

# What is Family Violence?

It may be...

Physical harm

Sexual harm

Emotional abuse

Financial control

Digital abuse

## Intimate Partner Violence (IPV)

When someone uses control, harm or fear in a romantic or sexual relationship.

## Coercive Control

This means using ongoing behaviours to make a partner feel trapped in the relationship.

## Who can be affected?

Family violence can happen in any relationship, with partners, parents, children, whānau, caregivers, or people that you live with.

## What is a healthy relationship?

One that is built on trust, respect and choice. A healthy relationship is one where both partners feel safe, supported and free to be themselves.

## Family Violence Act 2018

The Family Violence Act 2018 helps keep people safe from abuse and gives support to victims and their families.

If you have experienced family violence or are supporting someone that has, please consider visiting Te Whare Tāwharau. We are a free and confidential service.

Te Whare Tāwharau | 63 Clyde Street, North Dunedin  
0800 479 379 | [tewharetawharau@otago.ac.nz](mailto:tewharetawharau@otago.ac.nz)  
See our walk-in hours: [otago.ac.nz/te-whare-tawharau](https://otago.ac.nz/te-whare-tawharau)

