



BAY OF PLENTY DISTRICT HEALTH BOARD TE HAUORA A TOI

Tirohanga Hauora 2015



Te taupori *Population*

I te tau 2013, e 53,700 ngā Māori i te noho i te takiwā o te Hauora a Toi, e 25% tēnei o te taupori tōpū o te Takiwā. Whā tekau ōrau o ngā tamariki o te Takiwā kei te 0–14 tau te pakeke, he Māori, ā, he Māori te 35% o ngā taiohi 15–24.



He āhua taitamariki te taupori Māori o Te Moana-a-Toi, engari he maha ngā tohu kei te kaumātua haere. I te tau 2013, he āhua haurua o te taupori kei raro iho i te 25 tau.



Tērā e piki te tokomaha o ngā Māori e 65 tau te pakeke, piki ake, mā te 40% i waenga i te tau 2013 me te tau 2020.



Whānau ora *Healthy families*

I te tau 2013, ka whakahoki kōrero mai te nuinga o ngāi Māori o Te Moana-a-Toi (84%) he pai te noho o ō rātou whānau, engari e 7% i kī, kāore i te pai te noho o ō rātou whānau. Tērā te ōrau iti (5%) i kī he uaua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (78%) he ngāwari noa.



He mea nui kia whai wāhi ki te ahurea Māori mō te toru koata o ngā pakeke Māori (76%). He mea hirahira te taha wairua ki te rua haurua (65%).

Kotahi koata (27%) o ngāi Māori o Te Moana-a-Toi i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori i te tau 2013.



Tata ki te katoa (98%) o te hunga Māori o Te Moana-a-Toi kua tae atu ki tētahi marae i tētahi wā. Kua tae te nuinga (67%) ki ō rātou marae ake, me te kī a neke atu i te haurua o rātou (55%), ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



Tekau mā rima ōrau kua tae ki te tohunga Māori, ki te kaiomiromi rānei i roto i te 12 marama ka hipa ake nei.



He whakarāpopototanga tēnei puka i tētahi Tirohanga Hauora mō te Hauora a Toi 2015, i whakaputaina i te marama o Oketopa 2015 e Te Rōpū Rangahau Hauora a Eru Pōmare, Te Whare Wānanga o Ōtago, Pōneke. Ka kitea te pūrongo katoa me ngā ripanga raraunga Excel i te taha i www.otago.ac.nz/MHP2015

Wai ora *Healthy environments*

Te mātauranga

I te tau 2013, e 86% o ngā tamariki Māori o Te Moana-a-Toi i timata i te kura kua whai wāhi ki ngā akoranga kōhungahunga.



I te tau 2013, e 48% o ngā pakeke Māori 18 neke atu rānei ngā tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he nui kē atu tēnei i te 2006 (39%). He toru hauwhā tēnei ōrautanga o tērā o tauwiwi.

Te mahi

I te tau 2013, 14% o ngā pakeke Māori 15 neke atu rānei ngā tau, he kore mahi, ā, e rua whakareatanga ake mō te Māori tēnā i te pāpātanga mō tauwiwi (6%).



Mahi aroha ai te nuinga o ngā pakeke Māori (89%) i ētahi wā.



I te tau 2013, nui kē atu te kitenga o te hunga Māori noho i te kāinga, i waho rānei e tiaki ana i te hunga hauā, i te hunga māuiui rānei, tēnā i a tauwiwi.

Te whiwhinga moni me te taumata o te noho

I te tau 2013, e 42% o ngā tamariki me te 37% o ngā pakeke i ngā kāinga Māori, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu rānei kei roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakapekatanga ā-pakeke aua moni (i raro i te \$15,172), hei whakaritenga ki ētahi atu kāinga ehara i te kāinga Māori, ka hoki ki te 17% o ngā tamariki me te 19% o ngā pakeke.



I te tau 2013, 10% o ngā pakeke Māori i Te Moana-a-Toi ka whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, e 9% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, 13% kua whakakore, kua whakatārewa rānei i te haerenga ki te tākuta i roto i te 12 marama ka hipa.

He maha kē atu te pāpātanga o ngā tāngata o ngā kāinga Māori kāore i whai wāhi ki tētahi motokā tēnā i a tauwiwi (e 9%, hei whakarite ki te 2%).

