



NELSON MARLBOROUGH DISTRICT HEALTH BOARD TE POARI HAUORA O WHAKATŪ-WAIRAU

Tirohanga Hauora 2015



Te taupori *Population*

I te tau 2013, 14,000 ngā Māori i te noho i te takiwā o te Poari Hauora o Whakatū-Wairau, 10% tēnei o te taupori tōpū o te Takiwā.



He āhua taitamariki te taupori o Whakatū-Wairau, engari he maha ngā tohu kei te kaumātua haere. I te tau 2013, ko te pakeke toharite he 24.8 tau, hei whakarite tēnei ki te 43.5 tau mō te Takiwā Poari Hauora katoa. Tekau mā waru ōrau ngā taiohi o te takiwā mai i 0–14 tau te pakeke, he Māori, waihoki, 16% o ngā taiohi o te takiwā mai i te 15–24 tau te pakeke, he Māori.



Tērā e piki te taupori Māori kei runga ake i te 65 tau, mā te rua hautoru i waenga i te tau 2013 me te tau 2020.



Whānau ora *Healthy families*

Ka whakaaturia ngā raraunga o Te Kupenga mā te tōpūtanga o ngā Poari Hauora e whā: Whakatū-Wairau, Te Tai Poutini, Waitaha, me Waitaki-Rakaia. I te tau 2013, ka whakahoki kōrero mai te nuinga o ngāi Māori o ēnei Poari Hauora e whā (84%) he pai te noho o ō rātou whānau, engari 5% i kī, kāore i te pai te noho o ō rātou whānau. Tērā te ōrau iti (8%) i kī he uaua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (77%) he ngāwari noa.



He mea nui kia whai wāhi ki te ahurea Māori mō te nuinga o ngā pakeke Māori (59%) waihoki te taha wairua (59%).

Te nuinga (89%) o te hunga Māori o ēnei Poari Hauora e whā kua tae atu ki tētahi marae i tētahi wā. Whā tekau mā whā ōrau kua tae ki ō rātou marae ake, me te kī a neke atu i te haurua o rātou (56%), ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



Kotahi i roto i te rua tekau mai i ēnei Poari Hauora e whā kua tae ki te tohunga Māori, ki te kairomiromi rānei i roto i te 12 marama ka hipa ake.

Nui iti ake i te 15% o ngāi Māori o Whakatū-Wairau i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori i te tau 2013.



Wai ora *Healthy environments*

Te mātauranga

I te tau 2013, tata ki te katoa (96%) o ngā tamariki Māori o Whakatū-Wairau kua whai wāhi ki ngā akoranga kōhungahunga.



I te tau 2013, e 50% o ngā pakeke Māori 18 neke atu rānei ngā tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he nui kē atu tēnei i 2006 (43%). E 63% o tauwiwi i whiwhi ki tēnei taumata tiwhikete.

Te mahi

I te tau 2013, e 8% o ngā pakeke Māori o Whakatū-Wairau 15 neke atu rānei ngā tau, he kore mahi, ā, he toru hauwhā te teiteinga ake i a tauwiwi (5%).



Mahi aroha ai te nuinga o ngā pakeke Māori (90%) i ētahi wā.



I te tau 2013, nui kē atu te kitenga o te hunga Māori noho i te kāinga, i waho rānei e tiaki ana i te hunga hauā, i te hunga māuiui rānei, tēnā i a tauwiwi.

Te whiwhinga moni me te taumata o te noho

I te tau 2013, kotahi i roto i te toru tamariki i ngā kāinga Māori, nui atu ake hoki i te kotahi hoki te pakeke i roto i te whā, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu, o roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakahekatanga ā-pakeke aua moni (i raro i te \$15,172), otia hei whakaritenga ki te kotahi tamaiti, kotahi pakeke hoki i roto i te tokorima i ētahi atu kāinga ehara i te kāinga Māori.



Kei te 9% o ngā pakeke Māori i te tōpūtanga o ngā Poari Hauora o Whakatū-Wairau, me ētahi atu Poari Hauora e toru o Te Waipounamu i whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, e 5% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, e 9% i auau tā rātou whakakore, whakatārewa rānei i te haerenga ki te tākuta i roto i te 12 marama ka hipa.

E ono ōrau o ngā tāngata o ngā kāinga Māori o Whakatū-Wairau kāore i whai wāhi ki tētahi motokā, ko taua ōrau mō tauwiwi e 3%.

