



WAIRARAPA DISTRICT HEALTH BOARD TE POARI HAUORA A-ROHE O WAIRARAPA

Tirohanga Hauora 2015



Te taupori *Population*

I te tau 2013, e 7,010 ngā Māori i te noho i te takiwā o te Poari Hauora o Wairarapa, 17% tēnei o te taupori tōpū o te Takiwā. Rua tekau mā iwa o ngā taiohi o te takiwā i raro i te 15 tau, he Māori, waihoki, e 28% o ngā taiohi o te takiwā mai i te 15–24 te pakeke, he Māori.



He āhua taitamariki te taupori o Wairarapa, engari he maha ngā tohu kei te kaumātua haere. I te tau 2013, ko te tau waenga o te pakeke, 24 tau.



Tērā e piki te tokomaha o ngā Māori e 65 tau te pakeke, piki ake, mā te 38% i waenga i te tau 2013 me te tau 2020.



Whānau ora *Healthy families*

Ka whakaaturia ngā raraunga o Te Kupenga mō ngā Poari Hauora Tōpū o Wairarapa me Te Awakairangi: I te tau 2013, ka whakahoki kōrero mai te nuinga o ngāi Māori o Wairarapa me Te Awakairangi (80%) he pai te noho o to rātou whānau, engari e 7% i kī, kāore i te pai te noho o to rātou whānau. Tērā te ōrau iti (7%) i kī he uaua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (76%) he ngāwari noa.



He mea nui kia whai wāhi ki te ahurea Māori mō te 76% o ngā pakeke Māori, waihoki te taha wairua (66%).

Tata ki te katoa (98%) o te hunga Māori o Wairarapa me Te Awakairangi kua tae atu ki tētahi marae i tētahi wā. Kua tae te nuinga (68%) ki ō rātou marae ake, me te kī a te 76%, ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



Tekau mā tahi ōrau kua tae ki te tohunga Māori, ki te kairomiromi rānei i roto i te 12 marama ka hipa ake nei.

Kotahi i roto i te ono (17%) o ngāi Māori o Wairarapa i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori, i te tau 2013.



He whakarāpopototanga tēnei puka i tētahi Tirohanga Hauora mō te Poari Hauora o Wairarapa 2015, i whakaputaina i te marama o Oketopa 2015 e Te Rōpū Rangahau Hauora a Erū Pōmare, Te Whare Wānanga o Ōtago, Pōneke. Ka kitea te pūrongo katoa me ngā ripanga raraunga Excel i te taha i www.otago.ac.nz/MHP2015.

Wai ora *Healthy environments*

Te mātauranga

E 96% o ngā tamariki Māori o Wairarapa i tīmata te kura i te tau 2013 kua whai wāhi ki ngā akoranga kōhungahunga.



I te tau 2013, e 45% o ngā pakeke Māori kei runga ake i te 18 tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he nui kē atu tēnei i 2006 (37%). E 63% o tauwiwi i whiwhi ki tēnei taumata tiwhikete.

Te mahi

I te tau 2013, e 11% o ngā pakeke Māori 15 neke atu rānei ngā tau, he kore mahi, hei whakarite ki te 6% mō tauwiwi.



Mahi aroha ai te nuinga o ngā pakeke Māori i Wairarapa (90%) i ētahi wā.



I te tau 2013, e 87% te whakareatanga ake o te hunga Māori noho i te kāinga, e tiaki ana i te hunga hauā, i te hunga māuiui rānei i ō rātou whare, tēnā i a tauwiwi. E 44% te whakareatanga ake o te hunga Māori tiaki i te tangata i waho atu i te kāinga, kāore he utu, tēnā i a tauwiwi.

Te whiwhinga moni me te taumata o te noho

I te tau 2013, nui iti ake i te kotahi i roto i te toru tamariki i ngā kāinga Māori, waihoki ngā pakeke i roto i te rima, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu, o roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakapekatanga ā-pakeke aua moni (i raro i te \$15,172), otiia hei whakaritenga, kei raro iti iho i te kotahi tamaiti i roto i te rima ki ētahi atu kāinga ehara i te kāinga Māori, kotahi pakeke hoki i roto i te tokoono, i te rohe o Wairarapa.



