

Te Tai o Poutini (West Coast) Interprofessional Education Programme



Te Hōtaka Mātauranga Whatu Ngaio o Te Tai o Poutini

Information for Placement Providers

Thank you very much for offering to have a student in your workplace as part of the Te Tai Poutini (West Coast)
Interprofessional Education (IPE) Programme.

What is IPE?

Interprofessional Education (IPE) occurs when people from two or more different health and social care professions are engaged in learning with, from and about each other. IPE fosters person and whānau centred team-based health care, as the various disciplines work together with the patient to achieve common goals. Interprofessional practice has been shown to improve both the safety and quality of care, especially for people living with chronic conditions and social complexity.

About the Programme

The West Coast IPE Programme runs in 5 rotations of 5 week blocks throughout the year. Students work collaboratively with other disciplines for both professional and personal development.

The programme began in 2021 on the West Coast and is modelled on a similar established programme based in Tairāwhiti. There is a strong focus on the provision of rural health care, chronic conditions management and principles of Hauora Māori. Students will have the opportunity to be part of a rural community, to experience a different lifestyle, to explore the Coast and all it has to offer and to enrich their clinical work.

We ask students to come with a 'can-do' attitude, a sense of adventure and a desire to work and learn with a variety of fellow students. They will be supported by an interprofessional team as well as you as their profession specific supervisor. They are also provided with shared living accommodation allowing further opportunities to learn from each other.

Placements

Hosting an IPE student is similar to having any student on a clinical placement with you. The student will still have clinical experience requirements and will welcome the opportunity to actively participate in a wide variety of presentations and scenarios under your supervision, allowing them to fully develop the discipline-specific skills and tasks expected of a final year student.

The key difference is that the students are also learning from, about and with students from other disciplines. This happens during their time in shared accommodation as well as with targeted learning throughout the 5 week programme. They also have the opportunity to shadow students during their clinical placement time.

"Interacting with several different
health professional fields gave me a greater
appreciation for how multi-faceted patient care
can be. I also understood after IPE the value in
having a great mentor once I graduate. When
you have someone you trust just down the
hallway if you need them, it gives you a lot
more confidence and calmness
when treating patients"

"Have fun! Make the most of every opportunity. If there's free time during your placement when work is slow, don't just sit around. Pick your supervisors brains because there's a lot to learn from them"

"I found shadowing the other healthcare professionals great as it helped me aided knowledge into their roles"

Shadowing Students

If you are able to host an interprofessional student, the impact for you will be minimal. The shadowing student is there in an observational capacity and you are not required to teach them clinical skills. Generally, the expectation would be that the hosting student would be answering any questions the visiting student would have. The opportunity is intended for them to see what you do, appreciate your skill set and consider how this will fit into their practice going forward.

You can also host a shadowing student, even if you don't have a discipline specific student with you. Simply view this as an opportunity to showcase your role and educate the student on where you fit in the health system. With greater understanding grows greater appreciation of the benefits each role provides to the patient.

Understanding the 'big picture' and getting an overview of the entire patient journey shapes the focus of the student so that as they transition to health practitioners, they are truly putting the patient at the centre and looking to wrap the appropriate care around them. This is so important especially in rural centres where roles are broad and expansive, well above the typical narrow version they may have seen during their education to date.

"It really changed my perspective and thoughts on West Coast (especially when it was my first time visiting). I am planning to go back to Greymouth and do my practice there

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"I had an amazing time on the programme and have learnt so much. I have had many rich experiences that I know I wouldn't have if I didn't come here"



Timetable

Monday to Wednesday each week is run as a standard clinical experience, just as you would with your normal student placements. Thursday mornings are either with you on their normal placement (weeks 1 and 5), or either shadowing or hosting another student, where possible (weeks 2, 3 and 4).

Thursday afternoons and Fridays the students are with the IPE team away from their clinical placements, where students get the opportunity to experience what the Coast has to offer as well classwork including a rapid appraisal, LTC patient interview and case presentation, and undertaking a community project. The project is presented on the final day of the block and supervisors are welcome and encouraged to attend.



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More Information?

The Greymouth IPE team would love to hear from you - contact them directly or via shared email address westcoast.ipe@otago.ac.nz

You can also check out information about the programme at www.otago.ac.nz/westcoastipe, or have a look at what previous students have to say https://www.youtube.com/watch?v=ELT1iY7bK3g.