



AUCKLAND DISTRICT HEALTH BOARD TE POARI HAUORA O TĀMAKI MAKĀURAU

Tirohanga Hauora 2015



Te taupori *Population*

I te tau 2013, e 38,600 ngā Māori i te noho i te takiwā o te Poari Hauora o Tāmaki makaurau, e 8% tēnei o te taupori tōpū o te Takiwā.



He āhua taitamariki te taupori Māori o Tāmaki makaurau, engari he maha ngā tohu kei te kaumātua haere. I te tau 2013, 13% o ngā tamariki o te Takiwā kei te 14 tau, heke iho rānei te pakeke, he Māori, ā, he Māori te 10% o ngā taiohi 15–24.



Tērā e piki te taupori Māori kei runga ake i te 65 tau, mā te 57% i waenga i te tau 2013 me te tau 2020.



Whānau ora *Healthy families*

I te tau 2013, ka whakahoki kōrero mai te nuinga o ngāi Māori o Tāmaki makaurau (84%) he pai te noho o ō rātou whānau, engari e 6% i kī, kāore i te pai te noho o ō rātou whānau. Tērā te ōrau iti (6%) i kī he uaua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (77%) he ngāwari noa.



He mea nui kia whai wāhi ki te ahurea Māori (tino hirahira, hirahira tonu, āhua hirahira rānei) mō te nuinga o ngā pakeke Māori (71%). He mea hirahira te taha wairua ki te 62%.

Kua tae te nuinga (92%) o te hunga Māori o Tāmaki makaurau ki tētahi marae i tētahi wā. E toru i roto i te rima (58%) kua tae ki ō rātou marae ake, me te kī a taua ōrau tonu (57%), ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



Kotahi o te tekau kua tae ki te tohunga Māori, ki te kairomiromi rānei i roto i te 12 marama ka hipa ake nei.



Kotahi i roto i te ono (17%) o ngāi Māori i Tāmaki makaurau i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori.



He whakarāpopototanga tēnei puka i tētahi Tirohanga Hauora mō te Poari Hauora o Tāmaki makaurau 2015, i whakaputaina i te marama o Oketopa 2015 e Te Rōpū Rangahau Hauora a Eru Pōmare, Te Whare Wānanga o Ōtago, Pōneke. Ka taea te pūrongo katoa me ngā rīpanga raraunga Excel i te taha te kite i www.otago.ac.nz/MHP2015.

Wai ora *Healthy environments*

Te mātauranga

E 89% o ngā tamariki Māori o Tāmaki makaurau i tīmata te kura i te tau 2013 kua whai wāhi ki ngā akoranga kōhungahunga.



I te tau 2013, e 62% o ngā pakeke Māori kei runga ake i te 18 tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he nui kē atu tēnei i te 2006 (52%). Ahakoa kua hoki haere te āputa i waenga i te Māori me tauwiwi, e 85% te ōrau o te Māori i whiwhi, ina whakaritea ki a tauwiwi.

Te mahi

I te tau 2013, e 10% o ngā pakeke Māori 15 neke atu rānei ngā tau, he kore mahi, ā, he rua hautoru te pikinga ake o te Māori i te pāpātanga mō tauwiwi (6%).



Mahi aroha ai te nuinga o ngā pakeke Māori (88%) i ētahi wā.



I te tau 2013, nui kē atu te kitenga o te hunga Māori noho i te kāinga, i waho rānei e tiaki ana i te hunga hauā, i te hunga māuiui rānei, tēnā i a tauwiwi.

Te whiwhinga moni me te taumata o te noho

I te tau 2013, neke atu i te hautoru o ngā tamariki me te koata o ngā pakeke i ngā kāinga Māori, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu, o roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakapekatanga ā-pakeke aua moni (i raro i te \$15,172), otiia hei whakaritenga ki ētahi atu kāinga ehara i te kāinga Māori, ka hoki ki te koata o ngā tamariki me ngā pakeke.



E ono ōrau o ngā pakeke Māori i Tāmaki makaurau ka whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, e 4% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, e 2% kua whakakore, kua whakatārewa rānei i te haerenga ki te tākuta i roto i te 12 marama ka hipa.

Tekau mā tahi ōrau o ngā tāngata o ngā kāinga Māori kāore i whai wāhi ki tētahi motokā, ko taua ōrau mō tauwiwi ko te 6%.

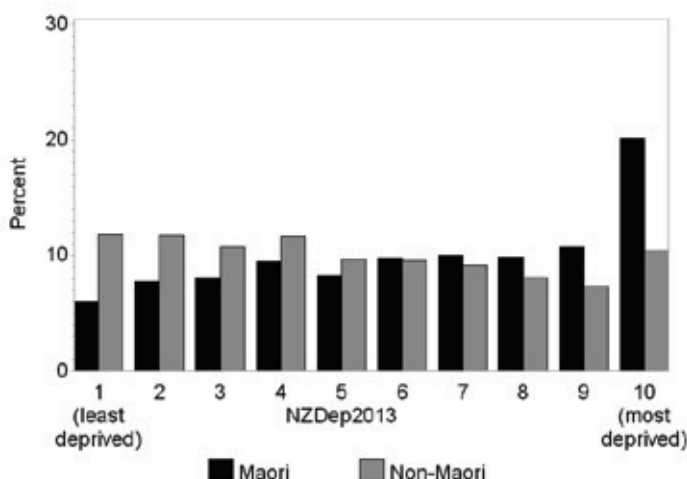


He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori ki ngā mahi whakawhiti pārongo, tēnā i te hunga noho i ngā kāinga ehara i te Māori: e 21% kāore kau he hononga ipurangi, e 25% kāore kau he waea, 12% kāore kau he waea pūkoro, ā, e 2% kāore i whai wāhi ki ētahi atu momo whakawhiti kōrero.