I te tau 2013, 16% o ngā pakeke Māori i Wairarapa me Te Awakairangi ka whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, 7% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, 16% kua whakakore, kua whakatārewa rānei i te haerenga ki te tākuta i roto i te 12 marama ka hipa.



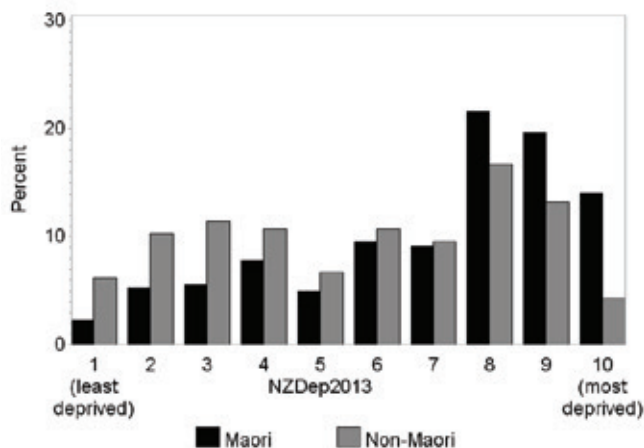
I te tau 2013, e 9% o ngā tāngata o ngā kāinga Māori kāore i whai wāhi ki tētahi motokā i Wairarapa, hei whakarite ki te 4% o tauwiwi.

He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori o Wairarapa ki ngā mahi whakawhiti kōrero ā-waea, tēnā i te hunga noho i ngā kāinga ehara i te Māori: e 32% kāore kau he hononga ipurangi, e 26% kāore kau he waea, 13% kāore kau he waea pūkoro, ā, e 3% kāore i whai wāhi ki ētahi atu momo whakawhiti kōrero ā-waea.



Te rawakore ā-takiwā

Ina whakamahia te taupū NZDep2013 mō te noho rawakore o te rohe iti, e 65% o ngā Māori o Wairarapa i te noho i ngā tino rohe rawakore ā-rōpū ngahuru e whā, ā, ko te pāpātanga mō tauwiwi, he 44%. Tēnā ko tēnei 8% o ngāi Māori i te noho i ngā rōpū ngahuru e rua o runga kāore i tino rawakore, hei whakarite tēnei ki te 17% o tauwiwi.



Te whai whare

Ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i Wairarapa me Te Awakairangi i te tau 2013 ko te uua o te whakamahana whare (23%), te pākarukaru o te whare ake (17%), me te haumākū (16%).



Neke atu i te haurua o ngā tamariki i ngā kāinga Māori o Wairarapa e noho ana i te whare rēti i te tau 2013, ā, tata ki te rua whakareatanga tēnei i te ōrautanga o ngā tamariki i ētahi atu whare.

Ko ngā tāngata o Wairarapa e noho ana i te kāinga Māori, e toru whakareatanga ake te noho kei roto i ngā whare apiapi tēnā i te hunga o tauwiwi (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei) (14% ki te 5%).

Mauri ora *Healthy individuals*

PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori 186 ia tau, i ngā tau mai i te 2009–13, ā, e 53% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora o Wairarapa. E ono ōrau o ngā pēpi Māori me te 5% o ngā pēpi tauwiwi he māmā rawa te taumaha tinana i te whānautanga.



I te tau 2013, e 67% o ngā pēpi Māori i Wairarapa i whāngotehia nuitia i te 6 wiki.

E iwa i roto i te tekau o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke.



I te tau 2014, kua oti te 94% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, waihoki, e 97% hei te 24 marama.



I te tau 2013, kotahi haurua o ngā tamariki Māori o Wairarapa, e 5 te pakeke, me tētahi hauwhā o ngā tamariki tauwiwi, kua pāngia e te niho pirau. I te tau 8 o te kura, e toru ngā tamariki Māori i roto i te rima, ā, e rua i roto i te tokorima ngā tamariki tauwiwi kua pāngia e te niho pirau. E 65% te nuinga ake o ngā tamariki Māori i raro iho i te 15 tau i kawea ki te hōhipera mō ngā māuiui niho, māuiui pae niho hoki, i a tauwiwi.



