



# RONGOĀ (MEDICINE) REVIEW

A meeting with a doctor, nurse or pharmacist to talk about and review the medicines you are taking  
It is really helpful for whānau who are taking a lot of medicines

## WHY?

Things can change from when you were first prescribed a medicine

You might have a new health condition, lost or gained weight, or developed a side effect

You might want to be reminded what each medicine is for and how to take it

## PREPARE

Ask for the pamphlet 'Tips for your Rongoā Review'

Bring all your medicines to your appointment

Bring your pātai (questions) about your medicines

Talk about any changes in how you are feeling

Feel free to bring one of your whānau or a support person

