

Trends, propensity score matching and comparative safety using real world data

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Outline

- Background on real world data
- How are we using it for current research ?
- Initiatives in furthering research
- Conclusions
- Acknowledgments

Background

- Pharmacoepidemiology uses real world data to answer **effectiveness**-how does a treatment work in the real world?
- Randomised controlled trials demonstrate **efficacy**-can a treatment work under 'ideal circumstances'

Background- Why use real world data?

- No inclusion/exclusion criteria
- Treatment outcome derived from actual practice
- Estimates of treatment impact are close to reality
- Not analysed by intent-to-treat vs 'as treated'
- Provides insight to off-labelled use, prescribing behaviour
- Examine safety within the context of doses, multimorbidity in special populations (e.g. older people)

Background- Why use real world data?

“A clinical trial is the best way to assess whether an intervention works, but it is arguably the worst way to assess who will benefit from it” David Mant

Current research-How are we using real world data?

- Level A studies- prescribing trend, adherence
- Level B studies- examining adverse outcomes
- Level C studies- comparative safety

Level A studies- prescribing trend, adherence

Current research-Level A studies

Prescribing trend

Drugs Aging

DOI 10.1007/s40266-014-0205-1

ORIGINAL RESEARCH ARTICLE

Psychotropic Medicine Utilization in Older People in New Zealand from 2005 to 2013

Henry C. Ndukwe • June M. Tordoff •
Ting Wang • Prasad S. Nishtala

Current research-Level A studies

Defined Daily Dose

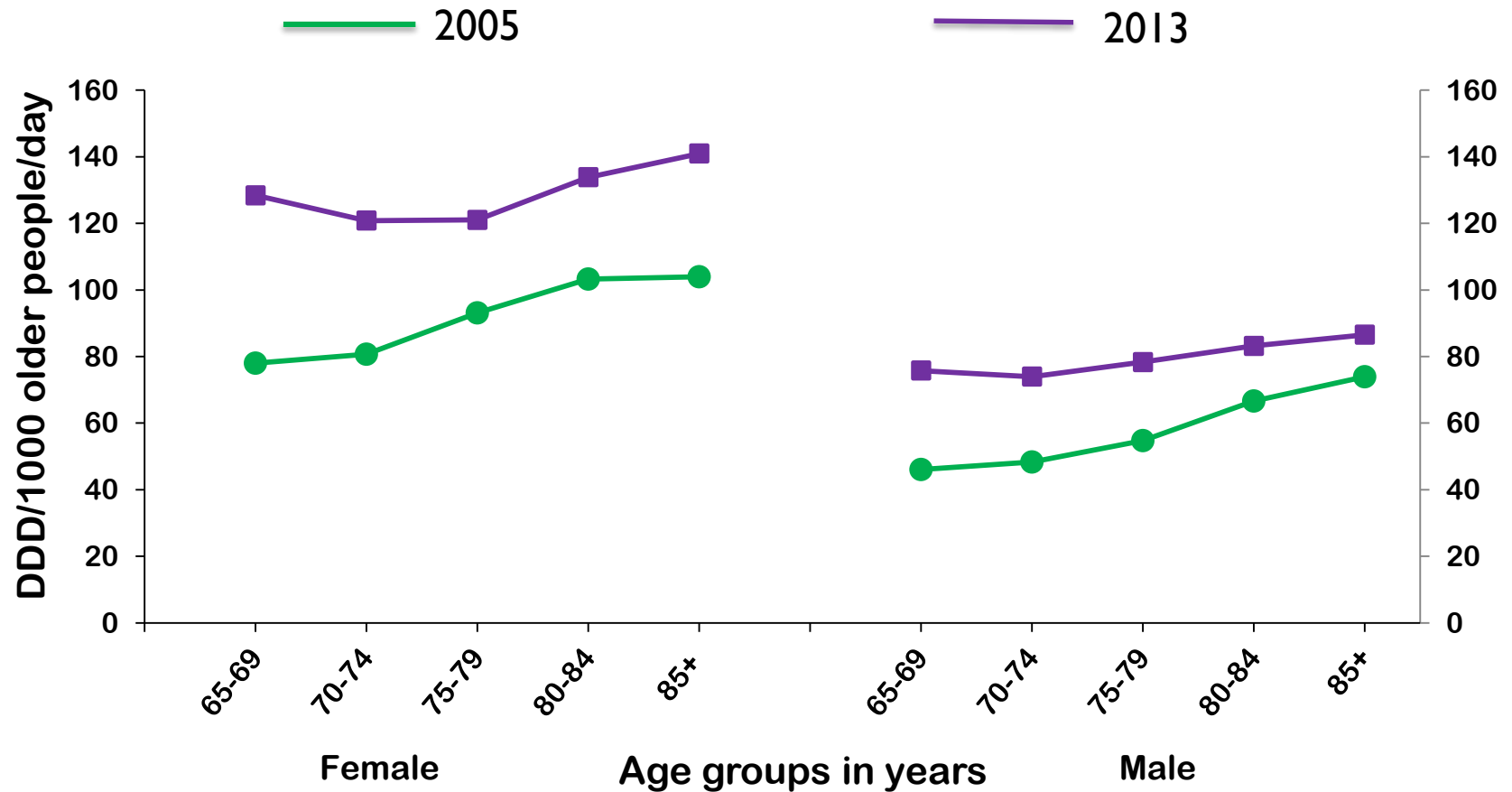
For example, Citalopram 20mg; WHO assigned (20 mg)

