



Friday 20 September, 2019
 Nordmeyer Lecture Theatre, Wellington

9.00am **Mihi whakatau:**
 Toa Waaka (Rautaki Hononga Māori, University of Otago)

9.10am **Welcome and opening remarks:**
 Eion Edgar (EDOR advisory board chair)
 Rachael Taylor (EDOR Director)
150 years of contribution from the University of Otago

History of food and disease in the Pacific – the evidence
 Chair: Riz Firestone (Massey University)

9.20am **Speaker:** Nia Aitaoto (University of Utah Health)
Weaving evidence-based nutrition interventions to complement Pacific Islanders' everyday life rhythm

9.50am **Speaker:** Helen Leach (University of Otago)
The phenomena of supersizing and enrichment as revealed in recipes

10.20am **Speaker:** Merlin Thomas (Monash University)
Metabolic karma: understanding the lasting legacy of our diet

10.50am Morning tea

Translating nutrition evidence: what does the science tell us?
 Chair: Lisa Te Morenga (Victoria University of Wellington)

11.10am **Speaker:** Jim Mann (University of Otago)
Clarifying the minefield of ever-changing "nutrition advice"

11.40pm **Speaker:** Nick Wareham (University of Cambridge)
Creating the evidence base for nutritional public health interventions: time for a new paradigm.

12.10pm **Speaker:** Hugh Campbell (University of Otago)
Crossing disciplinary divides: the challenge of collaboration between nutrition and environmental sustainability

12.40pm Lunch

Translating nutrition evidence: from evidence to everyday life

Chair: Karen Brown (Radio NZ)

- 1.40pm **Speaker:** Sarah Boseley (The Guardian)
The role of media in translating nutrition evidence
- Speaker:** Niki Bezzant (Food and nutrition writer)
Truth in an Instagram world: Science, pseudoscience and social
- 2.15pm **Speaker:** Grant Robertson (Minister of Finance)
How do and should governments respond to research evidence?
- 2.45pm **Speaker:** Matire Harwood (University of Auckland)
Supporting communities with nutrition advice

3.15pm Afternoon tea

The cost of food – a panel discussion

Chair: Kim Hill (Radio NZ)

- 3.35pm **Panel member:** Sally Mackay (University of Auckland)
Is healthy food really more expensive?
- Panel member:** Deborah Manning (KiwiHarvest)
The societal value created in redistributing unsold food to people in need
- Panel member:** Hugh Campbell (University of Otago)
The cost of sustainable diets
- Panel member:** Matire Harwood (University of Auckland)
The real cost of food in the community
- 4.50pm **Closing remarks:**
- Dave Grattan (University of Otago)