



VIDARIS NEWSLETTER

ANNIVERSARY

We need no reminding that a year has passed since we were all awakened with that first earthquake. Every one of us has been affected by it and the February and June earthquakes, as well as all those aftershocks. That the study has continued and is nearing its natural finish is a tribute to you all. A year out from that time we again want to say THANK YOU.

SPRING

We have had some glorious weather lately. It is nice to see the blossom and the bulbs appearing

in home gardens and parks.

18 MONTH APPOINTMENTS

The 18 month final appointments have started. It is important that we see you as close to the due date as possible. If you know you are going to be away around the time your 18 month appointment will fall, please let us know. To limit some variables in your blood pressure recordings we would prefer to see you at the same time of day as we saw you at your baseline interview. At your 17 month appointment your project assistant will have a rec-

ord of these preferred dates and times.

As a reminder the 18 month appointment will take longer. It involves three blood pressure recordings that need to be taken five minutes apart. As well there are a few extra questions, a nasal swab and some blood tests.

HOW TO CONTACT US

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| Karina Barney | 378 6542 |
| Penelope Fleming | 378 6543 |
| Sarah Godfrey | 378 6546 |
| Kelly Watson | 378 6545 |

Study Co-ordinator Sandy Slow Contact details:

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| Sandy Slow | 378 6544 |
| After hours | 0800 VIDARIS 0800 8432747 |

VIDARIS - URIs Reported per Person per Week

