

Rural Generalist

CME Workshop

Rarotonga, Cook Islands

POSTGRADUATE



Wednesday 9 to Friday 11 November 2016

(NB: please note these dates are Cook Islands time which runs a day behind NZ time)

The Cook Islands Ministry of Health and the University of Otago Rural Postgraduate Programme will be conducting its 3rd Rural Generalist CME workshop at Rarotonga Hospital, for generalist doctors who work in rural general practice or rural hospitals.

PROGRAMME



Speakers for Rarotonga Rural Generalist CME Workshop 2016

Sprained ankle and related presentations and ongoing management and rehabilitation. (Dr Richard Macharg, Queenstown Medical Center)

Fractures follow up (Dr Richard Macharg, Queenstown Medical Center)

Common paediatric presentations –Dr Catherine Bremner, Whangarei Hospital)

Rheumatic Heart Disease in the Cook Islands (Dr Voi Solomone, Rarotonga Hospital)

Rheumatic Heart Disease Screening (Dr Zaw Aung, Rarotonga Hospital)

Recognising and management of Pre-eclampsia /Eclampsia (Dr Yin May, Rarotonga Hospital)

Oncology emergencies and palliative care (Dr Kimberley Naylor, Dunstan Hospital, Clyde)

Managing shock and use of inotropes in a rural setting (Dr Mark Smith, Dunstan Hospital, Clyde)

Abdominal pain – clinical assessment (Dr Deacon Teapa, Rarotonga Hospital)

Rarotonga Rural Generalist CME Workshop 2016 **draft** program

Day 1-- 9th November (7hrs)

- 0745-0800 Registration
0800-0830 Official opening
0830-0900 The Cook Islands and its health system – Dr Yin May (Chief Medical and Clinical Officer)
0900-1030 Assessing drowsy child at night/ Petechiae rash/ Febrile child (Dr Bremner)
1030-1045 Morning tea
1045-1245 Sprain ankle--assessment, follow up and rehabilitation (Dr Macharg)
1245-1315 lunch
1315-1515 Ankle and related fractures

Day 2-- 10th November (6.5hrs)

- 0800 - 0825 The reciprocal Cook Islands rural generalist Training Program
0825 - 0830 Introduction to obstetrics scenarios, split into 2 groups

Group A

- 0830 - 1030 Obstetric scenarios (Maternity Ward)
1030 -1100 morning tea
1100 – 1300 Paediatric cases discussion—seizures and what is not seizure; Resp distress. Neonatal fever; Vs and Ds. Q and As

Group B

- 0830 – 1030 Paediatric cases discussion—seizures and what is not seizure; Resp distress; Neonatal fever; Vs and Ds; Q and As
1030 -1100 morning tea
1100 – 1300 Obstetric scenarios (Maternity Ward)

- 1300 – 1330 Lunch
1330 – 1530 Rural Oncology and Palliative Care

- 1900 Dinner at Edgewater Resort

Day 3-- 11th November (5hrs)

- 0800 -0845 Rheumatic Heart Disease in the Cook Islands
0845- 0930 Paediatric topics
0930 -1015 Recognising and managing shock
1015 - 1030 Morning tea
1030 -1100 Use of inotropes in a rural hospital
1100 -1215 Abdominal pain – clinical assessment (Dr Deacon Teapa)
1215 - 1230 Evaluation
1230 – 1300 Close
1300 Lunch