



WAITEMATĀ DISTRICT HEALTH BOARD TE POARI HAUORA O WAITEMATĀ

Tirohanga Hauora 2015



Te taupori *Population*

I te tau 2013, e 55,200 ngā Māori i te noho i te takiwā o te Poari Hauora o Waitematā, 10% tēnei o te taupori tōpū o te Takiwā.



He āhua taitamariki te taupori o Waitematā, engari he maha ngā tohu kei te kaumātua haere. I te tau 2013, 17% o ngā tamariki o te Takiwā kei te 0–14 tau, he Māori, ā, he Māori te 14% o ngā taiohi 15–24 o te rohe.



Tērā e piki te taupori Māori kei runga ake i te 65 tau, mā te 50% i waenga i te tau 2013 me te tau 2020.



Whānau ora *Healthy families*

I te tau 2013, ka whakahoki kōrero mai te nuinga o ngāi Māori o Waitematā (87%) he pai te noho o ō rātou whānau, engari e 6% i kī, kāore i te pai te noho o ō rātou whānau. Tērā te ōrau iti (4%) i kī he uaua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (90%) he ngāwari noa.



He mea nui kia whai wāhi ki te ahurea Māori (tino hira, hira tonu, āhua hira rānei) mō te nuinga o ngā pakeke Māori (71%), ā, he mea nui te taha wairua ki te 65%.

E rima ōrau kua tae ki te tohunga Māori, ki te kairomiromi rānei i roto i te 12 marama ka hipa ake nei.

Tata ki te katoa (95%) o te hunga Māori o Waitematā kua tae atu ki tētahi marae i tētahi wā. Kua tae te nuinga (58%) ki ō rātou marae ake, me te kī a te 58%, ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



E 15% o ngāi Māori o Waitematā i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori i te tau 2013.



Wai ora *Healthy environments*

Te mātauranga

I te tau 2013, e 94% o ngā tamariki Māori kua whai wāhi ki te akoranga kōhungahunga i mua i te tīmatanga ki te kura.



I te tau 2013, e 56% o ngā pakeke Māori 18 neke atu rānei ngā tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he tino nui kē atu tēnei i 2006 (47%). E 69% o tauwiwi i whiwhi ki tēnei taumata tiwhikete, piki ake rānei te taumata.

Te mahi

I te tau 2013, e 9% o ngā pakeke Māori 15 neke atu rānei ngā tau, he kore mahi, ā, he rua hautoru te pikinga ake o te Māori i te pāpātanga mō tauwiwi (6%).



Mahi aroha ai te nuinga o ngā pakeke Māori (89%) i ētahi wā.



I te tau 2013, nui kē atu te kitenga o te hunga Māori noho i te kāinga, i waho rānei e tiaki ana i te hunga hauā, i te hunga māuiui rānei, tēnā i a tauwiwi.

Te whiwhinga moni me te taumata o te noho

I te tau 2013, kotahi i roto i te toru tamariki i ngā kāinga Māori, kotahi pakeke hoki i roto i te whā, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu, o roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakapekatanga ā-pakeke aua moni (i raro i te \$15,172), otiia hei whakaritenga ki te kotahi tamaiti, kotahi pakeke hoki, i roto i te tokorima i ētahi atu kāinga ehara i te kāinga Māori.



I te tau 2013, e 4% o ngā pakeke Māori i Waitematā ka whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, e 2% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, e 6% kua auau te whakakore, whakatārewa rānei i te haerenga ki te tākuta i roto i te 12 marama ka hipa.

E rima ōrau o ngā tāngata o ngā kāinga Māori kāore i whai wāhi ki tētahi motokā, ko taua ōrau mō tauwiwi e 2%.

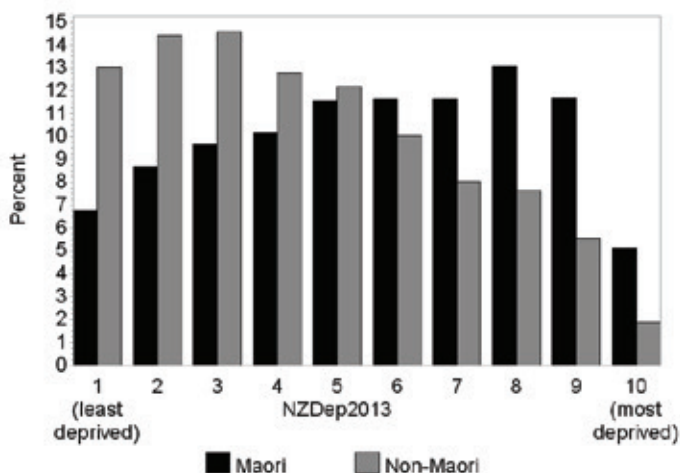


He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori o Waitematā ki ngā mahi whakawhiti kōrero ā-waea, tēnā i te hunga noho i ngā kāinga ehara i te Māori: 19% kāore kau he hononga ipurangi, e 20% kāore kau he waea, 10% kāore kau he waea pūkoro, ā, e 2% kāore i whai wāhi ki ētahi atu momo whakawhiti kōrero ā-waea.



