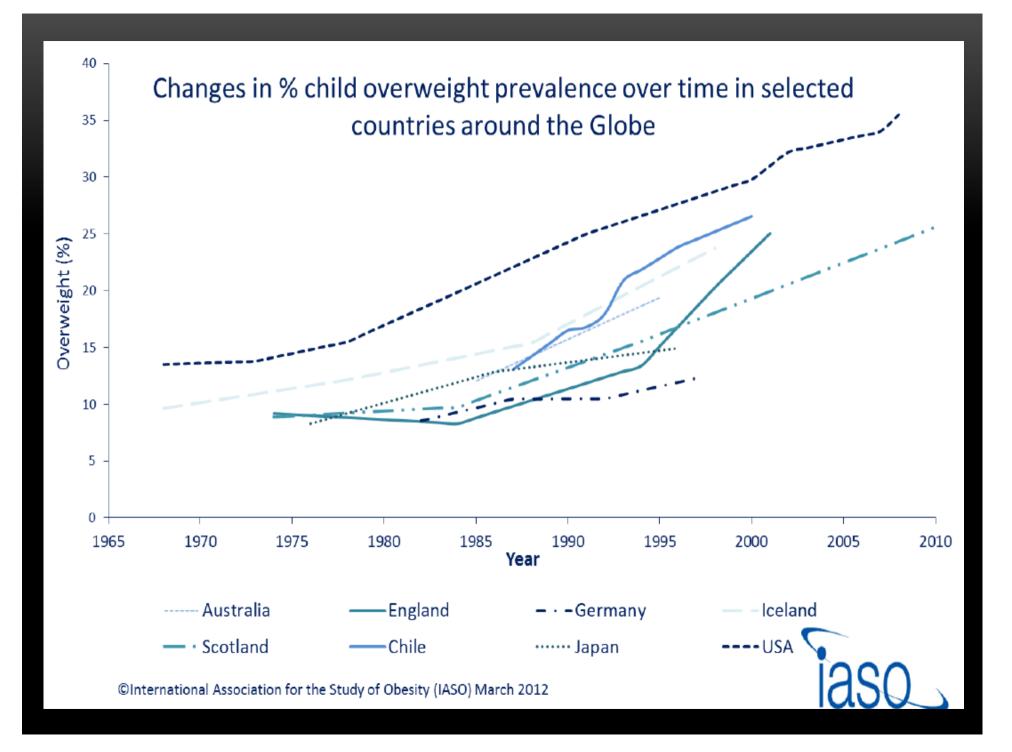
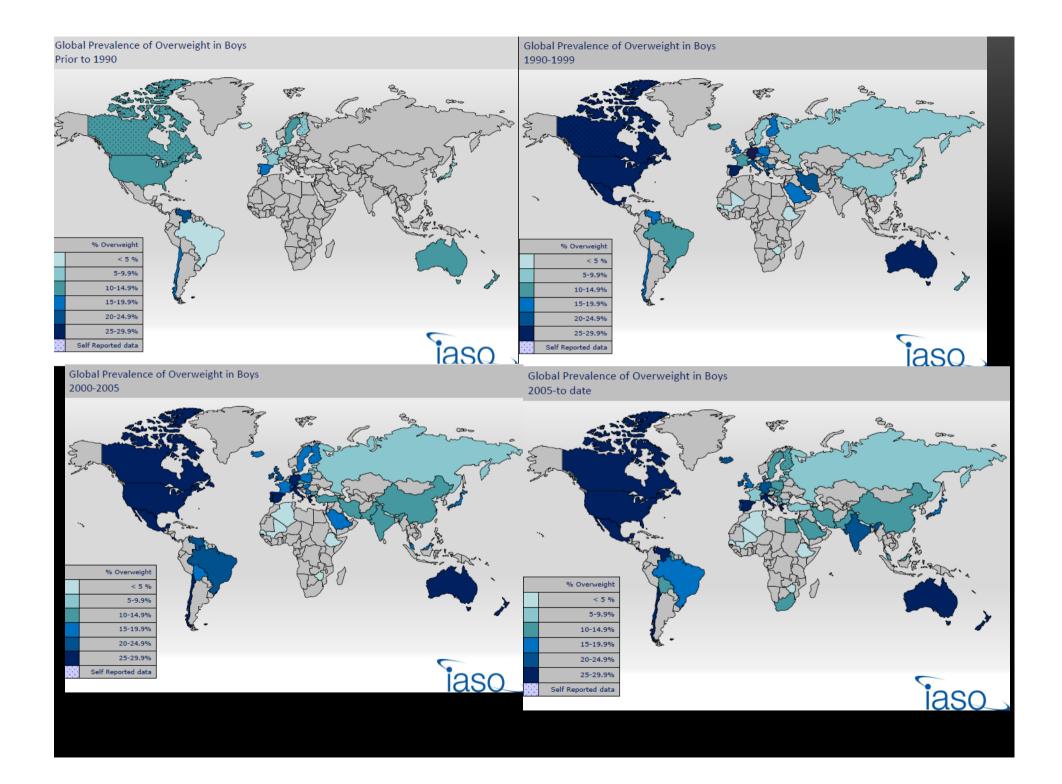
## WHAT IS THE SIZE OF THE PROBLEM?

