

SHELTER

Safe Housing Enabling Long Term Effective Recovery

For: RF Summer School 9th February 2015

By Nevil Pierse





Overview

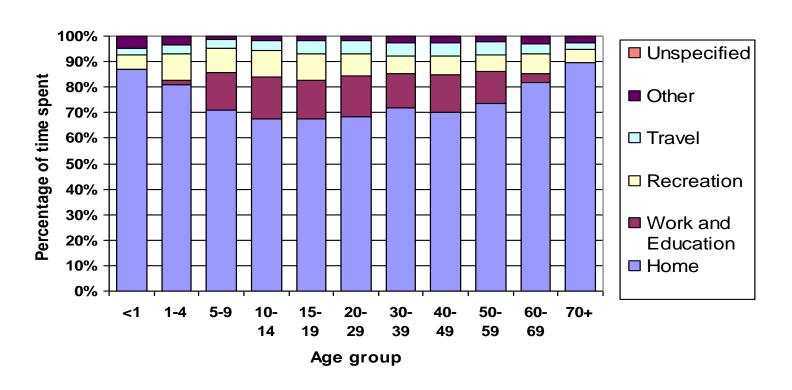
- New Zealand Housing
- Getting to Warm, Dry, Mould free, Safe
- Well Homes
- Interventions
- Children in Need
- Conclusions







Where we spend our time?



New Zealand Travel Survey, 1997-98







Overview NZ Housing

- NZ houses are mostly old, cold damp, mouldy, poorly built with inadequate insulation and heating
- 90% of time indoors, 75% in homes
- Average winter temperature is 14.5°C (WHO recommends 18°C 21°C)
- 1600 excess winter deaths from respiratory and circulatory ~8000 hospitalisations
- Crowding causes infectious diseases
- Private dwellings with public consequences





housing & health

Unable to pay steep rent, family huddle in freezing tent

ASHLEIGH STEWART

BLANKETS and body heat.

That is how one Christchurch family, huddling together in a freezing tent as rain batters their makeshift home, have spent two months trying to keep warm.

The family of five have just weathered their third storm in a tent pitched at the Spencer Beach Holiday Park.

Taurua Houia, his wife and their three children are one of 270 priority A applicants on the Housing New Zealand waiting list.

They have been priority A for three weeks, despite being assessed in February.

"We had a private rental in Hills Rd, but it was too expensive," Houia said.

"I've just been sitting up in the tent every night. I don't get much sleep."

Houia works fulltime as a roofer, but wife Sonia is unemployed and receives a benefit.

But they say this income still does not provide enough money for Christchurch's rents as well as being able to survive.

A large tarpaulin is draped across the outside of the tent for



Tent trap: Taurua Houla and his family live in tents at a holiday park because of a housing shortage.

housing shortage. Photo:FAIRFAX NZ

extra insulation as members of the family curl together under duvets during this week's rain. The mattresses account for about half of the floor in the small tent, the remainder is bare. There are no separate rooms, and no privacy.

"It's blankets and body heat to keep warm," Houia said.

They had returned to the spot on Monday after a brief, but unpleasant, stint outside the camping ground.

Forced to leave as it was booked out for Easter, the family moved their tent to Waikuku on Friday – where it was blown down. In an effort to save money, they then gave freedom camping a try.

After their tent flooded, they moved to a camping ground in Linwood, where they paid \$62 a night for a campsite.

But even after their ordeal and as the weather closed in, Houia was hesitant to complain. "We just take it. I'm all right, it's just the kids."

Family friend and Taurua's boss, Allan Rolfe, has been helping the family and advocating for them to the agencies.

He had offered to let the family stay with him at his home, but they were "fiercely independent" and had refused, Rolfe said.

"It's a horrendous situation. It's a desperate situation, they've got three children as well."

Ministry of Social Development general manager Marama Edwards said Sonia Houia – whose name the application was under – was first assessed in February, and has been on the waiting list since April 4.

"Housing New Zealand and registered community housing providers will continue to work with Ms Houia to find a suitable property." Edwards said.

