

## What do our recent students say?

*After working in a variety of nursing fields, I chose postgraduate study at Otago to focus more specifically on New Zealand primary health care and Māori health. It also helped that colleagues had completed the papers I was interested in and had highly recommended them.*

*The qualification gave me a better understanding of the sector I work in, the "complexity of inequity", and the role individuals and all healthcare workers collectively play in improving health outcomes for vulnerable populations.*

*The study was harder than I had anticipated, but the academic support I received from the team in the Department of Primary Health Care and General Practice was amazing.*



**Wendy Horo-Gregory**  
Postgraduate Certificate in Primary Health Care

*This course has definitely broadened my appreciation of primary care and its vital role in the health system, and given relevance to many of the targets and expectations that come from the PHO.*

*I would definitely recommend this course to anyone working in primary care because I think it gives perspective to the area as a whole, rather than an individual's "job", therefore creating purpose and value to one's role.*



**Marleen Hart**  
Postgraduate Certificate in Primary Health Care

## How to find out more

We welcome your enquiry and would be happy to discuss the possibilities with you.

Postgraduate Co-ordinator  
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and General Practice  
University of Otago, Wellington  
Tel +64 4 918 5626  
Email [primarycare.distance@otago.ac.nz](mailto:primarycare.distance@otago.ac.nz)  
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WELLINGTON

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DISTANCELEARNING

POSTGRADUATE



WELLINGTON

Department of Primary Health Care  
& General Practice  
University of Otago Wellington

# Primary Health Care

## Postgraduate qualifications



# Be at the forefront of a rapidly changing sector



Take your career to the next level with our recently revised, right up-to-date distance-taught interprofessional qualifications – bringing primary health care professionals together to learn with, from, and about each other.

- Gain a highly-respected postgraduate qualification
- Bring modern thinking to health care delivery
- Learn from an outstanding teaching team
- Receive unparalleled support
- Study when and where it suits you

## Who are our qualifications for?

Our papers and qualifications are designed for working health and social care professionals in primary health care settings. Students come from a range of disciplines, including:

- Doctors (GP Registrars, GPs)
- Nurses
- PHO and general practice managers
- Paramedics
- Social workers
- Pharmacists
- Dietitians
- Midwives
- Physiotherapists

If you are an employer, having your staff undertake our postgraduate programmes will benefit your practice or organisation – our graduates are ready to respond to current and future health needs in Aotearoa.

## What qualifications are available?

### Postgraduate Certificate in Primary Health Care (PGCertPHC)

A great foundation for anyone working in PHC.

- Study full-time or part-time (1–3 years)
- 60 points

#### Two core papers:

PRHC 701 New Zealand Primary Health Care

PRHC 703 Strategy and Leadership in Primary Health Care

60 points

### Postgraduate Diploma in Primary Health Care (PGDipPHC)

Build on your certificate and extend your learning to your area of interest.

- Study full-time or part-time (2–5 years)
- 120 points

#### Two core papers:

PRHC 701 New Zealand Primary Health Care

PRHC 703 Strategy and Leadership in Primary Health Care

#### Plus two elective papers:\*

GENA 702 Sexual and Reproductive Health

GENA 704: Te Tūhauora: Māori Health

GENA 709 Long Term Condition Management

GENA 710 Mental Health and Illness in Primary Health Care

GENA 720 Refugee and Migrant Health

GENA 736 Pacific Health

GENA 737 Obesity Prevention and Management

*\*Some papers are offered in alternate years. Other elective papers may be considered on application.*

120 points

### Master of Primary Health Care (MPHC)

Build on your diploma and research with leaders in your field; answer your burning questions.

- Study full-time or part-time (2–4 years)
- 120 points (plus completion of diploma)
- Choose a portfolio of research or an in-depth thesis

240 points