



**NORTHLAND DISTRICT HEALTH BOARD
TE POARI HAUORA Ā-ROHE O TE TAI TOKERAU**

Tirohanga Hauora 2015

Te taupori *Population*

I te tau 2013, e 55,200 ngā Māori i te noho i te takiwā o te Poari Hauora o Te Tai Tokerau, e 34% tēnei o te taupori tōpū o te Takiwā. Neke iti ake i te haurua (52%) o ngā taiohi o te takiwā i raro 0–14 tau te pakeke, he Māori, waihoki, i raro iti iho i te haurua o ngā taiohi o te takiwā mai i te 15–24 te pakeke, he Māori (47%).



He āhua taitamariki te taupori o Te Tai Tokerau, engari he maha ngā tohu kei te kaumātua haere. I te tau 2013, kotahi haurua o te taupori he 24.5 ngā tau, kei raro iho rānei.



Tērā e piki te taupori Māori kei runga ake i te 65 tau, mā te 50% i waenga i te tau 2013 me te tau 2020.



Whānau ora *Healthy families*

I te tau 2013, ka whakahoki kōrero mai te nuinga o ngāi Māori o Te Tai Tokerau (82%) he pai te noho o ō rātou whānau, engari e 7% i kī, kāore i te pai te noho o ō rātou whānau. Tērā te ōrau iti (5%) i kī he uaua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (85%) he ngāwari noa.



He mea nui kia whai wāhi ki te ahurea Māori mō te whā haurima o ngā pakeke Māori (81%). He mea hirahira te taha wairua ki te 71%.

Tata ki te katoa (99%) o te hunga Māori o Te Tai Tokerau kua tae atu ki tētahi marae i tētahi wā. Kua tae te nuinga (79%) ki ō rātou marae ake, me te kī a neke atu i te haurua o rātou (54%), ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



Kotahi i roto i te tokoono (16%) kua tae ki te tohunga Māori, ki te kairomiromi rānei i roto i te 12 marama ka hipa ake nei.

He koata o ngāi Māori o Te Tai Tokerau i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori i te tau 2013.



Wai ora *Healthy environments*

Te mātauranga

I te tau 2013, e 86% o ngā tamariki Māori o Te Tai Tokerau kua whai wāhi ki ngā akoranga kōhungahunga.



I te tau 2013, e 42% o ngāi Māori kei runga ake i te 18 tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he nui kē atu tēnei i 2006 (36%). E 62% o tauwiwi i whiwhi ki tēnei taumata tiwhikete i te tau 2013.

Te mahi

I te tau 2013, e 14% o ngā pakeke Māori 15 neke atu rānei ngā tau, he kore mahi, ā, e rua whakareatanga ake mō te Māori tēnā i te pāpātanga mō tauwiwi (6%).



Mahi aroha ai te nuinga o ngā pakeke Māori (89%) i ētahi wā.



I te tau 2013, nui kē atu te kitenga o te hunga Māori o Te Tai Tokerau noho i te kāinga, i waho rānei e tiaki ana i te hunga hauā, i te hunga māuiui rānei, tēnā i a tauwiwi.

Te whiwhinga moni me te taumata o te noho

I te tau 2013, kotahi i roto i te rua tamariki i ngā kāinga Māori, e rua hoki ngā pakeke i roto i te rima, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu, o roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakapekatanga ā-pakeke aua moni (i raro i te \$15,172), otiia hei whakaritenga ki te kotahi tamaiti, kotahi pakeke hoki, i roto i te tokorima i ētahi atu kāinga ehara i te kāinga Māori.



I te tau 2013, 15% o ngā pakeke Māori i Te Tai Tokerau ka whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, e 7% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, 8% kua whakakore, kua whakatārewa rānei i te haerenga ki te tākuta i roto i te 12 marama ka hīpa.