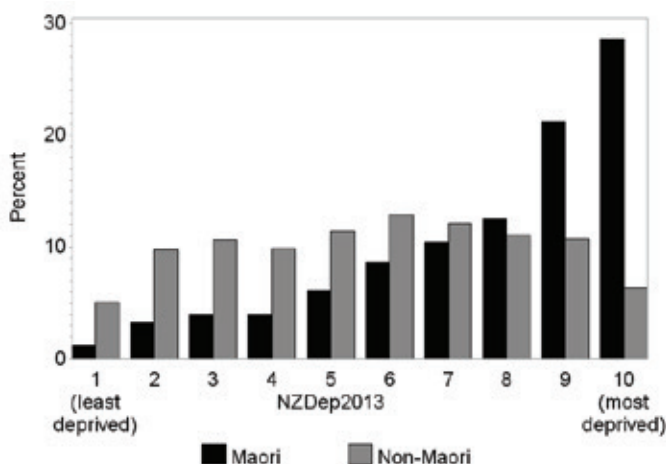


He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori ki ngā mahi whakawhiti kōrero ā-waea, tēnā i te hunga noho i ngā kāinga ehara i te Māori: e 35% kāore kau he hononga ipurangi, 15% kāore kau he waea pūkoro, e 30% kāore kau he waea, ā, e 4% kāore i whai wāhi ki ētahi atu momo whakawhiti kōrero ā-waea i te kāinga.



Te rawakore ā-takiwā

Ina whakamahia te taupū NZDep2013 mō te noho rawakore o te rohe iti, e 50% o ngāi Māori o Te Moana-a-Toi i te noho i ngā tino rohe rawakore ā-rōpū ngahuru e rua, hei whakarite tēnei ki te 17% mō tauwiwi. Otiia, e 4% noa iho o ngāi Māori i te noho i ngā rohe ā-rōpū ngahuru e rua kāore i tino rawakore, hei whakarite tēnei ki te ōrautanga 15% mō tauwiwi.



Te whai whare

Ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i te tau 2013, ko te pākarukaru o te whare ake (12%), ko te uaua o te whakamahana whare (10%) me te haumākū (7%).



Tata ki te haurua o ngā tamariki (47%) i ngā kāinga Māori i Te Moana-a-Toi e noho ana i te whare rēti, ā, e rua whakareatanga tēnei i te ōrautanga o ngā tamariki i ētahi atu whare (24%).

Ko ngā tāngata o Te Moana-a-Toi e noho ana i te kāinga Māori, e 3.5 te whakareatanga ake o te noho kei roto i ngā whare apiapi tēnā i te hunga o tauwiwi (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei) (e 21% ki te 6%).

Mauri ora *Healthy individuals*

PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori 1,360 ia tau, i ngā tau mai i te 2009–13, ā, e 46% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora. E 7% o ngā pēpi Māori me te 6% o ngā pēpi tauwiwi he māmā rawa te taumaha tinana i te whānautanga.



I te tau 2013, e 78% o ngā pēpi Māori i Te Moana-a-Toi i whāngotēhia nuitia i te 6 wīki.

Rua hautoru o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke.

I te tau 2014, kua oti te 85% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, ā, e 91% hei te 24 marama.

I te tau 2013, e 74% o ngā tamariki Māori o Te Moana-a-Toi, e 5 te pakeke, me te 44% o ngā tamariki tauwiwi, kua pāngia e te niho pirau. I te tau 8 o te kura, e rua hautoru o ngā tamariki Māori, me te haurua o ngā tamariki tauwiwi, kua pāngia e te niho pirau. Kotahi hautoru te whakareatanga ake o ngā tamariki Māori i raro iho i te 15 tau i kawea ki te hōhipera mō ngā māuiui niho, māuiui pae niho hoki, i ngā tamariki tauwiwi.



I roto i ngā tau 2011–13, ko te toharite ia, 127 ngā urunga hōhipera ia tau kia whakapiria he pū taringa mō ngā tamariki Māori (ā he āhua rite ki te pāpātanga mō ngā tamariki tauwiwi).



Te toharite ia, 112 ngā whakaurunga ia tau mō ngā pokenga kiri taumaha (e 2.5 te whakareatanga ake o te pāpātanga tēnā i ngā tamariki tauwiwi).