# Preschool over-weight

Barry Taylor, Professor of Paediatrics and Child Health, Dunedin School of Medicine



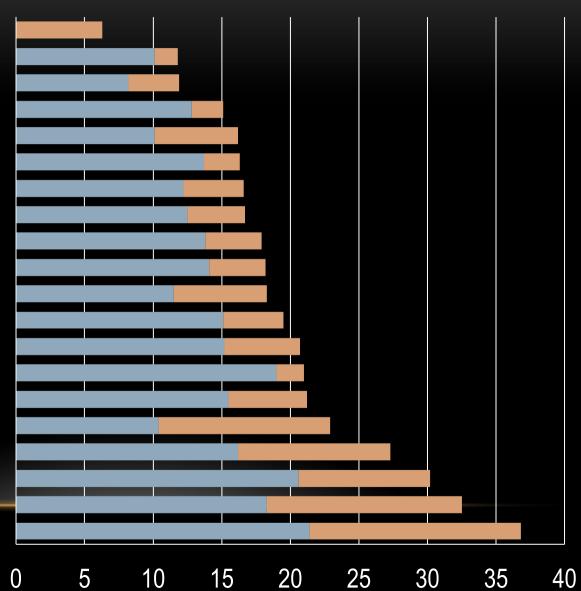




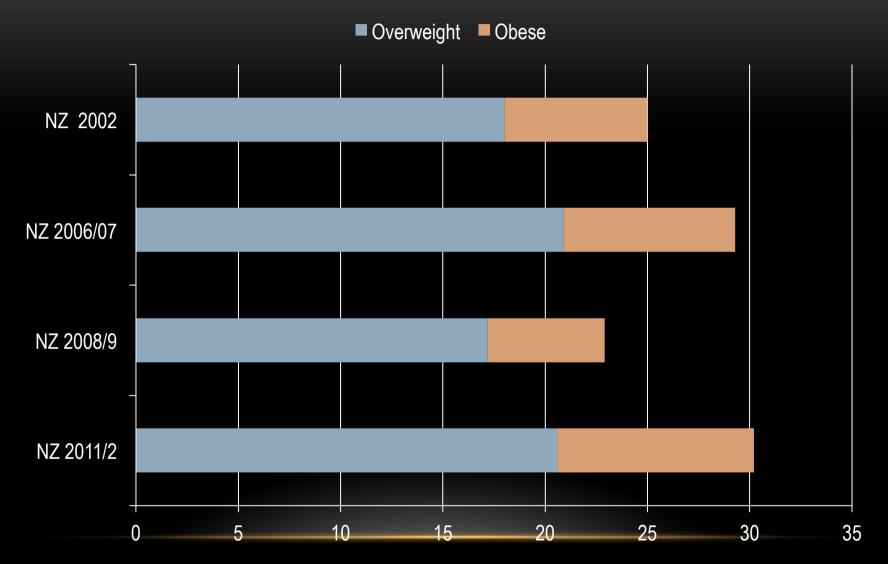
#### International Comparisons Pre-school child Overweight status using IOTF cut points

Overweight Obese

Japan, 2007; 5-6 yrs Norway, 2003-6; 4-5 yrs Czech Republic, 2001; 4 yr Denmark, 2000-6, 4-6 yrs China, 2011; 5 yr Germany, 2008; 4-8 yrs Italy, 2011; 5-6 yr Mexico, 2006, 2-4 yr France, 2006-7; 4 yr Austria, 2007; 3-6 yr Canada, 2008; 4-6 yr UK - Scotland; 2003; 4 yr Australia, 2006; 4-5 yr UK -N Ireland, 2001-2; 4 yr UK - England, 2001-2; 4 yr Poland, 200;4 yr Greece, 2003-4; 4yr NZ Health Survey, 2011-12; 2-5 yr Spain, 2003-6; 4-5 yr Vietnam, 2002-5; 4-5 yr



