



**TAIRĀWHITI DISTRICT HEALTH BOARD
HAUORA TAIRĀWHITI**



Tirohanga Hauora 2015

Te taupori *Population*

I te tau 2013, e 23,000 ngā Māori i te noho i te takiwā o Hauora Tairāwhiti, e 49% tēnei o te taupori tōpū o te Takiwā.



He āhua taitamariki te taupori o Te Tairāwhiti, engari he maha ngā tohu kei te kaumātua haere. I te tau 2013, ko te tau waenga o te pakeke, ko te 25.2 tau. E 65% o ngā tamariki o te Rohe i waenga i te 0–14 tau he Māori, waihoki, e 61% o ngā taiohi i waenga i te 15–24 tau.



Tērā e piki te taupori Māori kei runga ake i te 65 tau mā te 37% i waenga i te tau 2013 me te tau 2020.



Whānau ora *Healthy families*

I te tau 2013, ka whakahoki kōrero mai te nuinga o ngāi Māori o Te Tairāwhiti (81%) he pai te noho o ō rātou whānau, engari e 9% i kī, kāore i te pai te noho o ō rātou whānau. Tērā te ōrau iti (5%) i kī he uaua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (77%) he ngāwari noa.



He mea nui kia whai wāhi ki te ahurea Māori (tino hira, hira tonu, āhua hira rānei) mō te nuinga o ngā pakeke Māori (78%), waihoki te taha wairua (78%).

Tata ki te katoa (99.5%) o te hunga Māori o Te Tairāwhiti kua tae atu ki tētahi marae i tētahi wā. Kua tae te nuinga (83%) ki ō rātou marae ake, me te kī a te 61%, ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



Kotahi i roto i te tokoono kua tae ki te tohunga Māori, ki te kaiomiromi rānei i roto i te 12 marama ka hipa ake nei.

Toru tekau ōrau o ngāi Māori o Te Tairāwhiti i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori i te tau 2013.



He whakarāpopototanga tēnei puka i tētahi Tirohanga Hauora mō te Poari Hauora o Te Tairāwhiti 2015, i whakaputaina i te marama o Oketopa 2015 e Te Rōpū Rangahau Hauora a Eru Pōmare, Te Whare Wānanga o Ōtago, Pōneke. Ka kitea te pūrongo katoa me ngā ripanga raraunga Excel i te taha i www.otago.ac.nz/MHP2015.



Wai ora *Healthy environments*

Te mātauranga

I te tau 2013, e 93% o ngā tamariki Māori o Te Tairāwhiti kua whai wāhi ki ngā akoranga kōhungahunga.



I te tau 2013, e 46% o ngā pakeke Māori 18 neke atu rānei ngā tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he tino nui kē atu tēnei i 2006 (38%).

Te mahi

I te tau 2013, e 12% o ngā pakeke Māori 15 neke atu rānei ngā tau, he kore mahi, hei whakarite ki te 5% mō tauwiwi.



Mahi aroha ai te nuinga o ngā pakeke Māori (89%) i ētahi wā.



I te tau 2013, nui kē atu te kitenga o te hunga Māori noho i te kāinga, i waho rānei i te kāinga, e tiaki ana i te hunga hauā, i te hunga māuiui rānei, tēnā i a tauwiwi.

Te whiwhinga moni me te taumata o te noho

I te tau 2013, e 47% o ngā tamariki me te 41% o ngā pakeke i ngā kāinga Māori, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu, o roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakapekatanga ā-pakeke aua moni (i raro i te \$15,172), neke atu i te rua whakareatanga ake te ōrautanga o ngā tamariki me ngā pakeke i ngā kāinga tauwiwi.



I te tau 2013, e 21% o ngā pakeke Māori i Te Tairāwhiti ka whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, 10% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, 16% kua auau tō rātou whakakore, whakatārewa rānei i te haerenga ki te tākuta i roto i te 12 marama ka hipa.