E whā whakareatanga ake te pāpātanga o ngā tāngata o ngā kāinga Māori kāore i whai wāhi ki tētahi motokā tēnā i a tauwiwi (10%, hei whakarite ki te 2%).

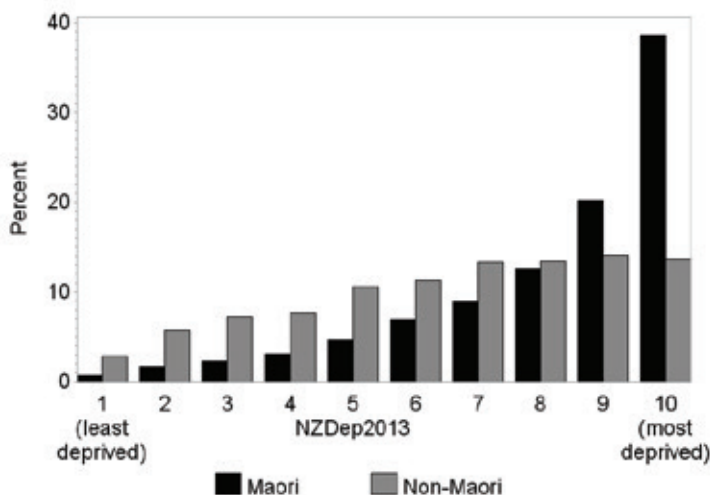


He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori ki ngā mahi whakawhiti kōrero ā-waea, tēnā i te hunga noho i ngā kāinga ehara i te Māori. E 39% kāore kau he hononga ipurangi, e 32% kāore kau he waea, 15% kāore kau he waea pūkoro, ā, e 4% kāore i whai wāhi ki ētahi atu momo whakawhiti kōrero ā-waea.



Te rawakore ā-takiwā

Ina whakamahia te taupū NZDep2013 mō te noho rawakore o te rohe iti, e 39% o ngā Māori o Te Tai Tokerau i te noho i ngā tino rohe rawakore ā-rōpū ngahuru, (rōpū ngahuru 10) ā, ko te pāpātanga mō tauwiwi, he 14%.



Te whai whare

Ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i te tau 2013 ko te uaua o te whakamahana whare (19%), te pākarukaru o te whare ake (18%), me te haumākū (13%).



Neke atu i te haurua o ngā tamariki i ngā kāinga Māori e noho ana i te whare rēti i te tau 2013 (57%) ā, e rua whakareatanga tēnei i te ōrutanga o ngā tamariki i ētahi atu whare (27%).

Ko ngā tāngata o Te Tai Tokerau e noho ana i te kāinga Māori, e 4 te whakareatanga ake o te noho kei roto i ngā whare apiapi tēnā i te hunga o tauwiwi (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei) (e 23% ki te 5%).

Mauri ora *Healthy individuals*

PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori 1,386 ia tau, i ngā tau mai i 2009–13, ā, e 60% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora o Te Tai Tokerau. E whitu ōrau o ngā pēpi Māori me te 4% o ngā pēpi tauwiwi he māmā rawa te taumaha tinana i te whānautanga.



I te tau 2013, e 78% o ngā pēpi Māori i Te Tai Tokerau i whāngotēhia nuitia i te 6 wiki.

Rua hautoru o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke.

I te tau 2014, kua oti te 87% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, ā, e 90% hei te 24 marama.



I te tau 2013, e toru koata o ngā tamariki Māori o Te Tai Tokerau, e 5 te pakeke, me te haurua o ngā tamariki tauwiwi, kua pāngia e te niho pirau. I te tau 8 o te kura, e rua i roto i te toru o ngā tamariki Māori me te rua i roto i te rima o ngā tamariki tauwiwi kua pāngia e te niho pirau. He rua whakareatanga ake te tokomaha o ngā tamariki Māori i raro iho i te 15 tau i kawea ki te hōhipera mō ngā māuiui niho, māuiui pae niho hoki, tēnā i ngā tamariki tauwiwi.