Tekau whakareatanga ake o ngā tamariki Māori i raro iho i te 15 tau i whakaurua ki te hōhipera mō te kirikā rūmātiki taumaha, ā, e 6 ngā tamariki ia tau, kotahi, neke atu rānei te whakaurunga.



Te toharite ia, 1,255 ngā whakaurunga hōhipera o ngā tamariki Māori ia tau ka kīia he whakaurunga kua taea te kaupare mehemea he nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, kotahi hautoru te nuinga ake o te pāpātanga tēnā i tō tauwiwi.

Ko te toharite ia, e 850 ngā whakaurunga ki te hōhipera o ngā tamariki Māori ia tau ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika moata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, kotahi hautoru te nuinga ake o te pāpātanga tēnā i tō tauwiwi.



RANGATAHI *YOUNG ADULTS*

Kua tino kitea he pikinga ake o ngā taiohi Māori o Te Moana-a-Toi kāore anō kia kai paipa i te 14, i te 15 tau, mai o te whānautanga, ā, kua heke iho hoki te pāpātanga o ngāi Māori mai i te 15–24 tau he auau te kai paipa. Heoi anō, tokorua ngā taiohi Māori e kai paipa ana ki te kotahi taiohi tauwiwi.



Tae rawa ake ki te marama o Hepetema 2014, kei waenga i te 56% me te 64% o ngā kōtiro Māori mai i te 14 ki te 17 tau te pakeke, kua toru whāngai (te katoa) ki te kano ārai mate mō te tona kiri tangata (HPV) (te mea teitei rawa kei te tau 14, te mea iti rawa kei te 17 tau). He teitei kē atu te whānui mō te Māori i a tauwiwi.



I roto i ngā tau 2011–13, e 30 te hunga Māori i waenga i te 15–24 tau, e 21 hoki i waenga i te 25–44 tau te pakeke i whakaurua ki te hōhipera ia tau mō te tūkinō ā-kiri i runga i te hiahia kia pērā. Kei raro iho te pāpātanga mō ngāi Māori i a tauwiwi mō ērā kei raro i te 15–24 ngā tau, engari he ōrite ki tō tauwiwi hei ngā tau 25–44.



Tokorua ngā Māori i waenga i te 15–24 tau i whakaurua ki te hōhipera ia tau mō te kirikā rūmātiki taumaha, i ngā tau 2011–13.



PAKEKE ADULTS

Neke iti ake i te haurua o ngā pakeke Māori i Te Moana-a-Toi (53%) e ai ki ā rātou kōrero, he rawe tō rātou hauora, he tino pai rānei i te tau 2013, ā, kotahi hautoru i kī he pai tō rātou hauora. Kotahi i roto i te whitu (14%) i kī, he āhua pai, kāore i pai rānei tōna hauora.



Kei te heke haere te pāpātanga o te kai paipa, engari neke atu i te rua te whakareatanga ake mō te Māori tēnā i a tauwiwi i te tau 2013 (e 36% hei whakarite ki te 15%).



Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, e 4 whakareatanga ake o te whakaurunga ki te hōhipera tēnā i a tauwiwi mō te mate pāpuni pūkahukahu (COPD).



Kei runga ake te whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i ngā reanga katoa.

E 4 whakareatanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwiwi.



Te mate huka

I te tau 2013, tōna 5% o ngāi Māori, me tōna 5% o tauwiwi kua pāngia e te mate huka. Haurua o te iwi Māori e 25 neke atu rānei te pakeke, kua pāngia e te matehuka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei, ā, e 78% kua pūputu te aroturuki i ō rātou huka ā-toto, ā, e 59% kua pūputu te tātari mō te mate tākihi.



I ngā tau 2011–13, e 3.3 te whakareatanga ake o te maha o ngā porohanga o tētahi waewae o te hunga Māori kua pāngia e te matehuka, tēnā i a tauwiwi.

Ngā māuiui o ngā iaia toto

Tata ki te 80% te nuinga ake o ngā pakeke Māori 25 tau te pakeke, neke atu rānei, i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, (tae atu ki ngā māuiui manawa me te ikura roro), i ngā pakeke tauwiwi, i ngā tau 2011–13.



