

Mothers and Babies Service, CDHB, University of Otago,  
Christchurch and PND Canterbury  
in recognition of World Maternal Mental Health Day

# Maternal & Infant

## Mental Health Conference

Tuesday 2 and Wednesday 3 May 2017

Rolleston Lecture Theatre | Ground Floor | Christchurch  
School of Medicine Christchurch Hospital



### DAY 1 | May 2, 2017 | 9am–5pm

9am – 9.30am Welcome and Mihi (Liz Macdonald)  
9.30am – 10.30am NAI (Clare Doocey, Paediatrician)  
10.30am – 11am Prescribing SSRIs  
(Roz Hutton, Pharmacist)  
**11am – 11.15am Morning Tea**  
(light refreshments provided)  
11.15am – 12.15pm Reflective Functioning  
(Tania Wright, Psychiatrist)  
12.15pm – 12.30pm Reflective Functioning in an IPT Group  
(Sue Luty, Psychiatrist)  
**12.30pm – 1.30pm Lunch** (This will give you plenty of time  
to take advantage of the local eateries  
within the University/Hospital campus or  
its immediate surrounds).  
1.30pm – 2.15pm Cultural Issues  
(Cheok Chow, Psychiatric Registrar)  
2.15pm – 3pm Sleep (Mark Huthwaite, Psychiatrist)  
**3pm – 3.30pm Afternoon Tea**  
3.30pm to finish Play – Scene Reading from a tale of  
Post natal Depression (Liz Breslin)

### DAY 2 | May 3, 2017 | 9.30am–3pm

9.30am – 9.40am A Mother's Story  
9.40am – 10.10am PPAIRS and Circle of Security (Claire Kelly)  
10.10am – 10.20am A Mother's Story  
10.20am – 10.50am PND/PADA  
10.50am – 11am A Mother's Story  
**11am – 11.30am Morning Tea**  
(light refreshments provided)  
11.30am – 12.30pm Play Reading (Liz Breslin)  
**12.30pm – 1.20pm Lunch** (This will give you time to take  
advantage of the eateries within the  
University/Hospital campus).  
1.20pm – 1.30pm A Mother's Story  
1.30pm – 2.15pm ACT (Kathryn Whitehead, Clinical Psychologist)  
2.15pm – 3pm Breastfeeding and Attachment  
(Carole Bartle)  
3.00pm Acknowledgements and Closing



CHRISTCHURCH