I roto i ngā tau 2011–13, ko te toharite ia, 119 ngā urunga hōhipera ia tau kia whakapiria he pū tarīngā mō ngā tamariki Māori (e 20% te whakareatanga ake i ngā tamariki tauwiwi), ā, he ōrite tonu ngā whakaurunga mō ngā pokenga kiri taumaha (otīia, nui ake i te rua whakareatanga ake o te pāpātanga i ngā tamariki tauwiwi).



E 21 whakareatanga ake te pāpātanga o ngā tamariki Māori i raro iho i te 15 tau i whakaurua ki te hōhipera mō te kirikā rūmātiki taumaha, tēnā i tō tauwiwi ā, 14 ngā tamariki Māori ia tau, kotahi, neke atu rānei te whakaurunga.



Āhua 1,280 ngā whakaurunga hōhipera o ngā tamariki Māori ia tau ka kīia he whakaurunga kua taea te kaupare mehemea he nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, e rua hautoru te nuinga ake o te pāpātanga tēnā i tō tauwiwi.

Āhua 870 ngā whakaurunga ki te hōhipera o ngā tamariki Māori ia tau ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika moata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, e rua hautoru te nuinga ake o te pāpātanga tēnā i tō tauwiwi.



RANGATAHI *YOUNG ADULTS*

Kua tino kitea he pikinga ake o ngā taiohi Māori o Te Tai Tokerau kāore anō kia kai paipa i te 14, i te 15 tau, mai i te whānautanga mai, ā, kua heke iho hoki te pāpātanga o ngāi Māori mai i 15–24 tau he auau te kai paipa.



Nō te taenga ki te marama o Hepetema 2014, e 60% o ngā kōtiro Māori 17 tau te pakeke, me te 52% o ngā kōtiro kua piki ki te 14 tau kua toru whānganga ki te kano ārai mate mō te tona kiri tangata (HPV). He teitei kē atu te whānui mō te Māori i a tauwiwi.



E rima whakareatanga ake te tokomaha o ngā taiohi Māori i waenga i te 15–24 tau i whakaurua ki te hōhipera mō te kirikā rūmātiki taumaha, ā, tokotoru ngā taiohi Māori ia tau, kotahi nō tauwiwi, i whakaurua i ngā tau mai i 2011–13.



Ko te pāpātanga o te whakaurunga hōhipera mō te tūkino ā-kiri, he iti iho mō te iwi Māori, tēnā i tō tauwiwi mō te taiohi kei waenga te pakeke i ngā tau 15–24, i ngā tau 2011–13, ā, kei runga ake mō te iwi Māori, tēnā i tō tauwiwi kei waenga te pakeke i ngā tau 25–44.



PAKEKE ADULTS

Neke iti ake i te haurua o ngā pakeke Māori i Te Tai Tokerau, e ai ki ā rātou kōrero, he rawe tō rātou hauora, he tino pai rānei i te tau 2013, ā, kotahi hautoru i kī he pai tō rātou hauora. Kotahi i roto i te ono (16%) i kī, he āhua pai, kāore i pai rānei tōna hauora.



Kei te heke haere te tokomaha e kai paipa ana, engari e rua whakareatanga atu te tokomaha o ngāi Māori e kai paipa ana, ina whakaritea ki a tauwiwi i 2013 (e 36% mō te Māori, 16% mō tauwiwi).



Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, e 4 whakareatanga ake o te whakaurunga ki te hōhipera tēnā i a tauwiwi mō te mate pāpuni pūkahukahu (COPD).



Kei runga ake te whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i ngā reanga katoa.

E 3.5 whakareatanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwiwi.