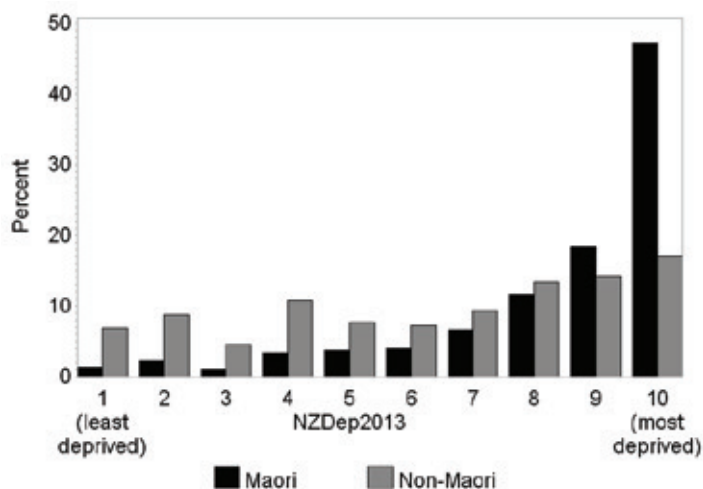
He maha kē atu te pāpātanga o ngā tāngata o ngā kāinga Māori kāore i whai wāhi ki tētahi motokā tēnā i te hunga i ngā kāinga tauwiwi (11%, hei whakarite ki te 3%).

He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori ki ngā mahi whakawhiti kōrero ā-waea, tēnā i te hunga noho i ngā kāinga ehara i te Māori: e 41% kāore kau he hononga ipurangi, e 33% kāore kau he waea, 16% kāore kau he waea pūkoro, ā, e 4% kāore i whai wāhi ki ētahi atu momo whakawhiti kōrero ā-waea.



Te rawakore ā-takiwā

Ina whakamahia te taupū NZDep2013 mō te noho rawakore o te rohe iti, e 47% o ngā Māori o Te Tairāwhiti i te noho i ngā tino rohe rawakore ā-rōpū ngahuru (rōpū ngahuru 10), ā, ko te pāpātanga mō tauwiwi, he 17%.



Te whai whare

Ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i te tau 2013 ko te uaua o te whakamahana whare (21%), te pākarukaru o te whare ake (19%), me te haumākū (16%).



Nui ake i te haurua o ngā tamariki i ngā kāinga Māori i Te Tairāwhiti e noho ana i te whare rēti (59%), arā, e rua whakareatanga ake i te ōrautanga o ngā tamariki i ētahi atu whare ehara i te whare Māori (28%).

Ko ngā tāngata o Te Tairāwhiti e noho ana i te kāinga Māori, e 4.2 te whakareatanga ake o te noho kei roto i ngā whare apiapi tēnā i te hunga o tauwiwi (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei) (e 25% ki te 6%).

Mauri ora *Healthy individuals*

PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori e 526 ia tau, i ngā tau mai i 2009–13, ā, e 70% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora. E 9% o ngā pēpi Māori me te 6% o ngā pēpi tauwiwi he māmā rawa te taumaha tinana i te whānautanga.



I te tau 2013, e 73% o ngā pēpi Māori i Te Tairāwhiti i whāngotēhia nuitia i te 6 wiki.

Ko tōna 80% o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke.

I te tau 2014, kua oti te 90% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, ā, e 92% hei te 24 marama.



I te tau 2013, e 65% o ngā tamariki Māori o Te Tairāwhiti, e 5 te pakeke, me te 35% o ngā tamariki tauwiwi, kua pāngia e te niho pirau. I te tau 8 o te kura, kotahi i roto i te rua ngā tamariki Māori, kotahi hoki i roto i te toru ngā tamariki tauwiwi kua pāngia e te niho pirau. E 83% te nuinga ake o ngā tamariki Māori i raro iho i te 15 tau i kawea ki te hōhipera mō ngā māuiui niho, māuiui pae niho hoki, i a tauwiwi.