E 64% te whakareatanga ake o ngāi Māori o Te Moana-a-Toi i whakaurua ki te hōhipera mō te mate manawa taumaha, 19% te nuinga ake i whakaahuatia ngā iaia, ā, he ōrite te tokomaha i whakahoutia ngā iaia, i homai rānei he iaia manawa autaki me ngā rangitāmiro.

E 3.9 whakareatanga ake te whakaurunga atu ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwiwi.

Ko te pāpātanga mō te whakaurunga atu mō te mate ikura roro e 87% te teiteitanga ake mō te Māori tēnā i a tauwiwi, ā, neke atu i te rua whakareatanga ake mō te Māori mō te pēhanga toto taikaha.

E 4.7 te whakareatanga ake o ngā whakaurunga mō te mate rūmātiki manawa taumaha mō te Māori, tēnā i a tauwiwi, ā, e rua whakareatanga ake mō te Māori o ngā whakahoutanga takirere manawa.

Ko ngāi Māori i raro iho i te 75 tau, e 4 whakareatanga ake te pikinga ake o te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwiwi.



PAKEKE ADULTS

(tonu)

Te mate pukupuku

Ina whakaritea ki a tauwi, e 34% te teiteinga ake o te pānga e te mate pukupuku mō ngā wāhine Māori, ā, e 2.4 te whakareatanga ake mō ngā wāhine Māori o te mate rawa, nā te mate pukupuku te take. Mō ngā tāne, he ōrite te pānga e te mate pukupuku mō te Māori, engari e 78% te teiteinga ake o te mate rawa mō te tāne Māori, i a tauwi.



Ko ngā mate pukupuku i rēhitia nūtia i waenga i ngā wāhine Māori o Te Moana-a-Toi i ngā tau 2008–12 ko ngā mate pukupuku o te ū, o ngā pūkahukahu, o te whare tangata, me te kōpiro nui. Mō te pāpātanga o ngā mate pukupuku pūkahukahu e 4.4 te whakareatanga ake o te Māori i tēnā o tauwi, ā, mō ngā mate pukupuku whare tangata, e 84%, mō ngā mate pukupuku o te ū, e 38% te whakareatanga ake, mō ngā mate pukupuku o ngā te kōpiro nui, e 41% te itinga iho i tēnā o tauwi.



Ko te whānuitanga o te arotake ū mō ngā wāhine Māori kei te 45–69 tau i eke ki te 57%, hei whakarite ki te 70% o ngā wāhine tauwi i te mutunga o te tau 2014. Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 62% i roto i te 3 tau, ā, e 78% i roto i te rima tau (hei whakarite ki te 83% me te 97% mō ēnei reanga o tauwi).

Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā wāhine Māori ko ngā mate pukupuku o ngā pūkahukahu, o te ū, o te whare tangata, me te puku. He tino teitei kē ake te mate rawa nā te pānga e ia momo mate pukupuku mō ngā wāhine Māori tēnā i a tauwi.



Ko te mate pukupuku o ngā pūkahukahu, o te repe tātea, o te kōpiro nui, me te ate ngā mate pukupuku i kitea nūtia i waenga i ngā tāne Māori o Te Moana-a-Toi. Tekau whakareatanga ake te pāpātanga rēhita mō te mate pukupuku ate mō te tāne Māori, tēnā i ngā tāne tauwi, ā, e 4 whakareatanga ake mō te mate pukupuku o ngā pūkahukahu, ā, e 40% te itinga iho o te pāpātanga mō te mate pukupuku o te kōpiro nui mō te tāne Māori.



Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā tāne Māori ko ngā mate pukupuku o ngā pūkahukahu, o te ate, o te repe tātea, te puku, me te kōpiro nui. He teitei kē ake te mate rawa nā te pānga e ngā mate pukupuku ate, pūkahukahu, puku hoki mō ngā tāne Māori tēnā i a tauwi.



Ngā māuiui o te hinengaro

E 55% te whakareatanga ake te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i ngā tau 2011–13, tēnā i a tauwi. Ko te mate i kitea nūtia ko te wairua tuakoi, ko te tuarua, ko ngā māuiui whakapōuri.



Te mate rangatira (koute)

I te tau 2011, tōna 8% te pānga o te mate rangatira i waenga i te hunga Māori o Te Moana-a-Toi, tata ki te rua whakareatanga ake i tō tauwi hei whakarite ki tōna 4.2%.