Te mate huka

I te tau 2013, tōna 8% o ngāi Māori, me tōna 7% o tauwiwi kua pāngia e te mate huka. Tata ki te haurua o te iwi Māori e 25 tau neke atu rānei te pakeke, kua pāngia e te mate huka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei, ā, e 86% kua pūputu te aroturuki i ō rātou huka ā-toto, ā, e rua hautoru kua pūputu te aroturuki mō te mate tākihi.



I ngā tau 2011–13, tata ki te 6 te whakareatanga o te maha o ngā porohanga o tētahi waewae o te hunga Māori kua pāngia e te mate huka, tēnā i a tauwiwi.

Ngā māuiui o ngā iaia toto

E 80% te nuinga ake o ngā pakeke Māori i Te Tai Tokerau e 25 tau te pakeke, neke atu rānei, i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, i ngā pakeke tauwiwi, (tae atu ki ngā māuiui manawa me te ikura roro) i ngā tau 2011–13.



Tata ki te 72% te whakareatanga ake o te maha o ngāi Māori i whakaurua ki te hōhipera mō te mate manawa taumaha, e 48% te whakareatanga ake o te whakaahua i ngā iaia, he ōrite te whakahoutanga o ngā iaia, ā, e rua te whakareatanga ake o te homai iaia manawa autaki me ngā rangitāmiro.

E 5 whakareatanga ake te whakaurunga atu ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwiwi.

E rua whakareatanga ake te whakaurunga atu ki te hōhipera mō te ikura roro mō te Māori, tēnā i a tauwiwi. E toru te whakareatanga ake mō te Māori mō ngā whakaurunga mō te pēhanga toto teitei.

E rima te whakareatanga ake o ngā whakaurunga mō te mate rūmātiki manawa taumaha mō te Māori, tēnā i a tauwiwi, ā, e 65% whakareatanga ake mō te Māori o ngā whakahoutanga takirere manawa.

Ko ngāi Māori i raro iho i te 75 tau, e 4 te pikinga ake o te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwiwi.



PAKEKE ADULTS

(tonu)

Te mate pukupuku

Ina whakaritea ki a tauwi, e 37% te teiteinga ake o te pānga e te mate pukupuku mō ngā wāhine Māori, ā, e 27% mō ngā tāne Māori, ā, ko te mate rawa nā te mate pukupuku te take, e rua whakareatanga te teiteinga ake mō te tāne me te wāhine Māori.



Ko ngā mate pukupuku i rēhitatia nuitia i waenga i ngā wāhine Māori o Te Tai Tokerau i ngā tau 2008–12 ko ngā mate pukupuku o te ū, o ngā pūkahukahu, o te whare tangata, me te kōpiro nui.



Mō te pāpātanga o ngā mate pukupuku pūkahukahu e 4 te whakareatanga ake o te Māori i tēnā o tauwi, ā, e 2.5 te whakareatanga ake mō ngā mate pukupuku whare tangata, e 26% mō ngā mate pukupuku o te ū, ā, mō ngā mate pukupuku o ngā te kōpiro nui, e 42% te itinga iho i tēnā o tauwi.

Ko te whānuitanga o te arotake ū mō ngā wāhine Māori kei te 45–69 tau i eke ki te 66%, hei whakarite ki te 73% o ngā wāhine tauwi i te marama o Tihema 2014.

Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 63% i roto i te 3 tau, ā, e 81% i roto i te rima tau (hei whakarite ki te 76% me te 90% mō ēnei reanga o tauwi).

Ko te mate pukupuku o ngā pūkahukahu, o te repe tātea, o te kōpiro nui, me te puku ngā mate pukupuku i kitea nuitia i waenga i ngā tāne Māori o Te Tai Tokerau. E 4, ā, e 5 hoki te whakareatanga ake te pāpātanga rēhita mō te mate pukupuku pūkahukahu me te mate pukupuku o te puku mō te tāne Māori, tēnā i ngā tāne tauwi. Kei raro iho te rēhita o te mate pukupuku o te repe tātea, ā, he ōrite mō te mate pukupuku o te kōpiro nui.