Te rawakore ā-takiwā

Ina whakamahia te taupū NZDep2013 mō te noho rawakore o te rohe iti, e 42% o ngā Māori o Waitematā i te noho i ngā tino rohe rawakore ā-rōpū ngahuru e whā, ā, ko te pāpātanga mō tauwiwi, he 23%.



Te whai whare

Ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i te tau 2013 ko te uaua o te whakamahana whare (12%), te haumākū (9%), me te pākarukaru o te whare ake (7%).



Nui iti ake i te 54% o ngā tamariki i ngā kāinga Māori i Waitematā e noho ana i te whare rēti, arā, e rua hautoru te whakareatanga ake o te ōrutanga o ngā tamariki i ētahi atu whare ehara i te whare Māori (33%).

Ko ngā tāngata o Waitematā e noho ana i te kāinga Māori, nui kē atu te kitenga (80%) kei roto i ngā whare apiapi tēnā i te hunga o tauwiwi (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei) (18% ki te 10%).

Mauri ora *Healthy individuals*

PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori 1,561 ia tau i Waitematā, i ngā tau mai i 2009–13, ā, e 20% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora. E 6% o ngā pēpi Māori he māmā rawa te taumaha tinana i te whānautanga.



I te tau 2013, e 80% o ngā pēpi Māori i Waitematā i whāngotēhia nuitia i te 6 wiki.

Neke iti atu i te haurua o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke (56%).

I te tau 2014, kua oti te 89% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, ā, e 92% hei te 24 marama.



I te tau 2013, kotahi i roto i te rua ngā tamariki Māori o Waitematā, e 5 te pakeke, me te kotahi i roto i te toru ngā tamariki tauwiwi, kua pāngia e te niho pirau. I te tau 8 o te kura, e 50% o ngā tamariki Māori me te 41% o ngā tamariki tauwiwi kua pāngia e te niho pirau. E 36% te nuinga ake o ngā tamariki Māori i raro iho i te 15 tau i kawea ki te hōhipera mō ngā māuiui niho, māuiui pae niho hoki, i a tauwiwi.



I roto i ngā tau 2011–13, ko te toharite ia 171 ngā urunga hōhipera ia tau kia whakapiria he pū taringa mō ngā tamariki Māori (e 43% te whakareatanga ake i ngā tamariki tauwiwi), ā, 136 ngā whakaurunga mō ngā pokenga kiri taumaha (he rua rawa te whakareatanga ake i ētahi wā, o te pāpātanga, tēnā i ngā tamariki tauwiwi).



E rua me te haurua te whakareatanga ake o ngā tamariki Māori i raro iho i te 15 tau i whakaurua ki te hōhipera mō te kirikā rūmātiki taumaha, ā, e toru ngā tamariki ia tau, kotahi, neke atu rānei te whakaurunga, te toharite.



Te toharite ia, neke atu i te 1,000 ngā whakaurunga hōhipera o ngā tamariki Māori ia tau ka kīia he whakaurunga kua taea te kaupare mehemea he nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, kotahi hautoru te nuinga ake o te pāpātanga tēnā i tō tauwiwi.

Neke atu i te 700 ngā whakaurunga ki te hōhipera o ngā tamariki Māori ia tau ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika mōata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, kotahi hautoru te nuinga ake o te pāpātanga tēnā i tō tauwiwi.



RANGATAHI *YOUNG ADULTS*

Kua tino kitea he pikinga ake o ngā taiohi Māori o Waitematā kāore anō kia kai paipa i te 14, i te 15 tau, mai i te whānautanga mai, ā, kua heke iho hoki te pāpātanga o ngāi Māori mai i 15–24 tau he auau te kai paipa.



Nō te taenga ki te marama o Hepetema 2014, e 61% o ngā kōtiro Māori 17 tau te pakeke, me te 40% o ngā kōtiro kua piki ki te 14 tau kua toru whāngainga ki te kano ārai mate mō te tona kiri tangata (HPV). Mō ngā kōtiro 17 tau te pakeke, he teitei kē atu te whānui mō te Māori i a tauwiwi. Engari mō ērā 14 tau te pakeke, he iti iho te whānuitanga mō te Māori i tō tauwiwi.



Ko te toharite ia, kotahi tamaiti Māori i waenga i te 15–24 tau i whakaurua ki te hōhipera mō te kirikā rūmātiki taumaha ia tau, (12 te whakareatanga ake tēnā i a tauwiwi).



