



**Minutes of the Canterbury Comprehensive Cancer Centre Meeting held on  
Wednesday, 8 March 2017 at 12.30pm in the Oncology Tutorial Room,  
Ground Floor, Parkside West, Christchurch Hospital**

**Present**

Bridget Robinson, Jeff Upton, Viv Williams, Ants Parder, Liz Buckland, Tony Buckland. Siobhan Cross, Gabi Dachs, Margaret Currie, John Evans, Kylie Moore, Viv Homewood, Amanda Landers, Ruth Gerring, Helen Morrin, Lucia Sinclair, Helen McDermott and Alice Milnes

**1. Welcome, and Apologies**

Chris Wynne, Ann Robertson, Kate Reid and Michelle Mathijssen

**2. Minutes of the previous meeting**

Minutes of meeting 3 August 2016 were approved, and matters addressed as they arose in the agenda.

**3. Plan for C4 moving ahead:**

i. Administrative matters: Website, branding, etc

- The C4 has recently been updated with information about paediatric oncology.
- The C4 logo is available to members to brand their talks, profiles, etc.

ii. Re-development of CDHB, UOC, health precinct.

- The University of Otago, Christchurch are working on a business case for a new building. Bridget is watching for opportunities for C4 to provide input.
- Bridget noted that the C4 vision is for an area inviting to the public with space for displays, etc.
- There was discussion about the parking situation at Christchurch Hospital. Parking issues for staff have featured in the media recently but patients are also struggling. Bridget will write a letter highlighting the C4's concerns about patient parking to David Meates. Community groups will consider writing letters about the issue to the Christchurch City Council.

iii. C4 newsletter:

- Last one was sent out in late November. Ants requested that a copy be sent to him again
- Gabi wrote a report about the last C4 Cancer Research Workshop in December which can go in the next newsletter.
- Siobhan will share information about a poster presentation for the upcoming American Society of Haematology Oncology Meeting.
- Kylie will ask if Radiation has anything to share.
- Ants said that the Prostate Cancer Foundation have research funding available.

iv. Nursing involvement:

- Ruth will promote the C4 to the ward nurses and hopefully will find a representative.

#### **4. Opportunities to involve community**

##### **i. Hui**

- Item parked

##### **ii. Exercise initiatives**

- Margaret reported that she attended a meeting with interested parties at St George's Hospital. They have employed a physiotherapist to run exercise programmes.
- Margaret recently met Lynnette Jones who is a physiotherapist and senior lecturer at the University of Otago. Lynnette is interested in collaborating and is planning a sabbatical in Christchurch later in the year.
- Margaret noted that a research project measuring obesity, immunity and natural exercise is underway. Study participants are encouraged to wear a Fitbit as much as possible and journal their exercise activities.
- Amanda reported that their annual study day will focus on rehabilitation in palliative care.
- The Haematology ward in the new building will feature exercise stations to encourage patients to get moving after transplants.
- The Cancer Society are now including brochures in their information packs about being active.
- A physiotherapist has been added to the Cancer Society's 0800 number.
- An exercise course for patients with lymphedema has recently started.
- Canteen recently launched the Re-set programme which is a 12 week course for patients who have finished treatment. They receive a workbook, which was developed with input of Canteen members. Participants are referred to a physiotherapist and nutritionist, and are assessed at the end of the programme.

##### **iii. C4 outreach seminars**

- Details are being finalised for the Mackenzie Cancer Research Group's C4-branded trip to Ashburton. Further seminars will be considered in other areas such as Kaikoura, Lincoln, Rangiora or even the West Coast.

#### **5. Cancer Research**

##### **i. C4 seminars**

- Aim is to brand 3-4 UOC Research Seminar Series talks per year.
- Logan Walker is speaking on 13 March. Alice will arrange for the C4 logo to be displayed.

##### **ii. Cancer Research Workshop, last held December 2016**

- Bridget noted that the December workshop went well
- Topic and/or speaker suggestions for the next one should be directed to Gabi or Alice
- Amanda suggested a workshop on alternative cancer therapies. She noted that more patients are asking about cannabis and how there is a lot of misinformation about the substance.

##### **iii. Cancer Research Canterbury**

- Jeff offered to present a talk that he has prepared.

#### **6. Reports from members**

##### **i. Cancer Society Tissue Bank**

- Helen introduced Lucia, the new Tissue Bank Assistant.
  - Helen noted that 721 samples were collected in 2016.
  - The Tissue Bank has been re-registered with HDEC for another ten years.
  - The consent forms have been updated.
- ii. Cancer Society
- Two local Relay for Life events are coming up in Rolleston and Rangiora.
  - Survivorship courses have been implemented to support patients returning to work, with their diets, etc.

## **7. Next meeting**

Next meeting will be in 3-4 months.

### **ACTION POINTS:**

Bridget: draft a letter to David Meates about patient parking issues

Alice: Re-send Ants the previous newsletter

Alice: To arrange C4 branding for Logan Walker's UOC Research Seminar