$$\text{DDD} = \frac{\text{Strength (20mg/tablet)} * \text{Quantity}}{\text{WHO-DDD (20mg)}}$$

$$\text{DDD per year} = \text{weighted DDD sum } (\sum \text{DDD}_i; \text{DDDs})$$

$$\text{DDD/1000 older people /day} = \frac{\text{DDD per year} * 1000}{365}$$

Current research-Level A studies



Utilization of antidepressant medicines normalized by gender and five-year age group

Current research-Level A studies

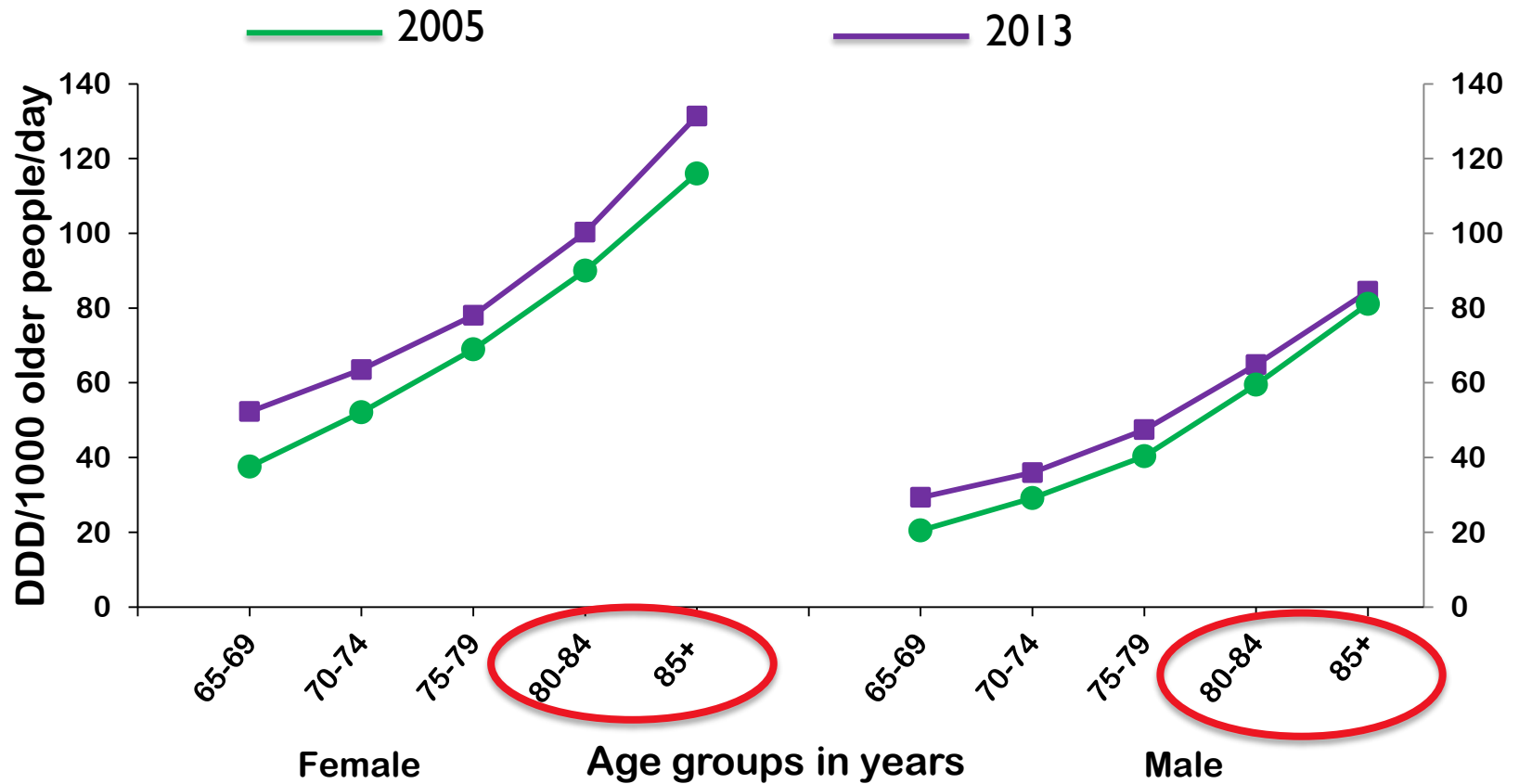


Fig 3: Utilization of hypnotic and sedative medicines normalized by gender and five-year age group