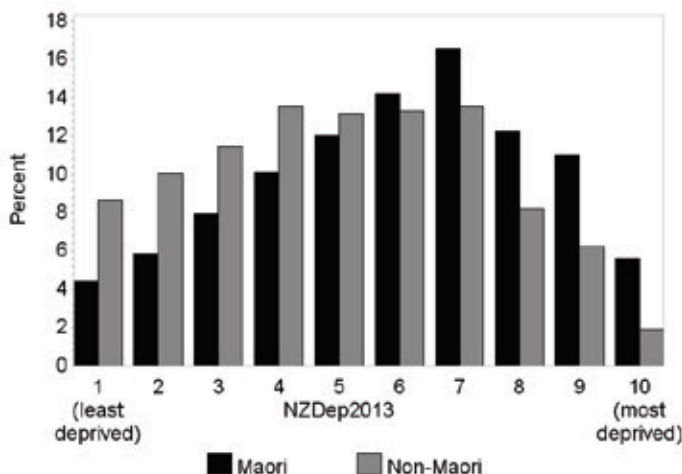


He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori i Whakatū-Wairau ki ngā mahi whakawhiti kōrero ā-waea, tēnā i te hunga noho i ngā kāinga ehara i te Māori: e 24% kāore kau he hononga ipurangi, e 22% kāore kau he waea, 12% kāore kau he waea pūkoro, ā, e 2.5% kāore i whai wāhi ki ētahi atu momo whakawhiti kōrero ā-waea.



Te rawakore ā-takiwā

Ina whakamahia te taipū NZDep2013 mō te noho rawakore o te rohe iti, e 45% o ngā Māori o Whakatū-Wairau i te noho i ngā tino rohe rawakore ā-rōpū ngahuru e whā, ā, ko te pāpātanga mō tauwiwi, he 30%.



Te whai whare

Ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i te tōpūtanga o ngā poari hauora o Whakatū-Wairau, Te Tai Poutini, Waitaha, me Waitaki-Rakaia i te tau 2013 ko te uaua o te whakamahana whare (15%), te pākarukaru o te whare ake (14%), me te haumākū (9%).



E 52% o ngā tamariki i ngā kāinga Māori i Whakatū-Wairau e noho ana i te whare rēti i te tau 2013 ā, e toru hauwhā te whakareatanga ake tēnei i te ōrautanga o ngā tamariki i ētahi atu whare (30%).

Ko ngā tāngata o Whakatū-Wairau e noho ana i te kāinga Māori, e 2.5 te whakareatanga ake o te noho kei roto i ngā whare apiapi tēnā i te hunga o tauwiwi (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei) (13% ki te 5%).

Mauri ora *Healthy individuals*

PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori e 343 ia tau, i ngā tau mai i 2009–13, ā, 21% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora. E 6% o ngā pēpi Māori me te 5% o ngā pēpi tauwiwi he māmā rawa te taumaha tinana i te whānautanga.



I te tau 2013, e rua hautoru o ngā pēpi Māori i Whakatū-Wairau i whāngotehia nuitia i te 6 wiki.

Ko tōna 60% o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke.



I te tau 2014, kua oti te 89% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, ā, e 90% hei te 24 marama.

I te tau 2013, e 69% o ngā tamariki Māori o Whakatū-Wairau, e 5 te pakeke, me te 41% o ngā tamariki tauwiwi, kua pāngia e te niho pirau. I te tau 8 o te kura, e 55% o ngā tamariki Māori me te 45% o ngā tamariki tauwiwi kua pāngia e te niho pirau. E 50% te nuinga ake o te pāpātanga o ngā tamariki Māori i raro iho i te 15 tau i kawea ki te hōhipera mō ngā māuiui niho, māuiui pae niho hoki, i ngā tamariki tauwiwi.



I roto i ngā tau 2011–13, ko te toharite ia, e 31 ngā urunga hōhipera ia tau kia whakapiria he pū taringa mō ngā tamariki Māori (he ōrite te pāpātanga tēnā ki te urunga mō ngā tamariki tauwiwi), ā, 10 ngā whakaurunga mō ngā pokenga kiri taumaha ia tau (neke atu i te 63% te whakareatanga ake o te pāpātanga tēnā i ngā tamariki tauwiwi).



Te toharite ia, e 200 ngā whakaurunga hōhipera o ngā tamariki Māori ia tau ka kīia he whakaurunga kua taea te kaupare mehemea he nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, kotahi hautoru te nuinga ake o te pāpātanga tēnā i tō tauwiwi.

Ko te toharite ia, 160 ngā whakaurunga ki te hōhipera o ngā tamariki Māori ia tau ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika moata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, e 46% te nuinga ake o te pāpātanga tēnā i tō tauwiwi.



RANGATAHI *YOUNG ADULTS*

Kua tino kitea he pikinga ake o ngā taiohi Māori o Whakatū-Wairau kāore anō kia kai paipa i te 14, i te 15 tau, mai i te whānautanga mai, ā, kua heke iho hoki te pāpātanga o ngāi Māori mai i 15–24 tau he auau te kai paipa.