Ko te mate pukupuku o ngā pūkahukahu i noho hei take matua mō te mate rawa mō ngā wāhine Māori me ngā tāne Māori.



Ngā māuiui o te hinengaro

E rua whakareatanga ake te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i te tau 2011–13, tēnā i a tauwi. Ko te mate i kitea nuitia ko te wairua tuakoi, ko te tuarua, ko ngā māuiui whakapōuri.



Te mate rangatira (koute)

I te tau 2011, tōna 8% te pānga o te mate rangatira i waenga i te hunga Māori o Te Tai Tokerau, tata ki te rua whakareanga ake te pāpātanga i tō tauwi (4%).



Kei paku raro iho i te 40% o te hunga Māori kua pāngia e te mate rangatira i whiwhi i te allopurinol, he rongoā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, e 36% noa iho i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri.

I roto i ngā tau 2011–13, e 7 te whakareanga ake o te pāpātanga whakauru ki te hōhipera mō te Māori tēnā i a tauwi, e mōhiotia ai he maha ake ngā kakānga mamae mō te Māori.

NGĀ REANGA KATOĀ ALL AGES

Ngā whakaurunga hōhipera

E 60% te teitei ake o te pāpātanga whakaurunga ki te hōhipera mō te Māori, tēnā i a tauwiwi, i roto i ngā tau 2011–13.



Neke atu i te 3,400 ngā whakaurunga mō te Māori ki te hōhipera he whakaurunga ka taea te kaupare i mua, ā, e 47% te teiteinga ake o te pāpātanga tēnā i a tauwiwi. E 75% te teiteinga ake o ngā māuiui ASH.

Ngā wharanga

E 27% te teitei ake o te pāpātanga whakaurunga ki te hōhipera nā te aituā te take, mō te Māori, tēnā i a tauwiwi i ngā tau 2011–13.



E 58% te whakareatanga ake o te matenga i ngā wharanga mō te Māori, tēnā i a tauwiwi i Te Tai Tokerau i ngā tau 2007–11.

Ko ngā take matua mō ngā wharanga i whakaurua ai he tangata ki te hōhipera ko ngā takanga, ngā whakararu o te tiaki i muri i te haere ki te tākuta, i te poka tinana rānei, te tuinga e ngā mīhini, ngā aituā waka, me ngā patunga e te tangata kē.

E 2.8 whakareatanga ake ngā whakaurunga atu ki te hōhipera mō te wharanga nā te patunga e te tangata kē mō te Māori, tēnā i a tauwiwi.

Te mate rawa

E 2.4 whakareanga ake te pāpātanga o te mate rawa, nā ngā pūtaka katoa o te mate, ki te tangata Māori i roto i Te Tai Tokerau, i roto i ngā tau 2008–12, i a tauwiwi.



Ko ngā takenga o te mate rawa mō ngā wāhine Māori ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, te ikura roro, te mate huka me te mate pāpuni pūkahukahu (COPD). Ko ngā takenga matua o te mate rawa mō ngā tāne Māori ko te mate manawa pāpunitanga toto, te mate huka, ngā aituā, te mate pukupuku o ngā pūkahukahu, me te mate pāpuni pūkahukahu.

E rua me te haurua te whakareatanga ake o ngā matenga kua āhei pea te kaupare, me ngā matenga kua āhei hoki te taurima, mō te Māori, i tō tauwiwi i Te Tai Tokerau i roto i ngā tau 2007–11.

Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia e 75.9 ngā tau e ora ai a Ngāi Māori o Te Tai Tokerau (e 8.6 ngā tau i raro iho i ngā wāhine tauwiwi) ā, e 71.4 tau mō ngā tāne Māori (e 9.3 ngā tau i raro iho i ngā tāne tauwiwi).

He mea whāngai ki te pūtea e Te Kete Hauora, te Manatū Hauora.

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