Current research-Level A studies

Psychotropic drug utilisation (in DDD/TOPD) compared by therapeutic class and subclass between 2005 and 2013 calendar years

| Therapeutic class | Therapeutic subclass | ATC CODE | 2005 DDD/TOPD | 2013 DDD/TOPD |
|------------------------|----------------------|----------|---------------|---------------|
| Anxiolytic | BDZ | N05BA | 11.2 | 10.5 |
| | Non-BDZ | N05BE | 0.2 | 0.2 |
| Hypnotic and Sedatives | BDZ Hypnotics | N05CD | 25.5 | 17.5 |
| | Zopiclone | N05CF | 33.8 | 48.1 |
| National Total | | | 159.5 | 195.4 |

zopiclone

Current research-Level A studies

Analgesic medicine utilisation in New Zealand from 2005 to 2013 Joshua OH, Natalie CHUN, Daniel KIM, Fatimah KAMIS, Cecilia KIU (Accepted DRWO)

| | | 30mg | R | No | supp | mg/mL | | | |
|---|---------|-------|-------|-------------------|-------------|-------------------------------|--------|-------|--------|
| | | | | | | 10, 20, 30 mg | - | - | - |
| Oxycodone | N02AA05 | 75mg | O | Yes | cap | 5, 10, 20 mg | 0.033 | 1.318 | 3893.9 |
| | | | | | MR tab | 5, 10, 20, 40, 80 mg | | | |
| | | | | | oral liquid | 1 mg/ml | | | |
| Fentanyl | N02AB03 | 0.6mg | SL, N | NA | NA | NA | - | - | - |
| | | 1.2mg | TD | Yes | patch | 12.5, 25, 50, 75, 100 µg/hour | 0.102 | 5.988 | 5770.6 |
| Dextropropoxyphene, comb. excl. psycholeptics (dextropropoxy- | N02AC54 | NA | NA | Withdrawn in 2010 | NA | NA | 28.961 | - | - |