Kei raro iti iho i te 40% o te hunga Māori kua pāngia e te mate rangatira i whiwhi i te allopurinol, he rongoā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, e 36% noa iho i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri.

I roto i ngā tau 2011–13, e 6.5 te whakareatanga ake o te pāpātanga whakauru ki te hōhipera mō te Māori tēnā i a tauwi, e mōhioia ai he maha ake ngā kakānga mamae mō te Māori.

NGĀ REANGA KATOĀ ALL AGES

Ngā whakaurunga hōhipera

E 17% te teitei ake o te pāpātanga whakaurunga ki te hōhipera, nā ngā pūtaka katoa o te mate, mō te Māori, tēnā i a tauwiwi, i roto i ngā tau 2011–13.

Āhua 3,400 ngā whakaurunga mō te Māori ki te hōhipera ia tau he whakaurunga ka taea te kaupare i mua, ā, e 40% te teitei ake o te pāpātanga i tēnā o tauwiwi. E 62% te whakareatanga ake o te pāpātanga ASH mō te iwi Māori, arā, neke nui atu i te 2,000 whakaurunga i te tau.



Te mate rawa

E 2.3 whakareatanga ake te pāpātanga o te mate rawa, nā ngā pūtaka katoa o te mate, ki te tangata Māori i roto i Te Moana-a-Toi, i roto i ngā tau 2008–12, i a tauwiwi.



Ko ngā takenga o te mate rawa mō ngā wāhine Māori ko te mate manawa pāpunitanga toto, te mate pukupuku o ngā pūkahukahu, te mate pāpuni pūkahukahu, te ikura roro, me te matehuka. Ko ngā takenga matua mō ngā tāne Māori ko te mate manawa pāpunitanga toto, ngā aituā, te mate pukupuku o ngā pūkahukahu, te matehuka me te whakamomori.

E 2.8 te whakareatanga ake o ngā matenga kua āhei pea te kaupare, kua āhei hoki te taurima, mō te Māori, i tō tauwiwi i Te Moana-a-Toi i roto i ngā tau 2007–11.

Ngā wharanga

E 24% te teitei ake o te pāpātanga whakaurunga ki te hōhipera nā te aituā te take, mō te Māori, tēnā i a tauwiwi.

Ko ngā take matua mō ngā wharanga i whakaurua ai he tangata ki te hōhipera ko ngā takanga, ngā whakararu o te tiaki i muri i te haere ki te tākuta, i te poka tinana rānei, te tukungā e ngā mīhini, ngā aituā waka, me ngā patunga e te tangata kē.



Ina whakaritea ki a tauwiwi, e 4.2 te pikinga ake o te pāpātanga o te whakauru o te wahine Māori ki te hōhipera nā te patunga e te tangata kē, tēnā i ngā wāhine tauwiwi, ā, e 2.6 te pikinga ake mō ngā tāne Māori i a tauwiwi. He teitei kē atu ngā pāpātanga mō te whakaurunga mō ngā tāne tēnā i ngā wāhine.

E rua whakareatanga ake te pāpātanga o te matenga rawa i ngā wharanga mō te Māori, tēnā i a tauwiwi i Te Moana-a-Toi, ā, he teitei kē atu mō te tāne tēnā i te wahine.

Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia e 76.7 ngā tau e ora ai te wahine Māori o Te Rohe o Te Moana-a-Toi, (e 7.8 ngā tau i raro iho i ngā wāhine tauwiwi), ā, e 72.3 tau mō ngā tāne Māori (e 8.4 ngā tau i raro iho i ngā tāne tauwiwi).

He mea whāngai ki te pūtea e Te Kete Hauora, te Manatū Hauora.

Te huri ki te reo Māori nā Piripi Walker, Tokomapuna Māori Language Services. Te taurira rei puta nā Graham Tipene. Ngā whakaahua nā Aki Design. Hoahoa e Matthew Bartlett. Whakamārama pikitia: Mount Maunganui, e Robert Engberg.

Me pēnei te whakahua i tēnei pūka: Robson B, Purdie G, Simmonds S, Waa A, Rameka R, Andrewes J. 2016. *Tiro Whānui: Tirohanga Hauora mō Te Hauora a Toi 2015*. Pōneke: Te Rōpū Rangahau Hauora a Eru Pōmare, Te Whare Wānanga o Otago.

ISBN 978-0-9941320-1-7

