĀ REANGA KATOĀ ALL AGES

Ngā whakaurunga hōhipera

E 19% te teitei ake o te pāpātanga whakaurunga ki te hōhipera mō te Māori, tēnā i a tauwiwi, i roto i ngā tau 2011–13.



Neke atu i te 2,500 ngā whakaurunga mō te Māori ki te hōhipera ia tau he whakaurunga ka taea te kaupare i mua, ā, e 49% te teitei ake o te pāpātanga tēnā i a tauwiwi. E 79% te teiteinga ake o te pāpātanga ASH.

Ngā wharanga

E 29% te teitei ake o te pāpātanga whakaurunga ki te hōhipera nā te aituā te take, mō te Māori i Rotorua–Taupō, tēnā i a tauwiwi, i roto i ngā tau 2011–13. Kei runga kē atu te pāpātanga o te whakaurunga hōhipera mō te tāne, tēnā i te wahine.



Ko ngā take matua mō ngā wharanga i whakaurua ai he tangata ki te hōhipera ko ngā takanga, ngā whakararu o te tiaki i muri i te haere ki te tākuta, i te poka tinana rānei, te tukinga e ngā mihini, ngā aituā waka, me ngā patunga e te tangata kē.

E 3.2 te teitei ake o te pāpātanga whakaurunga ki te hōhipera nā te patunga e tangata kē te take, mō te Māori, tēnā i a tauwiwi.

E 2.4 te whakareanga ake o te mate rawa i ngā wharanga mō te Māori, tēnā i a tauwiwi i Rotorua–Taupō.

Te mate rawa

E 2.3% whakareanga ake te pāpātanga o te mate rawa, nā ngā pūtaka katoa o te mate, mō te tangata Māori i roto i Rotorua–Taupō, i roto i ngā tau 2008–12, tēnā i a tauwiwi.



I roto i ngā tau 2007–11, ko ngā takenga o te mate rawa mō ngā wāhine Māori ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, te mate pāpuni pūkahukahu (COPD), te ikura roro me te mate huka.

Ko ngā takenga matua o te mate rawa mō ngā tāne Māori ko te mate manawa pāpunitanga toto, ngā aituā, te mate pukupuku o ngā pūkahukahu, te mate huka me te mate pāpuni pūkahukahu.

Āhua toru whakareatanga ake ngā matenga kua āhei pea te kaupare, kua āhei rānei te taurima, mō te Māori, i tō tauwiwi i te Poari Hauora o Rotorua–Taupō.

Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia e 76.5 ngā tau e ora ai te wahine Māori i Te Rohe o Waikato (ko te takiwā o Taupō kei roto i te Rohe o Waikato), ā, e 76.7 ngā tau e ora ai te wahine Māori i Te Moana a Toi (ko te takiwā o Rotorua kei roto i te Rohe o Te Moana a Toi) (e 7.5 me te 7.8 i raro iho i ngā wāhine tauwiwi). I tōna whānautanga ka matapaetia e 72.2 ngā tau e ora ai te tāne Māori i te rohe o Waikato, ā, e 72.3 ngā tau e ora ai te tāne i Te Moana a Toi (e 8.1 me te 8.4 i raro iho i ngā tāne tauwiwi).

He mea whāngai ki te pūtea e Te Kete Hauora, te Manatū Hauora.

Te tauira rei puta nā Graham Tīpene. Ngā whakaahua nā Aki Design. Hoahoa e Matthew Bartlett. Te huri ki te reo Māori nā Piripi Walker, Tokomapuna Māori Language Services. Whakamārama pikitia: Lake Rotoma, e Phillip Capper.

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