Change

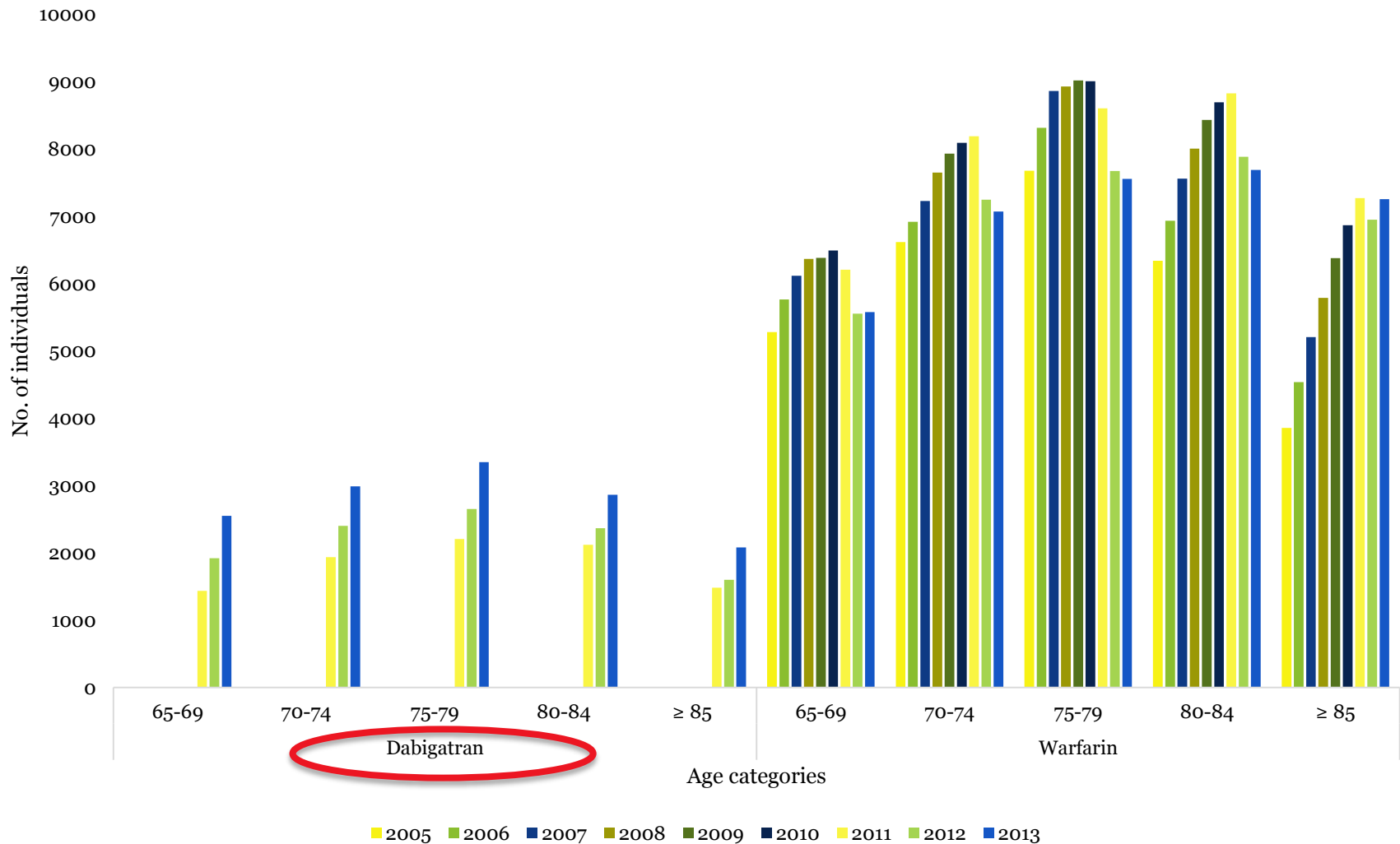
Oxycodone

Fentanyl

Current research-Level A studies

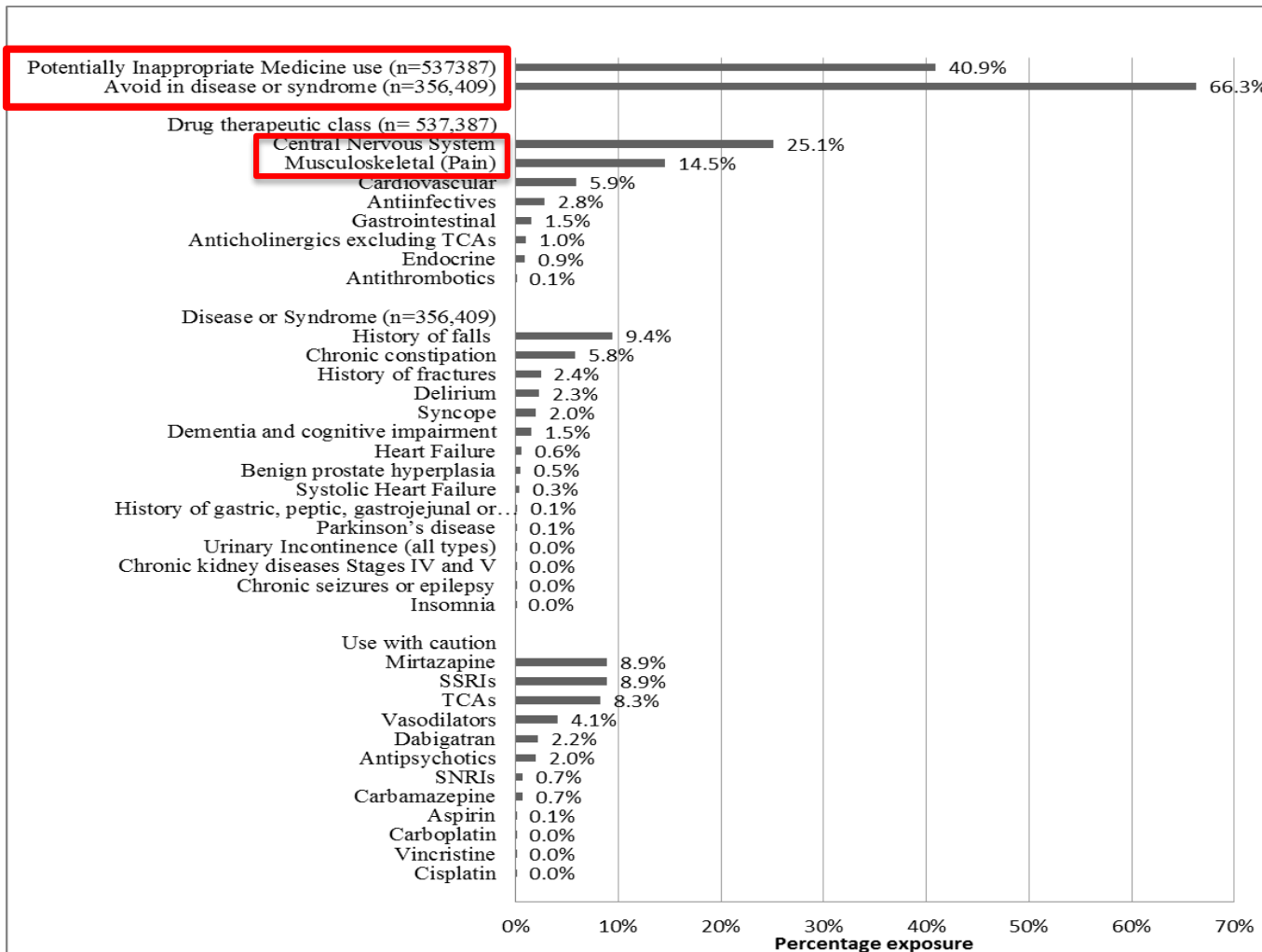
Preventive medicine utilisation in New Zealand from 2005 to 2013 Narayan et al

Dabigatran and Warfarin



Current research-Level A studies

Prevalence of Potentially Inappropriate Medicine use in older New Zealanders: A population-level study (>half a million) using the updated 2012 Beers criteria
Narayan et al



The updated Beers 2012 criteria uncovered that a number of older New Zealanders were prescribed NSAIDs, amitriptyline and zopiclone.

Level B studies- examining drug exposures and adverse outcomes

Current research-Level B studies

PHARMACOEPIDEMOLOGY AND DRUG SAFETY (2014)

Published online in Wiley Online Library (wileyonlinelibrary.com) DOI: 10.1002/pds.3624

ORIGINAL REPORT

Associations of drug burden index with falls, general practitioner visits, and mortality in older people

Prasad S. Nishtala^{1*}, Sujita W. Narayan¹, Ting Wang² and Sarah N. Hilmer³

Current research-Level B studies

- The drug burden attributable to each anticholinergic or sedative medication was calculated using the equation,

$$\text{Drug burden} = D \div (\partial + D)$$

where D is the daily dose taken by the patient, and δ is the minimum efficacious dose.

