



**Minutes of the Canterbury Comprehensive Cancer Centre Meeting
held on Friday, 29 April at 4.00pm in the Oncology Tutorial Room, Ground Floor,
Parkside West, Christchurch Hospital**

Present:

Bridget Robinson, Kylie Moore, Maree Johnston, Siobhan Cross, Matthew Strother, Elisabeth Philips, Glynis Cumming, Elisabeth Phillips, Michelle Mattijssen and Alice Milnes.

1. Welcome and Apologies

Bridget welcomed everyone to the meeting.

Apologies received from: Logan Walker, Amanda Landers, Scott Babington, John Evans, David Gibbs, Mark Hampton, Gabi Dachs, Ants Parder, Margreet Vissers, Margaret Currie, Ann Richardson, Viv Williams, Ruth Gerring and Helen Morrin.

2. Minutes of the previous meeting

Minutes from the meeting held on 13 May 2015 were approved.

3. Matters arising from the minutes

Matters arising will be discussed under various agenda items.

4. Plan for C4 moving ahead

- a. *Administrative matters: Website; Branding, labelling; Directory*
 - If C4 members are interested in using the C4 branding on their website please email Alice (c4.uoc@otago.ac.nz).
 - The website was briefly looked at. Alice will ask the research groups listed to write a brief blurb about their cancer research.
 - Alice will check the site for broken links.
- b. *Involvement in planning for re-development of CDHB and UOC campuses*
 - Planning is underway again for the new UOC building on the old Tillmans site on Oxford Terrace (next to the Pegasus Arms). Bridget will talk to Margreet Vissers about how the C4 can contribute to planning process.
 - Michelle reported that Canteen are about to move to the corner of Montreal and Hereford Streets.
- c. *C4 Newsletter*
 - A newsletter was circulated after the last C4 Cancer Research Workshop.
 - Bridget noted that information from C4 meetings and the redevelopment of the Health Precinct could be spread via the newsletter.
- d. *Nursing involvement*
 - There was a short discussion about the ways to involve nurses in research.

- Siobhan's group has created an early nursing career scholarship with funding to attend a local meeting. Bridget and Siobhan will meet with Jo, the Oncology nurse educator, to discuss this further.
- Once a month one of the Oncology Nursing Wednesday meetings focuses on nursing research.
- Bridget noted that a research governance group is being set up in the Oncology Service which will include resources on how to get started or involved, what the processes are, etc.
- Charlotte Kimber encourages audits which can lead to research studies. Maree, Ruth, Bridget and Jo will meet to consider this further.

5. Opportunities to involve community

a. Hui

- A C4 initiated hui is not currently necessary since other groups are assessing and representing Maori health needs.

b. Exercise Project

- A number of exercise initiatives are underway around Christchurch.
 - The Cancer Society has walking, meditation, yoga and hill walking groups.
 - Funding for the Pinc and Steel programme is available and easy to apply for.
 - Canteen are about to run a Pinc and Steel 12 week pilot course which includes an online nutrition component.
 - Bridget noted that Otago Physiotherapy students are interested in exercise projects.
- Matthew has been involved with a pilot study which involves cancer patients wearing a Fitbit throughout their chemotherapy treatment to monitor how their activity levels change over the course of treatment.

c. C4 Outreach Seminars

- Bridget will see if it is feasible to hold one at Ashburton Hospital.
- Maree will explore the possibility of holding one at the new Kaikoura Hospital.
- It was noted that public health talks held on the West Coast are always well attended. Other possible locations could be Amberley or Rolleston/Lincoln so people do not need to travel into Christchurch.
- These Outreach Seminars could be held in collaboration with the Cancer Society or Canteen.

6. Cancer Research

a. C4 Seminars

- Mark Hampton is the current UOC Research Seminar organiser.
- He sent a request to C4 members for suggestions for speakers to present.
- The seminar series has a small amount of funding available this year to invite speakers from around the country.

b. Cancer Research Workshops

- The C4 Cancer Research Workshop was held on Tuesday, 15 March. Bridget acknowledged the organisers and bakers for their efforts.

- There was discussion about the frequency of these workshops. It was agreed that with the slightly shorter format there could be two held per year instead of one.
- c. *Cancer Research Canterbury Seminars*
 - There was a short discussion about whether and how to revive these seminars, with no conclusion reached.

7. Reports from members

a. Cancer Society Tissue Bank

- Bridget noted that Helen Morrin has recently returned from a conference in Europe.

b. Southern Cancer Network

- Michelle noted that the SCN are meeting three times per year. The next meeting will be in May.
- Issues have led to an audit of tumour streams.
- Te Wai Pounamu Governance Group has been scaled back because of budget constraints.

8. Email List

- Please email additions to the C4 email list to c4.uoc@otago.ac.nz.

9. Next Meeting

- The next meeting will be in three months at the Wednesday, 11.30am timeslot

Meeting closed at 4.58pm