HE KAINGA ORA

Safe Housing Enabling Long-term Effective Recovery SHELTER

- Observation study
- 800 families in Wellington
- Intervention: coordinated housing intervention
- Data collected using administrative systems
- Collaborations:
 - Wellington Regional Public Health
 - District Health Boards
 - Energy Efficiency Conservation Authority
 - Housing NZ Corporation
 - Ministry of Social Development
 - Tu Kotahi Māori Asthma Trust
 - Sustainability Trust









Well Homes Housing Coordination Service - Wellington



REFERRAL SOURCE

Hospital services (referral or hospital discharge data)

Sore throat management services

Prophylactic bicillin services

Rheumatic Fever clinical pathway

PrimaryCare/Community/GP

GOVERNANCE

He Kāinga Oranga

Regional Public Health

Sustainability Trust

Tu Kotahi Māori Asthma Trust



WELL HOMES SERVICE

PROJECT MANAGER (RPH)

Whānau not eligible for Well Homes will be offered alternative housing programmes

Manage and maintain data

Continuous improvement system (audit, reviews, training, evaluation)

Relationship management

Triage referrals/check eligibility

Reporting

Monitor referral completion rates

Address housing intervention gaps

WELLINGTON REGIONAL HEALTHY HOUSING COALITION

Charitable Funding
Hutt Mana Charitable Trust, Porirua Social Sector Trial,
Eastern Hutt Rotary

RPH Housing Assessment and Advice Service, Pacific Health Navigators, Eco Design Advisors, Sustainability Trust, Warm Fuzzies

WELL HOMES ASSESSMENT PROVIDERS

Tu Kotahi Māori Asthma Trust

Sustainability Trust

WELL HOMES INTERVENTIONS

Insulation

Curtains

Floor coverings

Ventilation

Beds and bedding

Minor housing repairs

Heating sources

Self refer to WINZ for financial

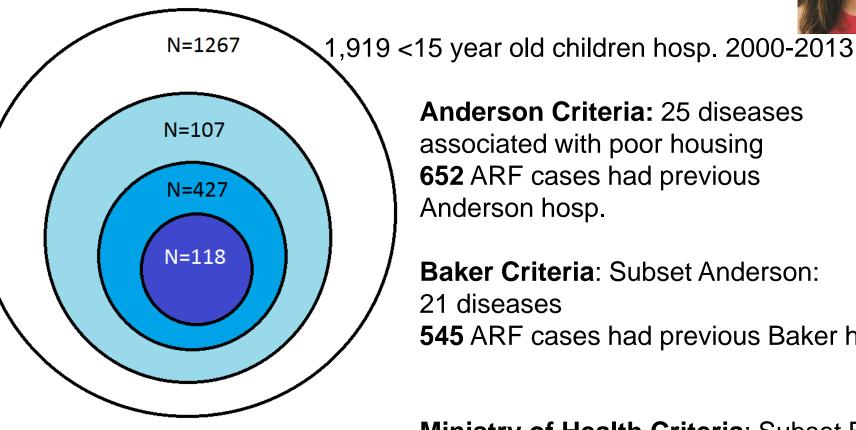
Support with power bills

Private/Community housing relocation

Social housing relocation

Preventing ARF





Anderson Criteria: 25 diseases associated with poor housing **652** ARF cases had previous Anderson hosp.

Baker Criteria: Subset Anderson:

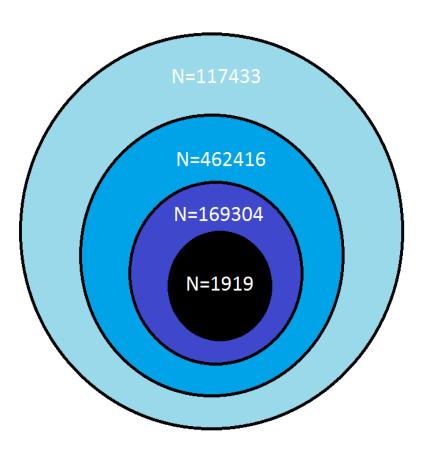
21 diseases

545 ARF cases had previous Baker hosp.

Ministry of Health Criteria: Subset Baker: 10 diseases included **118** ARF cases had previous MoH hosp.



