

Hilary Brown

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Employment Goals

At this stage in my physiotherapy career, I aim to use the knowledge accrued during my physiotherapy training to gain experience in a wide range of physiotherapy areas. Ultimately, I aim to own my own practice providing rehabilitation therapy.

Education Profile

Bachelor of Physiotherapy University of Otago, Dunedin 2007-2010

NCEA Level 3 William s High School, Masterton 2002-2006

- Physics, Chemistry, Biology, Calculus, English

Relevant Skills

Time Management

- My placement supervisors comment on my organisational skills, my efficiency with patients and my ability to manage my workload efficiently.
- I have successfully balanced study, part time work, and extracurricular activities throughout high school and university.

Communication skills

- I am able to empathize with my patients while delivering appropriate and effective treatment, and believe a good rapport with patients is essential to good physiotherapy practice.
- I received very positive feedback from my patients during my placement year.
- Refined my ability to communicate with customers and deal with problems that may arise in my previous employment positions at Briscoes and McDonalds.

Teamwork and Leadership

- I understand the importance of team work. As a physiotherapist, I strive to provide and seek support from my peers when needed.
- Demonstrated the ability to work effectively as part of a team and to act as team leader in previous employment positions at Briscoes and McDonalds.
- In 2006 I was involved in a two person team in charge of preparing and training the staff to open a new McDonalds Restaurant in Featherston.

Cultural Sensitivity

- My natural ability to empathize and relate to people from various backgrounds has been developed further in customer service positions throughout my work history.
- My international travel experiences have taught me how to respond to the needs of different cultural identities.

Employment History

Volunteer Experience

- Neuro-rehabilitation Inpatients Whitechapel Hospital Feb-Mar 2010
- Worked as part of an interdisciplinary team to provide rehabilitation for patients with acute strokes and non-acute strokes, encourage community reintegration and optimise functions.
 - Instructed exercise classes

- Women's Health Outpatients Wellington Hospital Mar-May 2010
- Observing and instructing hydrotherapy pool classes for pregnant women
 - Treating obstetric patients
 - Group classes with patients experiencing back pain during pregnancy, or prolapses

- Cardiothoracic Inpatients Nelson Hospital May-Jul 2010
- Treating patients post heart or lung surgery
 - Treating medical patients with chronic conditions
 - Observed a Coronary Artery Bypass Graft (CABG) in theatre

- Musculoskeletal Outpatients Christchurch Public Hospital Jul-Sep 2010
- Built up a caseload of patients and independently assessed, treated and progressed as appropriate.
 - Undertook discharge planning

- Research Sep-Oct 2010
- Worked closely in a team of three over six weeks to produce a paper on "Physical Rehabilitation after Childbirth"
 - Supervisor: Muriel Bagley

Paid Employment

- Crew Member McDonald's Levin 2010
- Supervising other employees
 - Involved in decision making
 - Cleaning equipment
 - Food Handling and safety, and food preparation
 - Cash handling
 - Team Work
 - Communicating with customers and dealing with problems that may arise

- Checkout operator New World, Masterton Nov 2009-Jan 2010
- Checkout – cash handling and customer communication
 - Grocery – retrieving groceries and stocking shelves
 - Produce – wrapping and weighing fruit and vegetables in preparation for the shelves

- Retail Assistant Briscoes, Featherston 2003-2006
- Cash handling
 - Customer service
 - Merchandising and stock management

Professional development

- Full New Zealand driver's licence (including advanced driving course)
- New Zealand Sports Medic Certificate
- Comprehensive First Aid Certificate Course
- One year experience as sports medic for a rugby team
- Food Safety Certificate

Interests

I like to challenge myself and vent stress by tramping, taking part in team sports, running, endurance swimming and knitting.

I relax and unwind in my down-time by enjoying the company of friends and family, and I express myself through oil painting and collage.

Referees

John Harkness
Cardiothoracic Supervisor
Ward 4, Dannevirke Hospital
Em ail: johnh@gmail.com

Jessica Simpson
Manager
Briscoes
8 Main Road, Featherston
(04) 347 49264

Sarah Stephens
Women's Health Supervisor
Outpatients, Wellington Hospital
Em ail: sarah@wilde.net.nz

Daniel Jacobs
Manager
McDonalds Restaurant
Levin
(06) 342 2564
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