- The total drug burden for an individual was calculated as the sum of the drug burden using a linear additive model.

Current research-Level B studies

| Characteristic (n=537,387) | Value (95% CI) |
|-------------------------------|---------------------|
| Age (yrs) mean | 74.72 (74.70-74.74) |
| Sex (% female) | 54.90 (54.77-55.03) |
| DBI group (%) | 43.22 (43.09-43.35) |
| DBI exposure | 0.177 (0.176-0.178) |
| Polypharmacy (%) | 55.58 (55.45-55.72) |
| Medicines | 5.64 (5.63-5.65) |
| Chronic Disease Score | 6.04 (6.03-6.05) |

Current research-Level B studies

| N=537,387 | DBI group (n = 232,291) | Control (n = 305,096) |
|---------------------|--------------------------------|------------------------------|
| Sex | | |
| Male n(%) | 103,031(44.4%) | 139,295(55.6%) |
| Female n(%) | 129,260(55.7%) | 165,801(54.3%) |
| Ethnicity | | |
| NZ-European n(%) | 192,488(50%) | 232,690(76.2%) |
| Māori n(%) | 9,903(4.2%) | 15,386(5.0%) |
| Age groups | | |
| Group A n(%) | 115,415(49.7%) | 180,613(55.1%) |
| Group B n(%) | 81,057(34.9%) | 91,404(27.9%) |
| Group C n(%) | 35,819(15.4%) | 33,079(10.9%) |
| Polypharmacy | | |
| Value = 1 n(%) | 54,742(23.6%) | 183,925(60.3%) |
| Value = 2 n(%) | 177,549(76.4%) | 121,171(39.7%) |
| CDS scores | | |
| 0-5 n(%) | 104,005(33.0%) | 178,365(58.4%) |
| 6-10 n(%) | 73,741(25.9%) | 89,004(29.1%) |

IMBALANCE

Current research-Level B studies

$$y \sim \text{Negbin}(\mu_i, k)$$

$$\log \mu_i = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \dots$$

Current research-Level B studies

Negative binomial regression model

| | Falls | GP visits |
|-----------------|---------------------|----------------------|
| | NB Model | NB Model |
| | IRR (95% CI) | IRR (95% CI) |
| Age (linear) | 1.366 (1.289-1.447) | 1.021 (1.016-1.025) |
| Age (quadratic) | 0.998 (0.998-0.998) | 0.999 (0.999-0.999) |
| Female | 1.197 (1.135-1.263) | 1.042 (1.038-1.046) |
| Ethnicity | | |
| *European | | |
| Māori | 0.852 (0.738-0.983) | 0.972 (0.963-0.980) |
| CDS scores | 1.043 (1.037-1.048) | 1.021 (1.020- 1.021) |
| Polypharmacy | 1.792 (1.659-1.936) | 1.238 (1.232-1.244) |
| DBI>0 | 1.561 (1.476-1.651) | 1.125 (1.121-1.129) |

Current research-Level B studies

| | Mortality |
|-----------------|---------------------|
| | Cox Model |
| | HR (95% CI) |
| Age (linear) | 1.816 (1.755-1.880) |
| Age (quadratic) | 0.997 (0.996-0.997) |
| Female | 0.759 (0.737-0.781) |
| Ethnicity | |
| *European | |
| Māori | 1.798 (1.689-1.916) |
| CDS scores | 1.044 (1.041-1.047) |
| Polypharmacy | 1.661 (1.592-1.732) |
| DBI >0 | 1.287 (1.249-1.326) |

Current research-Level B studies

Using apposite regression models, we found that higher DBI was associated with greater primary care visits, falls and mortality

Associations of drug burden index.....revisited

Propensity score matching

| | DBI group (n = 172,714) | Control (n = 172,714) |
|---------------------|-------------------------|-----------------------|
| Sex | | |
| Male n(%) | 94,258 | 94,258 |
| Female n(%) | 78,456 | 78,456 |
| Ethnicity | | |
| NZ-European n(%) | 137,393 | 137,393 |
| Māori n(%) | 9,116 | 9,116 |
| Age groups | | |
| Group A n(%) | 92,929 | 92,929 |
| Group B n(%) | 57,226 | 57,226 |
| Group C n(%) | 22,559 | 22,559 |
| Polypharmacy | | |
| Value = 1 n(%) | 54,741 | 54,741 |
| Value = 2 n(%) | 117,973 | 117,973 |
| CDS scores | | |
| 0-5 n(%) | 76,761 | 76,761 |
| 6-10 n(%) | 60,256 | 60,256 |

BALANCE

Propensity Score Matching

- Propensity score is the conditional probability of receiving treatment given a set of pre-treatment characteristics.
- Propensity scores are computed using Probit/Logit models.
- Individuals in the treatment group are matched with control group that have similar (or close) propensity scores.