I roto i ngā tau 2011–13, ko te toharite ia 17 ngā urunga hōhipera ia tau kia whakapiriria he pū taringa mō ngā tamariki Māori (e 79% te whakareatanga ake o te pāpātanga i ngā tamariki tauwiwi), ā, 10 ngā whakaurunga mō ngā pokenga kiri taumaha (e 2.4 te whakareatanga ake o te pāpātanga tēnā i ngā tamariki tauwiwi).



Te toharite ia, 142 ngā whakaurunga hōhipera o ngā tamariki Māori ia tau ka kīia he whakaurunga kua taea te kaupare mehemea he nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, e 52% te nuinga ake o te pāpātanga tēnā i tō tauwiwi.

Nui iti ake i te 100 ngā whakaurunga ki te hōhipera o ngā tamariki Māori ia tau ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika moata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, e 54% te nuinga ake o te pāpātanga tēnā i tō tauwiwi.



RANGATAHI *YOUNG ADULTS*

Kua tino kitea he hekenga iho o ngā taiohi Māori o Wairarapa e kai paipa ana i te 15–17 tau, ā, kua kore e rerekē te pāpātanga o te kai paipa mō ngāi Māori mai i 20–24 tau. I te tau 2013, e 48% o tēnei reanga kei te kai paipa ia rā, hei whakarite ki te 27% o tauwiwi.



Nō te taenga ki te marama o Hepetema 2014, e 57% o ngā kōtiro Māori 17 tau te pakeke, me te 77% o ngā kōtiro kua piki ki te 14 tau kua toru whāngaingia ki te kano ārai mate mō te tona kiri tangata (HPV). Ko te tino whānuitanga ko ngāi Māori 16 ngā tau, e 93%.



Te toharite ia, e iwa ngā Māori i waenga i te 15–24 tau i whakaurua ki te hōhipera ia tau mō te tūkinō ā-kiri i runga i te hiahia kia pērā, i roto i ngā tau 2011–13.



PAKEKE ADULTS

Iti iho i te haurua o ngā pakeke Māori i Wairarapa e ai ki ā rātou kōrero, he rawe tō rātou hauora, he tino pai rānei i te tau 2013, ā, nui iti ake i te hautoru i kī he pai tō rātou hauora. Kotahi i roto i te ono (17%) i kī, he āhua pai, kāore i pai rānei tōna hauora.



Kei te heke haere te iwi e kai paipa ana, engari neke atu i te rua whakareatanga atu te tokomaha o ngāi Māori (38%) e kai paipa ana, ina whakaritea ki a tauwiwi (19%) i te tau 2013.



Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, e 2.7 whakareatanga ake o te whakaurunga ki te hōhipera tēnā i a tauwiwi mō te mate pāpuni pūkahukahu (COPD) i roto i te tau 2007–11.



Neke atu i te rua whakareatanga ake te pāpātanga o ngā whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i ngā reanga katoa, otirā he tino pērā mō te tāne. Mō ngā tāne i waenga i 35–64 he 10.5 tonu te whakareatanga ake o te Māori tēnā i a tauwiwi.

10 whakareatanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwiwi.



Te mate huka

I te tau 2013, tōna 4% o ngāi Māori, me tōna 5% o tauwiwi kua pāngia e te mate huka. Haurua o te iwi Māori e 25 neke atu rānei te pakeke, kua pāngia e te mate huka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei, ā, e whā haurima kua pūputu te aroturuki i ō rātou huka ā-toto, ā, e rua hautoru kua pūputu te aroturuki mō te mate tākihi.



I ngā tau 2011–13, e 4 te whakareatanga o te maha o ngā porohanga o tētahi waewae o te hunga Māori kua pāngia e te mate huka, tēnā i a tauwiwi (te toharite, kotahi te Māori i te tau ka poroa he waewae).