Ko te pāpātanga o te whakaurunga hōhipera mō te tūkino ā-kiri, kotahi hautoru te whakareatanga ake mō te iwi Māori, tēnā i tō tauwiwi mō te taiohi kei waenga te pakeke i ngā tau 15–24, i ngā tau 2011–13, engari neke atu i te rua me te haurua te whakareatanga ake mō te iwi Māori, tēnā i tō tauwiwi kei waenga te pakeke i ngā tau 25–44.



PAKEKE ADULTS

Tata ki te rua hautoru ngā pakeke Māori i Waitematā, e ai ki ā rātou kōrero, he rawe tō rātou hauora, he tino pai rānei i te tau 2013, ā, kotahi hauwhā i ki he pai tō rātou hauora. Kotahi i roto i te waru (12%) i ki, he āhua pai, kāore i pai rānei tōna hauora.



Kei te heke haere te tokomaha e kai paipa ana, engari e 2.4 whakareatanga atu te tokomaha o ngāi Māori e kai paipa ana, ina whakaritea ki a tauwiwi (27% mō te Māori, 12% mō tauwiwi).



Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, e 3.3 te whakareatanga ake o te whakaurunga ki te hōhipera tēnā i a tauwiwi mō te mate pāpuni pūkahukahu (COPD) i roto i ngā tau 2011–13.



Kei runga ake te whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i ngā reanga katoa.

E 3.5 whakareatanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwiwi.



Te mate huka

I te tau 2013, tōna 4% o ngāi Māori, me tōna 5% o tauwiwi kua pāngia e te mate huka. He haurua o te iwi Māori e 25 neke atu rānei te pakeke, kua pāngia e te mate huka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei, ā, e 82% kua pūputu te aroturuki i ō rātou huka ā-toto, ā, e 64% kua pūputu te tātari mō te mate tākihi.



I ngā tau 2011–13, tata ki te 4 te whakareatanga o te maha o ngā porohanga o tētahi waewae o te hunga Māori kua pāngia e te mate huka, tēnā i a tauwiwi.

Ngā māuiui o ngā iaia toto

E 55% te nuinga ake o ngā pakeke Māori e 25 tau te pakeke, neke atu rānei, i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, i ngā pakeke tauwiwi, (tae atu ki ngā māuiui manawa me te ikura roro) i ngā tau 2011–13.



Tata ki te 41% te whakareatanga ake o te maha o ngāi Māori i Waitematā i whakaurua ki te hōhipera mō te mate manawa taumaha, e 34% te whakareatanga ake o te whakaahua i ngā iaia, he ōrite te whakahoutanga o ngā iaia, ā, e 78% te whakareatanga ake o te homai iaia manawa autaki me ngā rangitāmiro.

E 4.2 whakareatanga ake te whakaurunga atu ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwiwi.

Ko te pāpātanga mō te whakaurunga atu mō te mate ikura roro e 55% te teiteitanga ake mō te Māori tēnā i a tauwiwi, ā, e rua te whakareatanga ake mō te Māori te pāpātanga mō te pēhanga toto.

Tata ki te rua me te haurua whakareatanga ake ngā whakaurunga ki te hōhipera mō te mate rūmātiki manawa taumaha mō te Māori, tēnā i a tauwiwi.

Ko ngāi Māori i raro iho i te 75 tau, e 3 te pikinga ake o te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwiwi i Waitematā.



PAKEKE ADULTS

(tonu)

Te mate pukupuku

Ina whakaritea ki a tauwi, e 30% te teiteinga ake o te pānga e te mate pukupuku mō ngā wāhine Māori, ā, e 50% te whakareatanga ake mō ngā wāhine Māori o te mate rawa, nā te mate pukupuku te take. He ōrite te pānga o ngā tāne Māori e te mate pukupuku, engari e 61% whakareatanga ake mō te mate rawa tēnā i a tauwi.



Ko ngā mate pukupuku i rēhitatia nuitia i waenga i ngā wāhine Māori o Waitematā ko ngā mate pukupuku o te ū, o ngā pūkahukahu, o te whare tangata, me te kōpiro nui. Mō te pāpātanga o ngā mate pukupuku pūkahukahu e 3.7 te whakareatanga ake o te Māori i tēnā o tauwi, ā, 1.9 te whakareatanga ake mō ngā mate pukupuku whare tangata, 1.3 mō ngā mate pukupuku o te ū, ā, mō ngā mate pukupuku o te kōpiro nui, he ōrite.



Ko te whānuitanga o te arotake ū mō ngā wāhine Māori kei te 45–69 tau i eke ki te 60%, hei whakarite ki te 69% o ngā wāhine tauwi i te marama o Tihema 2014.

Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 55% i roto i te 3 tau, ā, e 68% i roto i te rima tau (hei whakarite ki te 78% me te 92% mō ēnei reanga o ngā wāhine tauwi).

Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā wāhine Māori ko ngā mate pukupuku o ngā pūkahukahu, me te ū. Ko te pāpātanga o te mate rawa nā ngā mate pukupuku pūkahukahu e 3 te whakareanga ake i tēnā o tauwi.



Ko te mate pukupuku o te repe tātea, o ngā pūkahukahu, o te kōpiro nui, o te ate me te totomā ngā mate pukupuku i kitea nuitia i waenga i ngā tāne Māori o Waitematā.

E 2.4 te whakareatanga ake o te rēhitanga o te mate pukupuku o te pūkahukahu tēnā i ngā tāne tauwi, ā, e 4 te whakareatanga ake mō te mate pukupuku o te ate, ā, 1.8 whakareatanga ake mō te mate totomā.



Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā tāne Māori ko ngā mate pukupuku o ngā pūkahukahu, o te repe tātea me te puku.



Ngā māuiui o te hinengaro

E rua whakareatanga ake te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i ngā tau 2011–13, tēnā i a tauwi. Ko te mate i kitea nuitia ko te wairua tuakoi, ko te tuarua, ko ngā māuiui whakapōuri.



Te mate rangatira (koute)

I te tau 2011, tōna 6% te pānga o te mate rangatira i waenga i te hunga Māori o Waitematā, hei whakarite ki tōna 3% o tauwi.



I whiwhi tētahi hautoru o te hunga Māori kua pāngia e te mate rangatira ki te allopurinol, he rongoā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, e 36% noa iho i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri.

I roto i ngā tau 2011–13, e 4.6 te whakareanga ake o te pāpātanga whakauru ki te hōhipera mō te Māori tēnā i a tauwi, e mōhiotia ai he maha ake ngā kakānga mamae mō te Māori.

NGĀ REANGA KATOA ALL AGES

Ngā whakaurunga hōhipera

E 18% te teitei ake o te pāpātanga whakaurunga ki te hōhipera mō te Māori, tēnā i a tauwiwi, i roto i ngā tau 2011–13.



Tata ki te 3,300 ngā whakaurunga mō te Māori ki te hōhipera he whakaurunga ka taea te kaupare i mua, ā, e 45% te nuinga ake o te pāpātanga tēnā i tō tauwiwi. E 58% te teiteinga ake o ngā māuiui ASH.

Ngā wharanga

Kotahi hautoru te whakareatanga ake te pāpātanga o te whakauru o te Māori o Waitemātā ki te hōhipera mō ngā wharanga i ngā tau 2011–13, tēnā i a tauwiwi. Kei runga kē atu te pāpātanga o te whakaurunga hōhipera mō te tāne, tēnā i te wahine.



Ko ngā take matua mō ngā wharanga i whakaurua ai he tangata Māori i Waitemātā ki te hōhipera ko ngā takanga, te tuinga e ngā mīhini, ngā whakararu o te tiaki i muri i te haere ki te tākuta, i te poka tinana rānei, ngā aituā waka, ngā patunga e te tangata kē, me te tūkinō ā-kiri i runga i te hiahia kia pērā.

E 3 whakareatanga ake ngā whakaurunga atu ki te hōhipera mō te wharanga nā te patunga e te tangata kē mō te Māori, tēnā i a tauwiwi.

E 82% te whakareatanga ake o te matenga rawa i ngā wharanga mō te Māori, tēnā i a tauwiwi i Te Waitemātā.

Te mate rawa

E 87% te teitei ake o te pāpātanga o te mate rawa nā ngā pūtaka katoa o te mate mō ngāi Māori o Waitemātā, tēnā i te hunga tauwiwi.



Ko ngā takenga matua o te mate rawa mō ngā wāhine Māori ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, te mate pāpuni pūkahukahu (COPD), ngā aituā me te ikura roro. Ko ngā takenga matua mō ngā tāne Māori ko te mate manawa pāpunitanga toto (IHD), ngā aituā, te mate pukupuku o ngā pūkahukahu, te mate huka me te whakamomori.

E 2.2 te whakareatanga ake o ngā matenga rawa kua āhei pea te kaupare, me te 2.4 mō ērā kua āhei hoki te taurima, mō te Māori, i tō tauwiwi i Te Waitemātā i roto i ngā tau 2007–11.

Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga i te takiwā o Tāmaki makaurau ka matapaetia e 77.8 ngā tau e ora ai te wahine Māori (e 6.8 ngā tau i raro iho i ngā wāhine tauwiwi) ā, e 73.7 tau mō ngā tāne Māori (e 7.4 ngā tau i raro iho i ngā tāne tauwiwi).

He mea whāngai ki te pūtea e Te Kete Hauora, te Manatū Hauora.

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