

PUT YOUR FOOT DOWN!



EVERY YEAR,
600 NEW ZEALANDERS LOSE A LIMB TO DIABETES.
THAT COULD BE PREVENTED.

SAVE YOUR FEET.
TAKE SIMPLE STEPS
TO FOOT HEALTH HERE



STEP UP FOR
DIABETES

Get your feet checked by a
podiatrist, doctor or nurse regularly.
For more information visit
www.diabetesactionmonth.org.nz

diabetes
action month 

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