

Do you know...

about the Hauora Māori curriculum within the Otago medical degree?



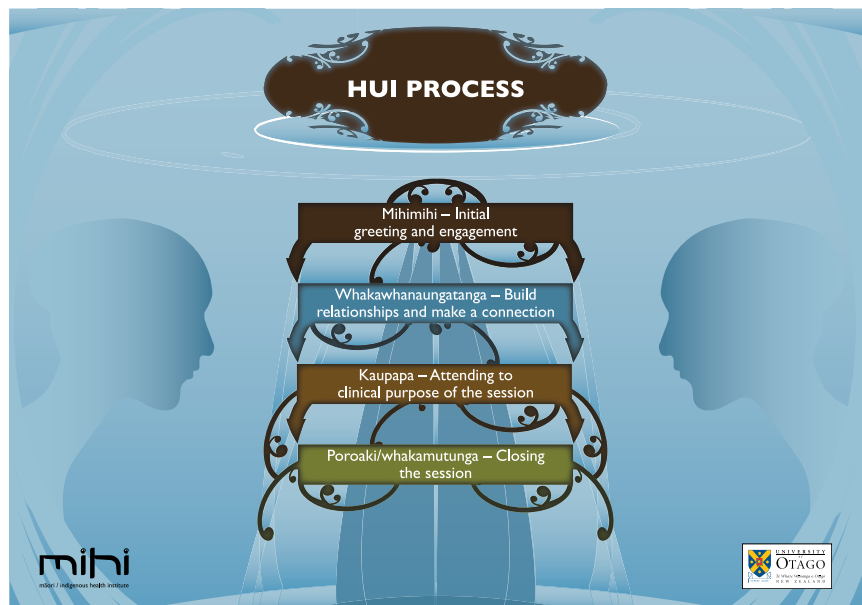
The Otago Medical School formally acknowledges the Treaty of Waitangi through its commitment to ensuring Māori health is integrated throughout the curriculum and has a focus on Māori health gains and addressing current health inequities.

OMS MB ChB Curriculum Master Plan, Nov 2015

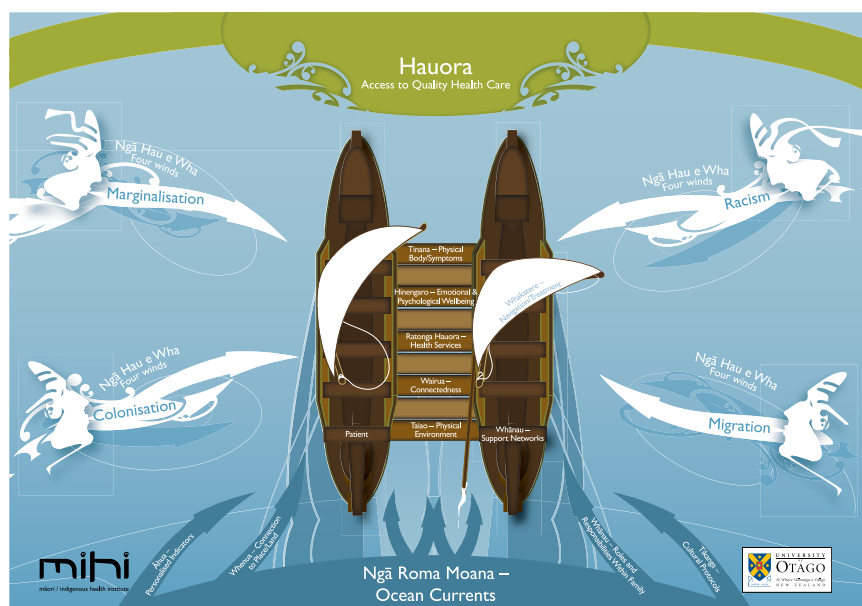
Otago Medical School's **Hauora Māori** curriculum is underpinned by Māori health models such as the Hui Process and Meihana Model. These health models are used in conjunction with consultation models to support students and clinicians as they engage with Māori patients / whanau, to improve the quality of history taking, clinical procedures, diagnosis, and management plans. This DYK briefly outlines the Hauora Māori curriculum at the OMS.

What are the Hui Process and Meihana Model?

The Hui Process describes ways to improve the doctor-patient relationship with Māori. It includes mihimihi (initial greeting), whakawhānaungatanga (making connections), kaupapa (attending to the purpose of the visit), and poroaki / whakamutunga (ending the session) (Lacey et al., 2011).



The **Meihana Model** describes how to use the kaupapa (purpose of the visit) to extend history taking to reach a broader understanding of Māori patients' presentations. It has been specifically designed to be used by both non-Māori and Māori health practitioners (Pitama et al., 2014).



How do medical students learn about Hauora Māori?

The Hauora Māori vertical module is delivered throughout the medical degree to equip students with a basic set of skills to engage with Māori patients in meaningful ways that support equity in health outcomes.

All medical students are provided with *The OMS Clinical Guide to using the Hui Process and Meihana Model* which helps students include Hauora Māori in their clinical practice.

Students will seek opportunities to meet Māori patients while assigned to your clinical team/practice, where they will apply the Hui Process and Meihana Model in their interviews with Māori patients/whānau. Some of these interviews will form the basis of their short cases or case presentations within the Hauora Māori vertical module.

How can staff help students learn about Hauora Māori?

Become familiar with the *Hauora Māori Curriculum Document* that outlines the full Hauora Māori curriculum and provide you with useful resources on how to integrate this curriculum within your clinical teaching. It includes the link to a Moodle site that will further support your understanding and familiarity with the Hauora Māori curriculum.

Your learning environment can support students to use te reo and their Hauora Māori competencies by role modelling these behaviours and reinforcing them within your own practice (Pitama et al., 2011). This will facilitate the ongoing exposure of these competencies to students within the learning environment.

FURTHER READING

Jones, R., Pitama, S., Huria, T., Poole, P., McKimm, J., Pinnock, R., & Reid, P. (2010). Medical education to improve Māori health. *New Zealand Medical Journal*, 123(1316), 113-122.

Lacey, C., Huria, T., Beckert, L., Gilles, M., & Pitama, S. (2011). The Hui Process: a framework to enhance the doctor-patient relationship with Māori. *New Zealand Medical Journal*, 124(1347), 72-78.

Pitama, S., Huria, T., & Lacey, C. (2014). Improving Māori health through clinical assessment: Waikare o te Waka o Meihana. *New Zealand Medical Journal*, 127(1393), 107-119.

Pitama, S., Ahuriri-Driscoll, A., Huria, T., Lacey, C., Robertson, P. (2011). The value of Te Reo in primary health care. *Journal of Primary Health Care*, 3(2), 123-127.

The medical programme's Hauora Māori webpage includes the *Hauora Māori Curriculum Document*, further information on how Hauora Māori is integrated into the Otago curriculum, and contact information for the departments at each site.

<https://www.otago.ac.nz/medicine/hauora-maori/index.html>



For further information and assistance, contact your local education or clinical education adviser:

[otago.ac.nz/medicine/staff/support](https://www.otago.ac.nz/medicine/staff/support)

The DYK series is produced by the Otago Medical School Education Development and Staff Support Unit. Information contained is as up-to-date as possible; we post new information on the website:

[otago.ac.nz/medicine/staff/resources](https://www.otago.ac.nz/medicine/staff/resources)

Do you know ...

DYK 19

JANUARY 2020