

# Integrated Care

In the Real World

# John MacDonald

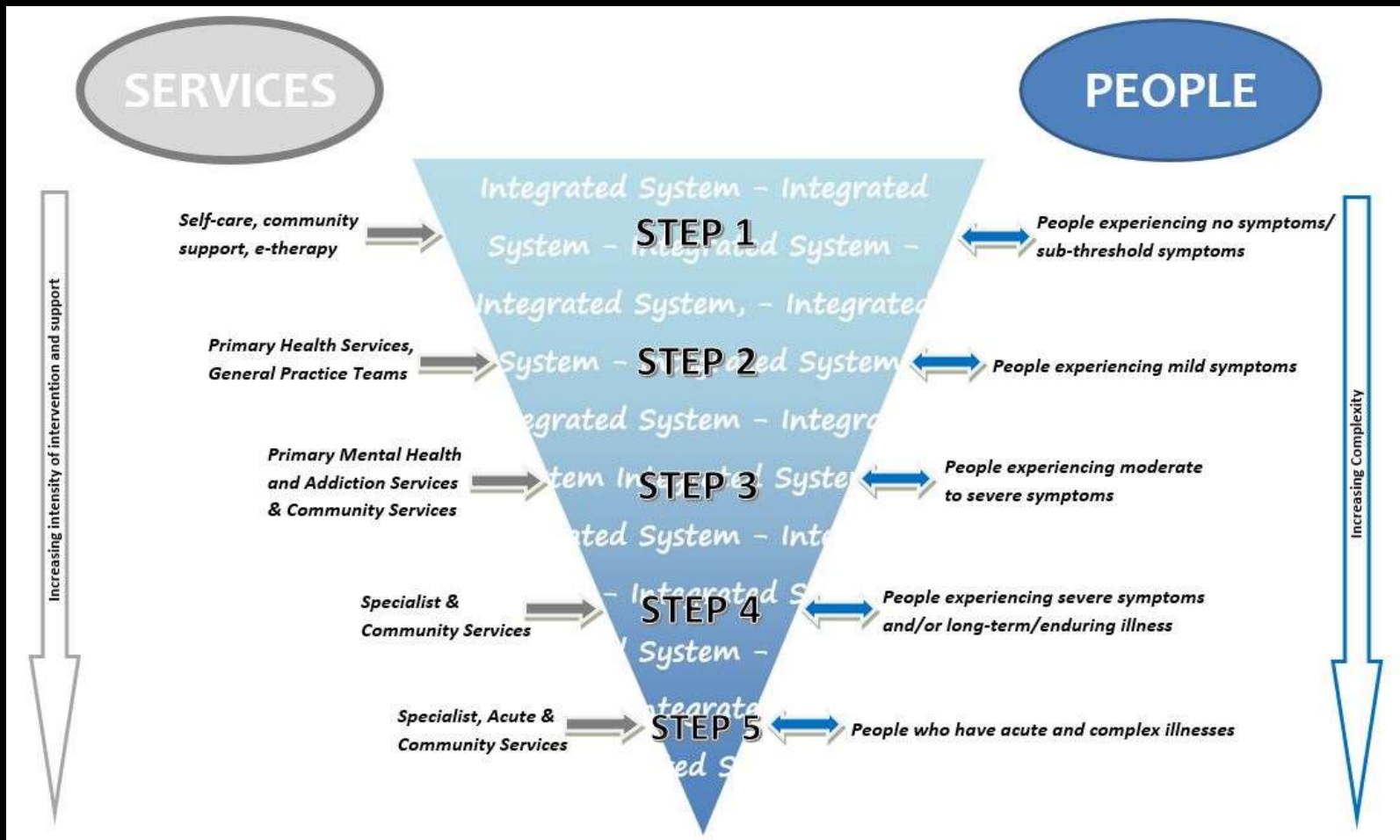
- Independent Chair, Alliance South, Mental Health & Addictions Network
- Chair, Alliance South, Central Lakes Health Network
- Councillor, Queenstown Lakes District Council
- Chair, Queenstown Lakes District, Mayoral Housing Affordability Taskforce

# Mental Health & Addictions Network

- 3 x Maori / Iwi
- 2 x Pacifica
- 2 x Family
- 2 x Consumer
- 1 x Youth Consumer
- 4 x SDHB MHAD
- 1 x Planning and Funding
- 1 x Police
- 1 x MSD
- 1 x Education
- 2 x Primary Care
- 1 x Public Health
- 2 x NGO
- 4 x Locality Network Chairs

- **What is Integrated Care**

- **Integration** - combining or coordinating separate elements so as to provide a harmonious interrelated whole
- **Care** - the provision of what is necessary for the health, welfare, maintenance, and protection of someone.
- **Integrated Care** - care that crosses the boundaries between primary, community, hospital and social care



# Stepped Care Model

What are the real  
world challenges



Our Health System



# My Challenge

Mental Health and Addictions SDHB





Is it Broken

- Fear
- Risk
- Trust
- Respect



# What needs to happen

Thanks for listening