



**Minutes of the Canterbury Comprehensive Cancer Centre Meeting
held on Wednesday, 8 August 2016 at 11.30am in the Oncology Tutorial
Room, Ground Floor, Parkside West, Christchurch Hospital**

Present

David Gibbs, Ants Parder, John Evans, Viv Williams, Ruth Gerring, Gabi Dachs, Margaret Currie, Bridget Robinson (Chair, note-taker)

1. Welcome and Apologies

Logan Walker, Mark Hampton, Helen Morrin, Margreet Visser, Maree Johnston, Siobhan Cross, Michelle Mathijssen, Ann Richardson, Alice Milnes Glynis Cumming, Kylie Moore.

2. Minutes of the previous meeting

Minutes of meeting 29 April 2016 were noted, and matters addressed as they arose in the agenda.

3. Plan for C4 moving ahead:

- i. Administrative matters: Website, branding, etc
 - Bridget to talk with Alice about website.
- ii. Re-development of CDHB, UOC, health precinct.
 - Margreet related via email that the Tillman's site development may start soon, and that there is new properties manager with the UO.
 - CDHB is starting on the outpatients building on the "St Andrews" site.
 - David noted how cramped the Oncology area has become and that this impacts on patients, families and staff.
 - General resolution: *that C4 continues to advocate for increased oncology space on the campus and preservation of the close relationships between clinicians, scientists, support NGOs and the public and patients.*
- iii. C4 newsletter:
 - Last one followed the Workshop March 2016.
 - Ants agreed to do brief report about prostate cancer support, and Viv about cancer society support and introduce herself.
 - Depending on space, we will add section on research, or anticipate the exercise initiative (below).
- iv. Nursing involvement:
 - Represented by Ruth today, not separately discussed.

4. Opportunities to involve community

- i. Hui
 - Await approach

ii. Exercise initiatives

- Margaret reported that she will be starting a project in women with breast cancer on chemotherapy, correlating FitBit records with metabolism of chemo drugs and biomarkers.
- Noted green prescription, Barrington Physio program for men on radiation for prostate cancer, Cancer Society yoga, walking group and new hill-walking group.
- David stated it is time to promote exercise for all Oncology patients.
- Plan: gather details about all available options, how accessed, how funded, and prepare information for patients; develop poster to advertise this, and facilitate introduction in Oncology. Resource people include Catherine Dwan (has started list), Lynette Jones (UO Dunedin). Adapt and modernise CSNZ brochure. Collaborative initiative of CDHB, UOC, CSNZ, C4, and St Georges Centre. Need Maori focused programmes. David to explore funding options.
ACTION TEAM: David/Bridget, Viv, Ruth, Margaret.

iii. C4 outreach seminars

- Ants suggested meeting for information in Ashburton, so explore combined session with Oncology, scientists, prostate Foundation and CSNZ, in early 2017. Bridget, Viv, Ants to progress.

iv. UOC Open Day 18 Sept 2016

- C4 will be promoted with cancer research, by Mackenzie Cancer Research group, and CSNZ and Prostate Foundation invited, and to add information.

5. Cancer Research

i. C4 seminars

- Alex McLellan from UO Dunedin presents Mon 8 August and Margaret will introduce him under the C4 "banner"
- Margaret will talk to mark Hampton about need to maintain regular seminars with C4 focus.

ii. Cancer Research Workshop, last held March 2016

- Ants noted how useful his members found it and they would like more.
- Current "hot topic" is Immunotherapy. David proposed that a workshop be largely dedicated to this, and he would help find medical and radiation oncologist speakers.
- Margaret would find Scientists, and Hayley Beckman could talk about the nursing aspects.
- We still need support aspects. Advertise on social media. David and Bridget will work with Alice to find a date with RLT available (?after students finish, first week November), and Thursday afternoon likely to be best.
- Gabi to work on programme since she is expert. Consider webcast, with awareness of copyright.

iii. Cancer Research Canterbury

- Item deferred

6. Reports from members

i. CSTB

- Bridget reported the Tissue bank had been accredited for 10 more years, and the new briefer information/consent forms had been approved by the HEDC ethics committee.

ii. Prostate New Zealand

- Ants reported now 2 support groups for prostate health in Christchurch to suit working and retired men, with active groups in Ashburton and Timaru.
 - Plans to expand to Greymouth with CSNZ help.
 - Have talked to Minister about lack of recent information about faster treatments for prostate cancer and outcomes.
- iii. Cancer Society
- Viv reported loss of 2 key long-serving and effective staff from CSNZ, Stephen Roach (financial) and Di Boyce (volunteers) who will need replacing.
 - The groups and programmes are being re-vamped, and the brain tumour group is very successful.
 - They are liaising with DHBs over survivor programmes and the first session was well subscribed.
 - Relay4life will be in Rolleston and Rangiora next year.

7. Next meeting

Next meeting will be in October 2016

ACTION POINTS:

Bridget: meet with Alice re admin items, finalise newsletter

Ants Parder: send paragraph to Bridget or Alice as above, for newsletter

Viv: send paragraph(s) to Bridget or Alice as above, for newsletter

Ruth, Margaret, Viv, David and/or Bridget: meet to direct exercise initiative

Bridget, Viv, Ants plan workshop in Ashburton, linking in Ashburton CSNZ and Jane Wright Oncology Nurse

Bridget, David meet with Gabi re date, advertising next workshop, November

Alice: doodle poll in September to set date of next meeting