Numbers Needed to Treat



721,072 children hosp. 2000-13 with diseases in the **Anderson Criteria**

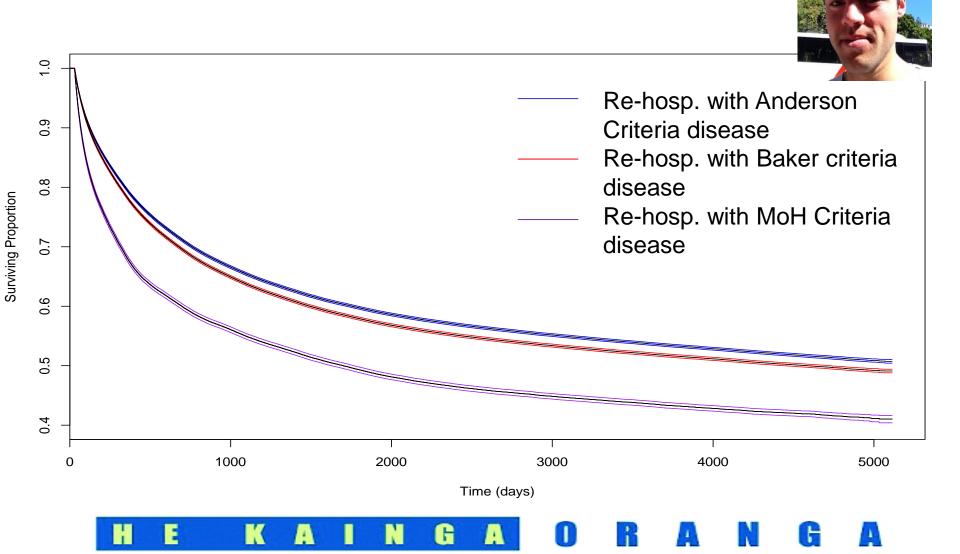
633,639 in Baker

171,223 in **MoH criteria** 1.1% of whom developed ARF

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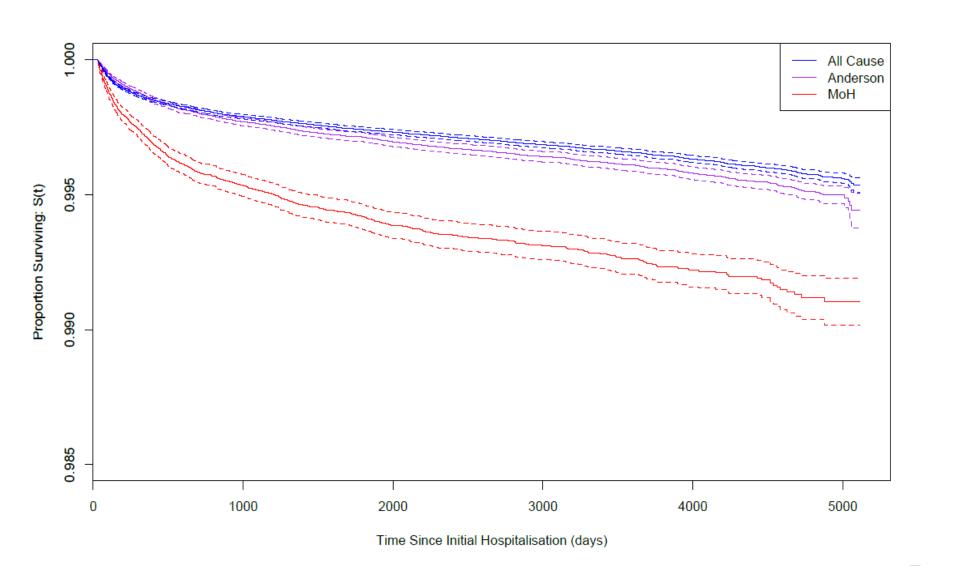
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Preventing Hospitalisations



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Deaths





Action Needed

- It is not okay to send people back to environments that make them sick.
- Old, cold, damp, mouldy, crowded homes are making people sick.
- Effects are far wider then RF







Half a million Kiwis snug as a bug in a rug

What about you?

Thanks to everyone who holped us reach our target of insulating 188,500 flow Zealand homes through the Gevenment's Worln Up New Zealand. Heat Smart Insulation programme.

The programme has been extended and grants are still available. Well sever, energy-lest, goving for a list of providers in your area.

It took just a life more than three years, and it was a major than all them after by the inea takes including supporting barries and councils who made it easier for people to affect inealistics, and third party funders who gives over \$50m. Most of all the Neel done to the New homeowners who made the decision to invess in a swarmer, healther, more comfortable home.











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