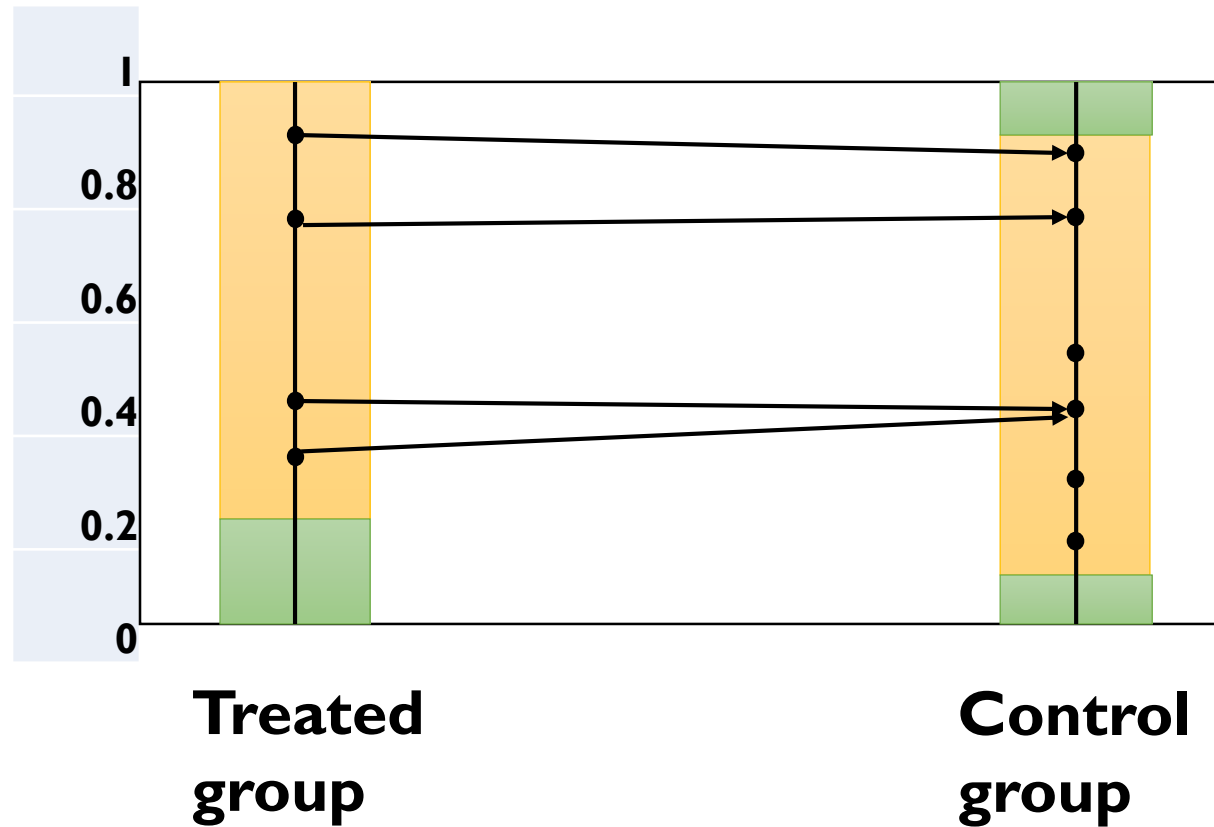
Propensity score matching

$$\hat{p}_i = \frac{\exp(\beta^T X_i)}{1 + \exp(\beta^T X_i)}$$

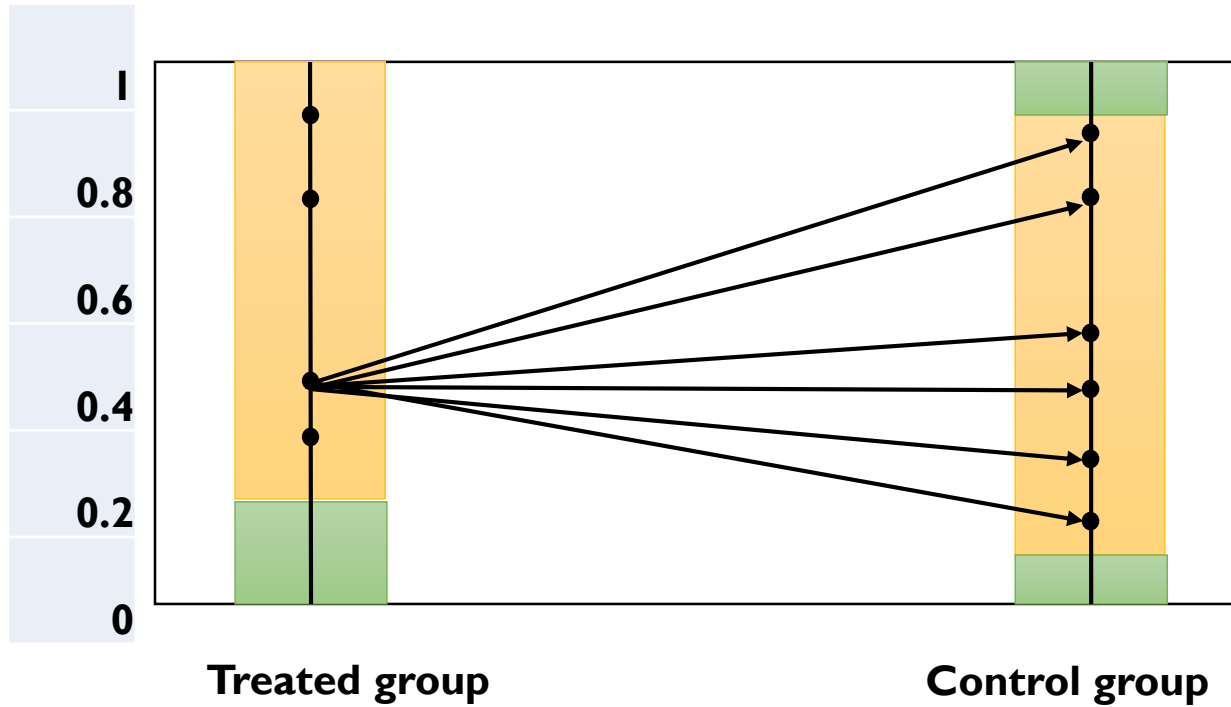
Propensity score matching

| Individuals | Exposure | Predicted Probabilities |
|-------------|----------|-------------------------|
| 1 | DBI=Y | 0.9876 |
| 2 | DBI=Y | 0.7564 |
| 3 | DBI=N | 0.9778 |
| 4 | DBI=Y | 0.7865 |
| 5 | DBI=N | 0.2101 |
| 6 | DBI=Y | 0.2000 |
| 7 | DBI=N | 0.3390 |
| 8 | DBI=Y | 0.3387 |
| 9 | DBI=N | 0.7729 |
| 10 | DBI=Y | 0.6988 |

Nearest neighbour matching



Kernel matching



Propensity score matching assumptions

Eq1 $Y_1 = \bar{u}_1(X) + Z_1$ $\bar{u} = \text{Mean effect}$

Eq2 $Y_0 = \bar{u}_0(X) + Z_0$ $Z = \text{error term}$

$\blacktriangle = (Y_1 - Y_0) = \underbrace{\{\bar{u}_1(X) - \bar{u}_0(X)\}}_{\text{ATE}} + \underbrace{\bar{u}_1 - \bar{u}_0}_{\text{Heterogeneity}}$