Tae rawa ake ki te Hepetema 2014, i waenga i te 50% me te 60% o ngā kōtiro Māori 14 tau ki te 17 tau te pakeke kua whāngaia ki te kano ārai mate mō te tona kiri tangata (HPV).



Ko te pāpātanga o te whakaurunga hōhipera mō te tūkino ā-kiri, he iti iho mō te iwi Māori, tēnā i tō tauwiwi mō te taiohi kei waenga te pakeke i ngā tau 15–24, i ngā tau 2011–13, ā, e rua whakareanga ake mō te tāne Māori, tēnā i tō tauwiwi mō te hunga i waenga i te 25–44 tau.



PAKEKE ADULTS

E rima tekau mā ono ōrau o ngā pakeke Māori i ngā Poari Hauora e whā, e ai ki ā rātou kōrero, he rawe tō rātou hauora, he tino pai rānei i te tau 2013, ā, e 28% i ki he pai tō rātou hauora. Kotahi i roto i te ono (17%) i ki, he āhua pai, kāore i pai rānei tōna hauora.



Kei te heke haere te tokomaha e kaipaipa ana, engari e rua whakareatanga atu te tokomaha o ngāi Māori e kai paipa ana, i te Poari Hauora o Whakatū-Wairau ina whakaritea ki a tauwiwi (e 32% mō te Māori, 16% mō tauwiwi).



Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, e 3 whakareatanga ake o te whakaurunga ki te hōhipera tēnā i a tauwiwi mō te mate pāpuni pūkahukahu (COPD) i roto i ngā tau 2011–13.



E rua whakareatanga ake te whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i raro i te 65 tau te pakeke, tēnā i a tauwiwi.

E 3.5 whakareatanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwiwi.



Te mate huka

I te tau 2013, tōna 3% o ngāi Māori, me tōna 5% o tauwiwi kua pāngia e te mate huka. Neke ake i te haurua o te iwi Māori e 25 neke atu rānei te pakeke, kua pāngia e te mate huka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei (54%), ā, ko te nuinga (87%) kua pūputu te aroturuki i ō rātou huka ā-toto, ā, e rua haurua kua pūputu te aroturuki mō te mate tākihi.



Ngā māuiui o ngā iaia toto

E 34% te nuinga ake o ngā pakeke Māori e 25 tau neke atu rānei te pakeke i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, i ngā pakeke tauwiwi, (tae atu ki ngā māuiui manawa me te ikura roro) i ngā tau 2011–13.



E 29% te whakareatanga ake o te whakaurunga hōhipera mō ngāi Māori o Whakatū-Wairau mō te mate manawa pāpunitanga toto.

He 86% te whakareatanga ake o te pāpātanga o ngāi wāhine Māori o Whakatū-Wairau i whakaurua ki te hōhipera mō te mate manawa taumaha, tēnā i a tauwiwi, e rua hoki te whakareatanga ake o te hunga wāhine i whakaahuatia ngā iaia. He teitei kē ake te whiwhinga iaia hou, engari e kore e tino rerekē ngā tatauranga i ēnei teiteinga ake.

E 2.7 te whakareatanga ake o te whakaurunga atu ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwiwi.

E 59% whakareatanga ake o te whakaurunga atu ki te hōhipera mō te ikura roro mō te Māori, tēnā i a tauwiwi.

E 3.7 te whakareatanga ake o ngā whakaurunga mō te mate rūmātiki manawa taumaha mō te Māori, tēnā i a tauwiwi, ā, he ōrite ngā whakahoutanga takirere manawa mō te Māori me tauwiwi.

Ko ngāi Māori i raro iho i te 75 tau, e rua whakareatanga ake te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwiwi.



PAKEKE ADULTS

(tonu)

Te mate pukupuku

Ko ngā mate pukupuku i rēhitatia nuitia i waenga i ngā wāhine Māori o Whakatū-Wairau i ngā tau 2008–12 ko ngā mate pukupuku o te ū, o ngā pūkahukahu, me te kōpiro nui. Mō te pāpātanga o ngā mate pukupuku pūkahukahu e 4.3 whakareatanga ake o te Māori i tēnā o tauwiwi.



Ko te whānuitanga o te arotake ū mō ngā wāhine Māori kei te 45–69 tau i eke ki te 80%, hei whakarite ki te 83% o ngā wāhine tauwiwi i te marama o Tihema 2014.

Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 68% i roto i te 3 tau, ā, e 81% i roto i te rima tau (hei whakarite ki te 81% me te 94% mō ēnei reanga o tauwiwi).

