

Research study: How healthcare professionals support people with dysautonomia

We are inviting healthcare professionals to participate in a research study exploring experiences of supporting people with dysautonomia signs and symptoms such as dizziness on standing, fatigue, exercise intolerance, rapid heart rate, brain fog, and headaches.

The aim of this study is to better understand healthcare professionals' experiences, challenges, knowledge needs, and perspectives on current services and supports for people with dysautonomia. Findings may help inform future education, professional development, and healthcare services.

Who can participate?

You may be eligible if you:

- Are a registered healthcare professional in Aotearoa New Zealand.
- Have at least six months of current or recent experience supporting people with dysautonomia signs and symptoms.

Participation involves a **one-off online interview (30-60 minutes)** conducted via Zoom.

There may be no direct personal benefit from participating; however, participants will be offered a summary of the study findings at the conclusion of the project.

Interested? Scan the QR code, contact the primary investigator, or open the URL (<https://redcap.otago.ac.nz/surveys/?s=7A3TN9NMERMHFJ8F>), to learn more, check your eligibility, and access the Participant Information Sheet and consent form.

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This project has been reviewed and approved by the University of Otago Human Ethics Committee (UOHEC) - Te Pae Matatika Tangata, Ōtākou Whakaihu Waka. Reference: 26/0461



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