Eq3 $Y = T * Y_1 + (1 - T) * Y_0$

if $T = 1$, then $Y = Y_1$, if $T = 0$ then $Y = Y_0$

Eq4 $Y = Z_0(X) + \blacktriangle \text{ATE} * T + \{T(Z_1 - Z_0) + Z_0\}$

1. All confounders (X) have been accounted
2. No/minimal error terms

Current research-Level B studies

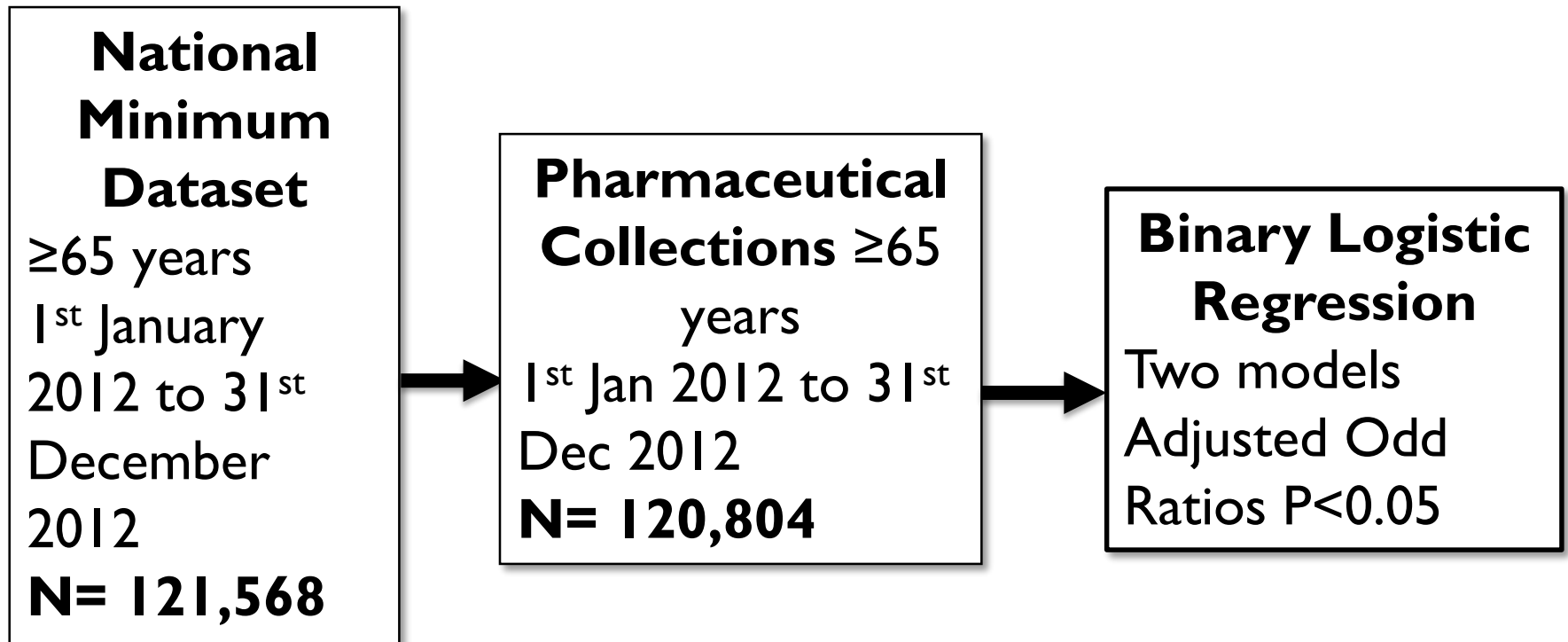
| | Falls | | GP visits | | Mortality | |
|------|---------------------------|--------------------------|---------------------------|--------------------------|--------------------------|-------------------------|
| | Before Matching IRR | After Matching IRR | Before Matching IRR | After Matching IRR | Before Matching HR | After Matching HR |
| PP | 1.79 (1.65-1.93) | 1.99 (1.79-2.21) | 1.23 (1.23-1.24) | 1.31 (1.30-1.31) | 1.66 (1.59-1.73) | 1.10 (1.04-1.17) |
| DB I | 1.56 (1.47-1.65) | 1.56 (1.47-1.67) | 1.12 (1.12-1.12) | 1.12 (1.11-1.12) | 1.28 (1.24-1.32) | 1.08 (1.04-1.11) |