Ngā māuiui o ngā iaia toto

I ngā tau 2011–13, e 49% te nuinga ake o ngā pakeke Māori i Wairarapa e 25 tau te pakeke, neke atu rānei, i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, i ngā pakeke tauwiwi, (tae atu ki ngā māuiui manawa me te ikura roro), he āhua 73 whakaurunga i te tau.



Tata ki te 57% te whakareatanga ake o te maha o ngāi Māori o Wairarapa i whakaurua ki te hōhipera mō te mate manawa taumaha, e 48% te whakareatanga ake o te whakaahua i ngā iaia, ā, he ōrite te whakahoutanga o ngā iaia, te homai rānei i ngā iaia manawa autaki me ngā rangitāmiro.

E 3 whakareatanga ake te whakaurunga atu ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwiwi.

He ōrite ngā whakaurunga mō te ikura roro mō te Māori me tauwiwi, ā, tokowhitu ngāi Māori i whakaurua ia tau.

Te toharite ia, kotahi te tangata Māori ia tau i whakaurua ki te hōhipera mō te mate rūmātiki manawa taumaha.

Ko ngāi Māori i raro iho i te 75 tau, e 3 te pikinga ake o te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwiwi, ko te toharite e ono ngā matenga rawatanga i waenga i te Māori i te tau.



PAKEKE ADULTS

(tonu)

Te mate pukupuku

Ina whakaritea ki a tauwi, e rua haurua te teiteinga ake o te pānga e te mate pukupuku mō ngā wāhine Māori, ā, nui iti ake i te rua whakareatanga ake mō ngā wāhine Māori o te mate rawa, nā te mate pukupuku te take. I waenga i ngā tāne o Wairarapa, he 49% te teiteinga ake o te pāpātanga e te mate pukupuku, mō te Māori, tēnā i a tauwi, ā, he ōrite te pāpātanga o te mate rawa nā te mate pukupuku.



Ko ngā mate pukupuku i rēhitatia nuitia i waenga i ngā wāhine Māori o Wairarapa i ngā tau 2008–12 ko ngā mate pukupuku o te ū, o ngā pūkahukahu, o ngā taihemahema, me te kōpiro nui. E whā whakareatanga ake te pānga e te mate pukupuku o ngā pūkahukahu, tēnā i a tauwi, ā, e 2.5 whakareatanga ake mō ngā mate pukupuku o ngā taihemahema.



Ko te whānuitanga o te arotake ū mō ngā wāhine Māori kei te 45–69 tau i eke ki te 66%, hei whakarite ki te 69% o ngā wāhine tauwi mō ngā tau e rua i mutu mai i Tihema 2014.

Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 69% i roto i te 3 tau, ā, e 86% i roto i te rima tau (hei whakarite ki te 76% me te 90% mō ēnei reanga o tauwi).

Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā wāhine Māori ko ngā mate pukupuku o ngā whēkau nakunaku me ngā ū, i ngā tau mai i 2007–11. Ko te pāpātanga o te mate rawa mō ēnei mate pukupuku e 3 whakareatanga ake i tō tauwi.



Ko te mate pukupuku o te kōpiro nui, o ngā pūkahukahu me te repe tātea ngā mate pukupuku i kitea nuitia i waenga i ngā tāne Māori o Wairarapa. E 2.5 te whakareatanga ake o te mate pukupuku o te kōpiro nui tēnā i ngā tāne tauwi, ā, e 3 whakareatanga ake mō te mate pukupuku pūkahukahu.



Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā tāne Māori, ko ngā mate pukupuku o ngā whēkau nakunaku, me ngā pūkahukahu.



Ngā māuiui o te hinengaro

E 63% te whakareatanga ake te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i te tau 2011–13, tēnā i a tauwi. Ko te mate i kitea nuitia ko ngā momo e pā ana ki te wairua tuakoi, ko te tuarua, ko ngā māuiui nā te kai tarukino te take. Ko te pāpātanga o ngā whakaurunga mō ngā mate wairua tuakoi, e 4.2 te whakareanga ake i tēnā o tauwi.