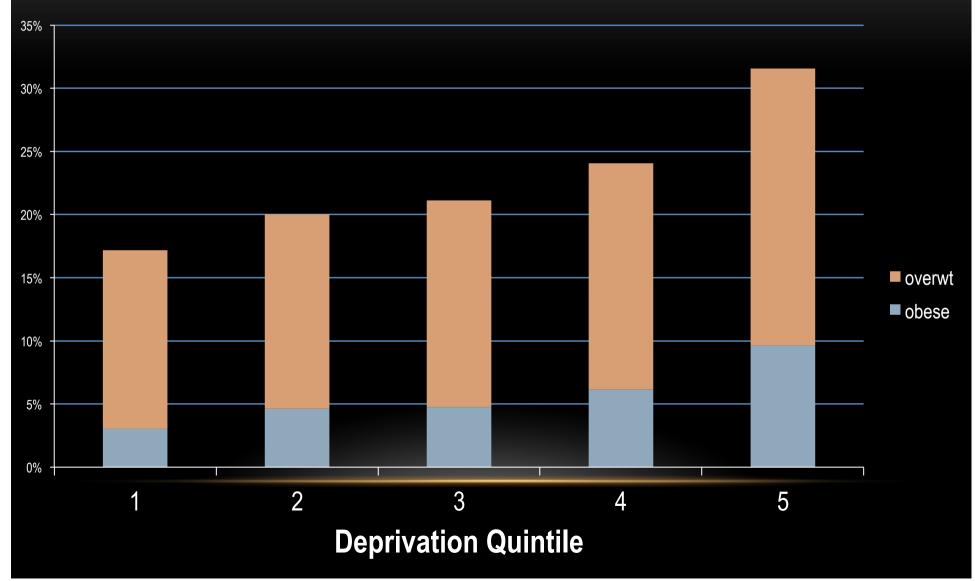
#### NZ Preschool children IOTF cut points



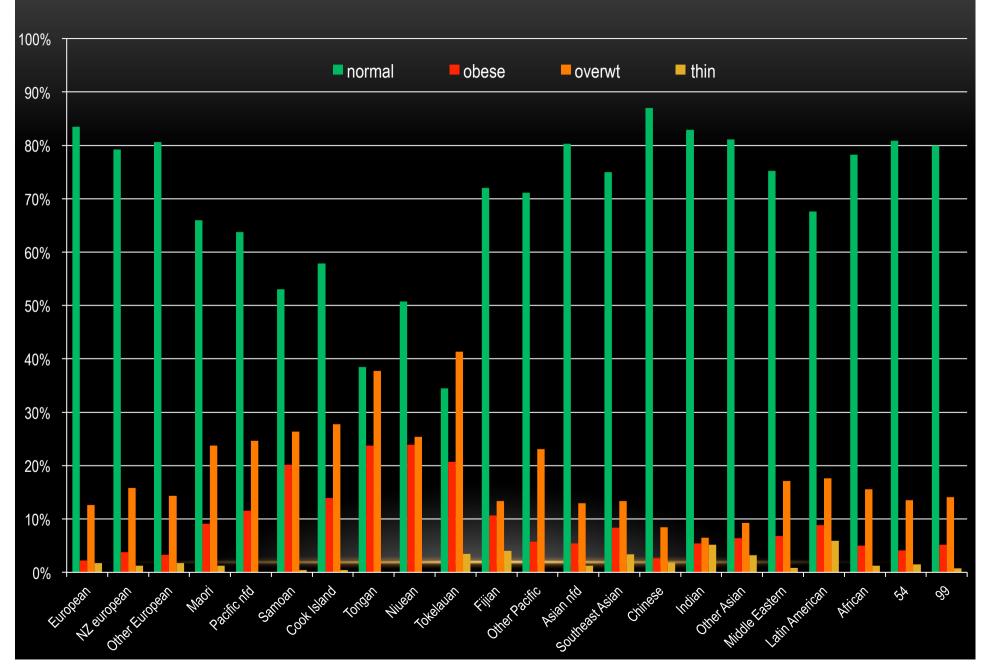
### WHAT ABOUT OUR B4SCHOOL CHECK SYSTEM?

- 4 years of data now available
- >250,000 children measured!
- Some analysis of the first 18 months of data are presented as a teaser!

#### OVERWT AND OBESE BY DEP QUINTILE



#### ETHNICITY BY BMI STATUS



### CONSEQUENCES

- Likely to stay overweight or increase (60%)
- Longer duration of overweight increases risk of cardiovascular disease
- Teasing at school
- Diabetes
- Obstructive sleep apnoea
- Joint problems

# IS IT AN ISSUE OF CONCERN? YES!

- Treatment or
- Prevention
  - or
- Both?