I roto i ngā tau 2011–13, ko te toharite ia, e 42 ngā urunga hōhipera ia tau kia whakapiria he pū taringa mō ngā tamariki Māori (he ōrite ki te urunga mō ngā tamariki tauwiwi), ā, e 49 ngā whakaurunga mō ngā pokenga kiri taumaha ia tau (e 2.4 whakareatanga ake te pāpātanga tēnā i ngā tamariki tauwiwi).



Tōna toharite tokowhā ngā tamariki Māori i raro iho i te 15 tau, kotahi, neke atu rānei ngā whakaurunga ki te hōhipera mō te kirikā rūmātiki taumaha, ā, kotahi ia tau mō ngā taiohi i waenga i te 15–24.



Āhua 540 ngā whakaurunga hōhipera ia tau o ngā tamariki Māori ia tau ka kīia he whakaurunga kua taea te kaupare mehemea he nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, e 23% te nuinga ake o te pāpātanga tēnā i tō tauwiwi.

Nui iti ake i te 350 ngā whakaurunga ki te hōhipera o ngā tamariki Māori ia tau ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika moata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, e 31% te nuinga ake o te pāpātanga tēnā i tō tauwiwi.



RANGATAHI *YOUNG ADULTS*

Kua tino kitea he pikinga ake o ngā taiohi Māori o Te Tairāwhiti kāore anō kia kai paipa i te 14, i te 15 tau, mai i te whānautanga mai, ā, kua heke iho hoki te pāpātanga o ngāi Māori mai i 15–24 tau he auau te kai paipa. Heoi anō, kotahi Māori i roto i te tokorua i waenga i te 20–24 ngā tau he auau te kai paipa i te tau 2013 (hei whakarite ki te kotahi i roto i te rima mō tauwiwi).



Nō te taenga ki te marama o Hepetema 2014, e 74% o ngā kōtiro Māori 17 tau te pakeke, me te 61% o ngā kōtiro kua piki ki te 14 tau kua toru whāngainga ki te kano ārai mate mō te tona kiri tangata. He teitei kē atu te whānui mō te Māori i a tauwiwi.



I roto i ngā tau 2011–13, te toharite ia, tokowhitu te hunga Māori i waenga i te 15–24 tau, ā, tokotoru hoki i waenga i te 25–44 tau te pakeke i whakaurua ki te hōhipera ia tau mō te tūkinu ā-kiri i runga i te hiahia kia pērā.



PAKEKE ADULTS

Kotahi haurua o ngā pakeke Māori i Te Tairāwhiti, e ai ki ā rātou kōrero, he rawe tō rātou hauora, he tino pai rānei i te tau 2013, ā, kotahi hauwhā i kī he pai tō rātou hauora. Kotahi hauwhā anō i kī, he āhua pai, kāore i pai rānei tōna hauora.



Kei te heke haere te tokomaha e kai paipa ana, engari ka noho tonu neke atu i te rua whakareatanga atu te tokomaha o ngāi Māori e kai paipa ana, ina whakaritea ki a tauwiwi (e 38% mō te Māori, 17% mō tauwiwi i te tau 2013).



Ngā māuiui o ngā iaia toto

E 82% te nuinga ake o ngā pakeke Māori i Te Tairāwhiti e 25 tau te pakeke, neke atu rānei, i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, i ngā pakeke tauwiwi, (tae atu ki ngā māuiui manawa me te ikura roro) i ngā tau 2011–13.



Tata ki te 46% te whakareatanga ake o te maha o ngāi Māori i whakaurua ki te hōhipera mō te mate manawa taumaha, e 50% te whakareatanga ake o te whakaahua i ngā iaia, ā, he ōrite te whakahoutanga o ngā iaia, te homai rānei i ngā iaia manawa autaki me ngā rangitāmiro.