Te mate rangatira (koute)

I te tau 2011, tōna 6% te pānga o te mate rangatira i waenga i te hunga Māori o Wairarapa, he teitei kē ake i tō tauwi (4%).



I whiwhi te 39% o te hunga Māori kua pāngia e te mate rangatira ki te allopurinol, he rongoā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, e 25% noa iho i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri. Kei te āhua 38% o ngāi Māori i pāngia e te mate rangatira, i te whakamahi rongoā ehara i te pūtaiki, pēhi kakā hoki.

I roto i ngā tau 2011–13, e 3.6 te whakareatanga ake o te pāpātanga whakauru ki te hōhipera mō te Māori mō te mate rangatira, tēnā i a tauwi, e mōhiotia ai he maha ake ngā kakāngā mamae mō te Māori.

NGĀ REANGA KATOĀ ALL AGES

Ngā whakaurunga hōhipera

E 21% te teitei ake o te pāpātanga whakaurunga ki te hōhipera mō te Māori, tēnā i a tauwiwi, i roto i ngā tau 2011–13.



Tōna toharite, e 418 ngā whakaurunga mō te Māori ki te hōhipera ia tau he whakaurunga ka taea te kaupare i mua, ā, e 40% te nuinga ake o te pāpātanga tēnā i tō tauwiwi. E 62% te teiteinga ake o ngā māuiui ASH.

Ngā wharanga

E 25% te teitei ake o te pāpātanga whakaurunga ki te hōhipera nā te aituā te take, mō te Māori, tēnā i a tauwiwi, i roto i ngā tau 2011–13.



Ko ngā take matua mō ngā wharanga i whakaurua ai he tangata ki te hōhipera ko ngā takanga, te tuinga e ngā mīhini, ngā whakararu o te tiaki i muri i te haere ki te tākuta, i te poka tinana rānei, ngā aituā waka, me ngā patunga e te tangata kē.

Tata ki te toru whakareatanga ake te pāpātanga o te whakauru i te Māori ki te hōhipera nā te patunga e te tangata kē, tēnā i a tauwiwi.

He ōrite te pāpātanga o te mate rawa i ngā wharanga mō te Māori ki a tauwiwi, ā, tokowhā te hunga Māori i mate rawa ia tau i ngā wharanga mai i 2007–11.

Te mate rawa

E 87% te teitei ake o te pāpātanga o te mate rawa i ngā take katoa mō ngāi Māori o te Wairarapa, tēnā i te hunga tauwiwi, i 2008–12.



Ko ngā takenga o te mate rawa mō ngā wāhine Māori i ngā tau mai i 2004–11 ko te mate pāpuni pūkahukahu (COPD), te mate huka, te mate manawa pāpunitanga toto (IHD), te ikura roro, me te mate pukupuku o ngā pūkahukahu.

Ko ngā takenga matua mō ngā tāne Māori ko te mate manawa pāpunitanga toto (IHD), te mate huka, ngā aituā, te mate pāpuni pūkahukahu (COPD), me te mate pukupuku pūkahukahu.

Neke atu i te rua whakareatanga ake ngā matenga kua āhei pea te kaupare, kua āhei hoki te taurima, mō te Māori, i tō tauwiwi i Wairarapa i roto i ngā tau 2007–11.

Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia e 78.6 ngā tau e ora ai te wāhine Māori (e 5.3 ngā tau i raro iho i ngā wāhine tauwiwi) i Te Rohe Whānui o Te Upoko o Te Ika, ā, e 74.7 tau mō ngā tāne Māori (e 5.6 ngā tau i raro iho i ngā tāne tauwiwi).

He mea whāngai ki te pūtea e Te Kete Hauora, te Manatū Hauora.

Te tauria rei puta nā Graham Tipene. Ngā whakaahua nā Aki Design. Hoahoa e Matthew Bartlett. Te huri ki te reo Māori nā Piripi Walker, Tokomapuna Māori Language Services. Whakamārama pikitia: Lake Wairarapa, e K1w1m0nk1e.

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