Ko ngā mate pukupuku i rēhitatia nuitia i waenga i ngā tāne Māori o Whakatū-Wairau ko ngā mate pukupuku o ngā pūkahukahu, o te kōpiro nui me te repe tātea. Mō te pāpātanga o ngā mate pukupuku pūkahukahu o ngā tāne Māori, e 2.5 te whakareatanga ake i tēnā o tauwiwi, ā, mō ngā mate pukupuku repe tātea, kotahi haurua o tō tauwiwi.



Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā wāhine Māori i ngā tau 2007–11, ko ngā mate pukupuku o ngā whēkau nakunaku, o ngā pūkahukahu, me te ū. Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā tāne Māori ko ngā mate pukupuku o ngā pūkahukahu, me ngā whēkau nakunaku. He rua me te haurua te whakareatanga ake o te mate rawa nā te pānga e ngā mate pukupuku pūkahukahu mō ngā wāhine me ngā tāne Māori tēnā i a tauwiwi.



Ngā māuiui o te hinengaro

E 27% te whakareatanga ake te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i ngā tau 2011–13, tēnā i a tauwiwi. Ko te mate i kitea nuitia ko te kai tarukino, whai i muri ko te wairua tuakoi, me ngā māuiui whakapōuri.



Te mate rangatira (koute)

I te tau 2011, tōna 4% te pānga o te mate rangatira i waenga i te hunga Māori o Whakatū-Wairau, tata ki te 60% te teiteinga kē ake i tō tauwiwi 3%.



I whiwhi te 41% o te hunga Māori kua pāngia e te mate rangatira ki te allopurinol, he rongoā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, e 22% noa iho i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri.

I roto i ngā tau 2011–13, e 8 te whakareatanga ake o te pāpātanga whakauru ki te hōhipera mō te Māori mō te mate rangatira, tēnā i a tauwiwi, e mōhiotia ai he maha ake ngā kakānga mamae mō te Māori.

NGĀ REANGA KATOĀ ALL AGES

Ngā whakaurunga hōhipera

E 4% te teitei ake o te pāpātanga whakaurunga ki te hōhipera mō te Māori, nā ngā pūtaka katoa o te mate, tēnā i a tauwiwi, i roto i ngā tau 2011–13.

Tōna toharite, e 626 ngā whakaurunga ia tau mō te Māori ki te hōhipera he whakaurunga ka taea te kaupare i mua, ā, e 23% te teiteinga ake o tēnei i te pāpātanga mō tauwiwi. E 42% te teiteinga ake o te pāpātanga ASH.



Te mate rawa

E 40% te teitei ake o te pāpātanga o te mate rawa mō ngāi Māori o Whakatū-Wairau, tēnā i te hunga tauwiwi, i 2008–12.



I roto i ngā tau 2007–11, ko ngā takenga o te mate rawa mō ngā wāhine Māori ko te mate pukupuku o ngā pūkahukahu, mate manawa pāpunitanga toto (IHD), me te ikura roro.

Mō ngā tāne Māori ko ngā takenga matua o te mate rawa ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, me ngā aituā.

E 74% te whakareatanga ake o ngā matenga rawa kua āhei pea te kaupare, e 81% whakareatanga ake mō ngā matenga kua āhei hoki te taurima, mō te Māori.

Ngā wharanga

I raro iti iho i te 300 ngāi Māori i whakaurua ki te hōhipera mō te wharanga ia tau, ā, he ōrite tonu te pāpātanga ki a tauwiwi, i ngā tau 2011–13.

Ko ngā take matua mō ngā wharanga mō te Māori i whakaurua ai he tangata ki te hōhipera ko ngā takanga, te tukungā e ngā mīhini, me ngā aituā waka.

E 2.45 te teitei ake o te pāpātanga whakaurunga ki te hōhipera nā te patunga e tangata kē te take, mō te Māori, tēnā i a tauwiwi.

Te toharite ia, tokorima ngāi Māori i mate rawa i ngā wharanga mai i 2007–11, he ōrite tonu te pāpātanga ki a tauwiwi.



Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia ko ngā tau e ora ai te wahine Māori i ngā rohe o Te Tai Tapu, Whakatū me Wairau, e 81.0 tau i Wairau, e 81.3 i Whakatū, e 81.9 i Te Tai Tapu, ā, kei waenga i te 2.4 me te 2.9 te itinga iho i ngā wāhine tauwiwi. I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia ko ngā tau e ora ai te tāne Māori, e 77.1 tau i Wairau, e 77.3 i Whakatū, e 78.0 i Te Tai Tapu, ā, kei waenga i te 2.7 me te 3.0 te itinga iho i ngā tāne tauwiwi.

He mea whāngai ki te pūtea e Te Kete Hauora, te Manatū Hauora.

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