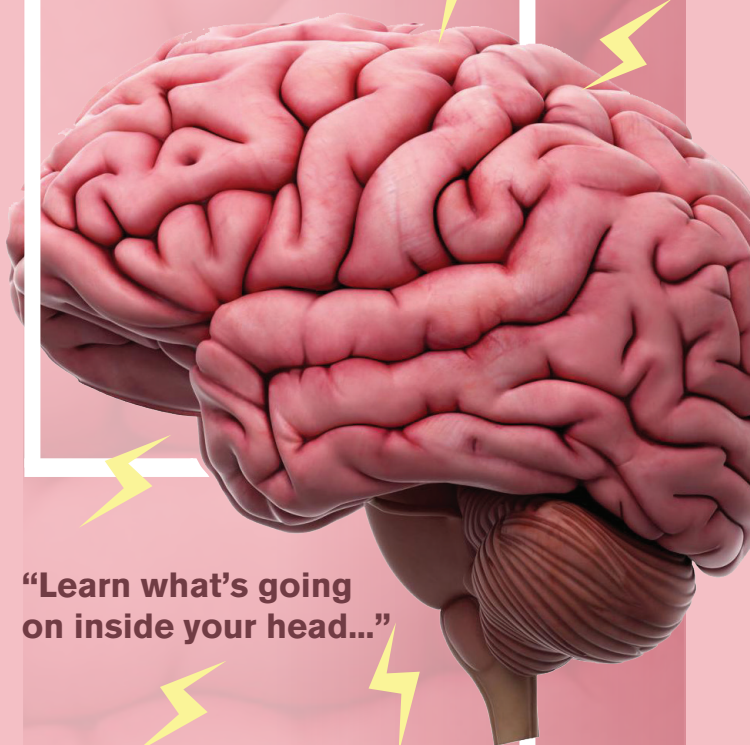


# BRAIN AWARENESS WEEK 2019

11-17 March



“Learn what’s going  
on inside your head...”

## Otago Museum

419 Great King Street, Dunedin  
Ph 03 474 7474

[www.otagomuseum.nz](http://www.otagomuseum.nz)



# BRAIN AWARENESS WEEK

2019

## Neuroplasticity

5.30pm, 11 March

Your Brain's Ability to Learn and Adapt to Change by Reorganising Itself.  
Otago Museum

- Professor John Rostas, University of Newcastle, Australia, and Brain Research New Zealand board member explains how the brain's capacity for reorganisation – neuroplasticity – persists in the adult brain and is responsible for our continued ability to learn and our capacity to compensate for recovery from brain injury.

## History of Your Brain

5.45pm, 12 & 13 March

Complimentary tea and coffee from 5.30pm  
Otago Museum

- The human brain begins forming just 16 days after conception, but in many ways, brain development is a lifelong project. In these two evening talks, our speakers look at how the brain develops from a single cell into the command centre for the whole body. They'll discuss important windows in development, and the many factors that shape and influence brains on the journey to adulthood.

## Brains in the Octagon

11am–2pm, 14 March

Upper Octagon

- Our brains are ourselves, but how often do we think about them? Members of local neurological community groups and Brain Health Research Centre researchers will be in the Octagon with the giant inflatable brain happy to answer questions or have a brain related chat.

## Dunedin Brain Day

10am–4pm, 16 March

Otago Museum

- The Neurological Foundation presents this all-day event in collaboration with the Brain Health Research Centre and Otago Museum.

10am–4pm, Supersize Your Brain.

10am, Homing In on a Treatment for a Childhood Brain Disease.

11am, Treatments for Parkinson's Disease.

1pm, From Demons and Exorcism to Gene Mutations and Targeted Therapy.

2pm, Big Data Helping Small Babies.

## Taking Responsibility for Your Ageing

12pm–5pm, 17 March

Otago Museum



CARE

Collaboration For Ageing Research Excellence

Te Taki Rangahau Pēperekou  
A UNIVERSITY OF OTAGO RESEARCH THEME

- CARE Collaboration of Ageing Research Excellence's Senior Brain Day

12pm, complimentary light lunch, courtesy of CARE.

1pm, screening of the 2017 bank heist movie, *Going In Style*, starring Michael Caine, Morgan Freeman and Alan Arkin. Rating M (offensive language).

Following the film, Associate Professor and Psychogeriatrician Yoram Barak will lead a discussion about the themes in the movie and the ways people can take responsibility for their own ageing.

3pm, afternoon tea, courtesy of CARE.

3.30pm, Taking Responsibility For Your Own Ageing. Psychogeriatrician Dr Gary Cheung explains how you can take responsibility for a successful and healthy future.

4.20pm, performance by the Otago Neuro Choir and singalong led by choir leader Clare Adams.



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