E 5.8 whakareatanga ake te whakaurunga atu ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwiwi.

Ko te pāpātanga mō te whakaurunga atu mō te ikura roro e 2.5 te teiteitanga ake mō te Māori tēnā i a tauwiwi, ā, e 9.4 whakareatanga ake mō te Māori mō te pēhanga toto teitei.

E 7.5 te whakareatanga ake o ngā whakaurunga mō te mate rūmātiki manawa taumaha mō te Māori, tēnā i a tauwiwi, ā, e 3 whakareatanga ake mō te Māori o ngā whakahoutanga takirere manawa.

Ko ngāi Māori i raro iho i te 75 tau, e 4 te pikinga ake o te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwiwi.



Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, tata ki te toru whakareatanga ake o te whakaurunga ki te hōhipera tēnā i a tauwiwi mō te mate pāpuni pūkahukahu (COPD).



Kei runga noa ake te whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i ngā reanga katoa.

Tata ki te rua whakareatanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwiwi.



Te mate huka

I te tau 2013, tōna 7.6% o ngāi Māori, me tōna 9.1% o tauwiwi kua pāngia e te mate huka. E 44% o te hunga Māori e 25 neke atu rānei te pakeke, kua pāngia e te mate huka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei, ā, e 72% kua pūputu te aroturuki i ō rātou huka ā-toto, ā, kotahi haurua kua pūputu te tātari mō te mate tākihi.



I ngā tau 2011–13, e 7 te whakareatanga o te maha o ngā porohanga o tētahi waewae o te hunga Māori kua pāngia e te mate huka, tēnā i a tauwiwi.

PAKEKE ADULTS

(tonu)

Te mate pukupuku

Ina whakaritea ki a tauwiwi, e 45% te teiteinga ake o te pānga e te mate pukupuku mō ngā wāhine Māori, ā, e 2.4 te whakareatanga ake mō ngā wāhine Māori o te mate rawa, nā te mate pukupuku te take. Mō ngā tāne o Te Tairāwhiti, he ōrite te pānga e te mate pukupuku mō te Māori, engari neke atu i te rua whakareatanga ake te mate rawa mō te tāne Māori, tēnā i a tauwiwi.



Ko ngā mate pukupuku i rēhitatia nuitia i waenga i ngā wāhine Māori o Te Tairāwhiti ko ngā mate pukupuku o te ū, o ngā pūkahukahu, o te kōpiro nui, o te puku, me te whare tangata. Mō te pāpātanga o ngā mate pukupuku pūkahukahu e 3.5 whakareatanga ake o te Māori i tēnā o tauwiwi, ā, e 57% mō te mate pukupuku o ngā ū. 15 whakareanga ake te matenga i te mate pukupuku o te puku mō te Māori, tēnā i ngā wāhine tauwiwi.



Ko te whānuitanga o te arotake ū mō ngā wāhine Māori kei te 45–69 tau i eke ki te 65%, hei whakarite ki te 74% o ngā wāhine tauwiwi, i te mutunga o 2014.

Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 66% i roto i te 3 tau, ā, e 87% i roto i te rima tau (hei whakarite ki te 78% me te 94% mō ēnei reanga o tauwiwi), i te mutunga o 2014.

Ko te mate pukupuku o te repe tātea, o ngā pūkahukahu, o te kōpiro nui, me te totomā ngā mate pukupuku i kitea nuitia i waenga i ngā tāne Māori. E 3.4 whakareatanga ake te pāpātanga rēhita mō te mate pukupuku pūkahukahu mō te tāne Māori, tēnā i ngā tāne tauwiwi, iti iho i te haurua te pānga e te mate pukupuku o te kōpiro nui mō te tāne Māori i a tauwiwi.



Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā wāhine Māori ko ngā mate pukupuku o ngā pūkahukahu, o te ū, o te wharekano me te repe taiaki huka. Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā tāne Māori ko ngā mate pukupuku o ngā pūkahukahu, o te repe tātea me te kōpiro nui.



Ngā māuiui o te hinengaro

E 66% te whakareatanga ake te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i te tau 2011–13, tēnā i a tauwiwi. Ko te mate i kitea nuitia ko te wairua tuakoi, ko te tuarua, ko ngā māuiui whakapōuri.



Te mate rangatira (koute)

I te tau 2011, tōna 9.4% te pānga o te mate rangatira i waenga i te hunga Māori o Te Tairāwhiti, nui ake i te rua whakareatanga o tō tauwiwi (4.4%).



I whiwhi tētahi hautoru o te hunga Māori kua pāngia e te mate rangatira ki te allopurinol, he rongoā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, e 33% noa iho i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri.

I roto i ngā tau 2011–13, he neke atu i te 19 whakareanga ake te pāpātanga whakaurunga ki te hōhipera mō te Māori mō te mate rangatira, tēnā i a tauwiwi, e mōhiohia ai he maha ake ngā kakānga mamae mō te Māori.

NGĀ REANGA KATOA ALL AGES

Ngā whakaurunga hōhipera

E 9% te teitei ake o te pāpātanga whakaurunga ki te hōhipera mō te Māori, nā ngā pūtaka katoa o te mate, tēnā i a tauwiwi, i roto i ngā tau 2011–13.

Āhua 1,350 ngā whakaurunga mō te Māori ki te hōhipera he whakaurunga ka taea te kaupare i mua, ā, e 36% te teitei ake o te pāpātanga tēnā i a tauwiwi. E 59% te teiteinga ake o ngā māuiui ASH.



Te mate rawa

E 2.4 whakareanga ake te pāpātanga o te mate rawa, nā ngā pūtaka katoa o te mate, ki te tangata Māori i roto i Te Tairāwhiti, i a tauwiwi.



Ko ngā takenga o te mate rawa mō ngā wāhine Māori ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, te ikura roro, te mate huka me te COPD. Ko ngā takenga matua mō ngā tāne Māori ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, ngā aituā, te mate huka me te whakamomori.

E 3 te whakareatanga ake o ngā matenga kua āhei pea te kaupare, kua āhei hoki te taurima, mō te Māori, i tō tauwiwi i Te Tairāwhiti i roto i ngā tau 2007–11.

Ngā wharanga

E 15% te teitei ake o te pāpātanga whakaurunga ki te hōhipera nā te aituā te take, mō te Māori, tēnā i a tauwiwi. Kei runga kē atu te pāpātanga o te whakaurunga hōhipera mō te tāne, tēnā i te wahine.

Ko ngā take matua mō ngā wharanga i whakaurua ai he tangata ki te hōhipera ko ngā takanga, te tuinga e ngā mīhini, ngā whakararu o te tiaki i muri i te haere ki te tākuta, i te poka tinana rānei, ngā aituā waka, me ngā patunga e te tangata kē.

Ina whakaritea ki a tauwiwi, e 4 te pikinga ake o te pāpātanga o te whakauru o te wahine Māori ki te hōhipera nā te patunga e te tangata kē, tēnā i ngā wāhine tauwiwi, ā, e 57% te pikinga ake mō ngā tāne Māori i a tauwiwi.

E 90% te whakareatanga ake o te matenga rawa i ngā wharanga mō te Māori, tēnā i a tauwiwi i Te Tairāwhiti.



Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia e 74.8 ngā tau e ora ai te wahine Māori (e 8.4 ngā tau i raro iho i ngā wāhine tauwiwi) i te takiwā o Tūranga-nui-a-Kiwa, ā, e 70.4 tau mō ngā tāne Māori (e 9 ngā tau i raro iho i ngā tāne tauwiwi).

He mea whāngai ki te pūtea e Te Kete Hauora, te Manatū Hauora.

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