PP-Polypharmacy

Current research-Level B studies-

A Data linkage study:

Nishtala PS, Soo L. Proton pump inhibitors utilisation in older people in New Zealand from 2005 to 2013. Intern Med J 2015.



Current research-Level B studies

Nishtala PS, Soo L. Proton pump inhibitors utilisation in older people in New Zealand from 2005 to 2013. Intern Med J 2015.

- Short-term PPI (30-60 days) use associated with aspirin and NSAID exposures
- Long-term (>180 days) PPI use associated with aspirin exposure, NSAID exposure, gastritis/duodenitis, GORD and increasing age

Level C studies- comparative safety

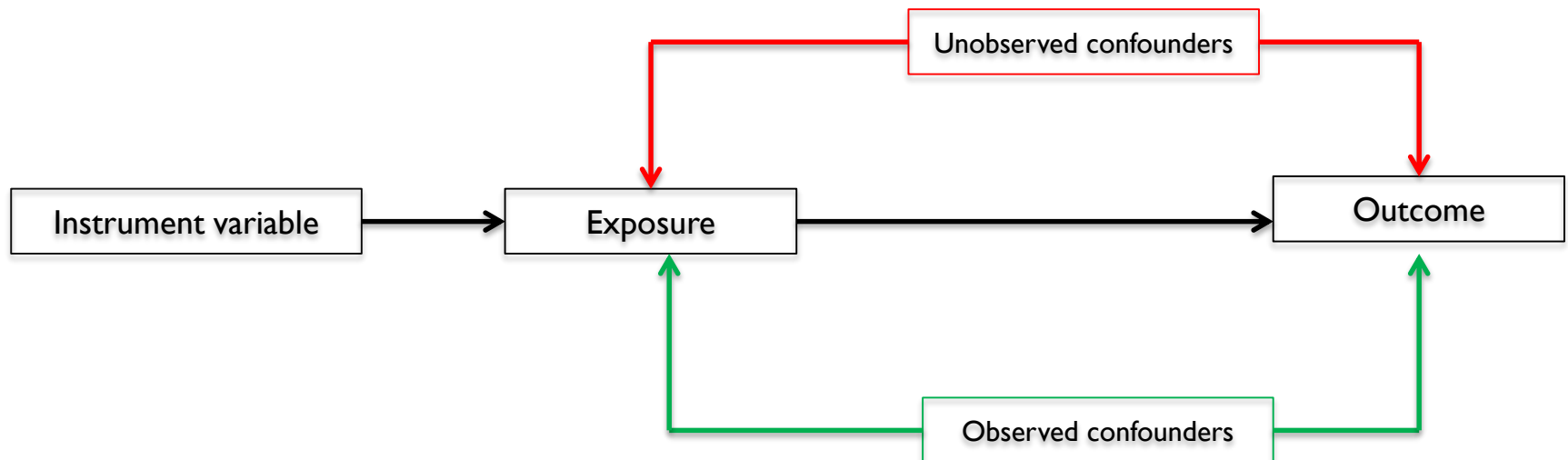
Current research-Level C studies

'Real-world' haemorrhagic rates for warfarin and dabigatran using population level data

- New user design: Followed inception cohort using warfarin or dabigatran for the first time
- Followed cohort for period of 18 months
- Estimated incidence rate (person years), incidence rate for 30 days and hazard ratios
- Propensity score matching

Initiatives for advanced research

- Marginal structural models: when you have a time varying covariate
- Instrumental variables



Conclusions

- Real world data can provide evidence in special populations (e.g. older people) often excluded in RCTs
- Real world data can account for comorbidity
- Support policy decisions
- Detect off-labelled & inappropriate medicine use

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