Te rawakore ā-takiwā

Ina whakamahia te taupū NZDep2013 mō te noho rawakore o te rohe iti, e 20% o ngā Māori o Tāmaki makaurau i te noho i ngā tino rohe rawakore ā-rōpū ngahuru (ngahuru 10), ā, ko te pāpātanga mō tauwiwi, he 10%.



Te whai whare

Ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i te tau 2013 ko te uaua o te whakamahana whare (14%), te pākarukaru o te whare ake (11%), me te haumākū (9%).



E toru haurima o ngā tamariki i ngā kāinga Māori o Tāmaki makaurau e noho ana i te whare rēti, ā, ko taua pāpātanga i ngā kāinga o tauwiwi, e rua haurima kē.

Ko ngā tāngata o Tāmaki makaurau e noho ana i te kāinga Māori, nui kē atu te kitenga kei roto i ngā whare apiapi tēnā i te hunga o tauwiwi (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei) (e 23% ki te 18%).

Mauri ora *Healthy individuals*

PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori e 916 ia tau, i ngā tau mai i 2009–13, ā, 14% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora. E ono ōrau o ngā pēpi Māori me ngā pēpi tauwiwi he māmā rawa te taumaha tinana i te whānautanga.



I te tau 2013, e 81% o ngā pēpi Māori i Tāmaki makaurau i whāngotēhia nuitia i te 6 wiki.

I raro iti atu i te haurua o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke.

I te tau 2014, kua oti te 88% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, ā, e 94% hei te 24 marama.



I te tau 2013, kotahi haurua o ngā tamariki Māori o Tāmaki makaurau, e 5 te pakeke, me tētahi haurua o ngā tamariki tauwiwi, kua pāngia e te niho pirau. I te tau 8 o te kura, kotahi haurua o ngā tamariki Māori me te rua haurua o ngā tamariki tauwiwi kua pāngia e te niho pirau. 19% te nuinga ake o ngā tamariki Māori i raro iho i te 15 tau i kawea ki te hōhipera mō ngā māuiui niho, māuiui pae niho hoki, i ngā tamariki tauwiwi, i ngā tau 2011–13.



I roto i ngā tau 2011–13, ko te toharite ia, 122 ngā urunga hōhipera ia tau kia whakapiriria he pū taringa mō ngā tamariki Māori i raro iho i te 15 tau (e 85% te nuinga ake i tō te urunga mō ngā tamariki tauwiwi), ā, e 78 ngā whakaurunga mō ngā pokenga kiri taumaha (e 48% te pikinga ake o te pāpātanga tēnā i ngā tamariki tauwiwi).



Mō ngā tamariki i raro i te 15 tau, tokorua ngā tamariki Māori i whakaurua ki te hōhipera nā te pāngia e te kirikā rūmātiki taumaha ia tau, tokowhitu nō tauwiwi. Ko te pāpātanga mō ngā tama Māori, e 3 rawa te pikinga ake i ngā tama tauwiwi.



Neke atu i te 650 ngā whakaurunga hōhipera o ngā tamariki Māori ia tau ka kīia he whakaurunga kua taea te kaupare mehemea he nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, 19% te nuinga ake o te pāpātanga i tō tauwiwi.

Ko te toharite ia, e 432 ngā whakaurunga ki te hōhipera o ngā tamariki Māori ia tau ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika mōata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, 19% te pikinga ake o te pāpātanga mō te tamariki Māori i te tamariki tauwiwi.



RANGATAHI *YOUNG ADULTS*

Kua tino kitea he pikinga ake o ngā taiohi Māori o Tāmaki makaurau kāore anō kia kai paipa i te 14, i te 15 tau, mai i te whānautanga mai, ā, kua heke iho hoki te pāpātanga o ngā Māori mai i 15–24 tau he auau te kaipaipa.



Nō te taenga ki te marama o Hepetema 2014, 61% o ngā kōtiro Māori 17 tau te pakeke, me te 69% o ngā kōtiro kua piki ki te 14 tau kua toru whāngaiinga ki te kano ārai mate mō te tona kiri tangata (HPV).



I waenga i ngā taiohi o Tāmaki makaurau 15–24 tau te pakeke, kotahi taiohi Māori, tokowhā hoki ngā taiohi tauwiwi i whakaurua ki te hōhipera mō te kirikā rūmātiki taumaha ia tau, i ngā tau 2011–13. E whitu whakareatanga ake ngā whakaurunga mō ngā wāhine Māori i ngā wāhine tauwiwi.



Ko te pāpātanga o te whakaurunga hōhipera mō te tūkinō ā-kiri, he teitei kē atu mō te iwi Māori, tēnā i ō tauwiwi mō te taiohi kei waenga te pakeke i ngā tau 15–44, i ngā tau 2011–13.



PAKEKE ADULTS

E rua hautoru o ngā pakeke Māori i Tāmaki makaurau, e ai ki ā rātou kōrero, he rawe tō rātou hauora, he tino pai rānei i te tau 2013, ā, kotahi haurima i kī he pai tō rātou hauora. Kotahi i roto i te ono (15%) i kī, he āhua pai, kāore i pai rānei tōna hauora.



Kei te heke haere te tokomaha e kaipaipa ana, engari neke atu i te rua whakareatanga atu te tokomaha o ngāi Māori e kaipaipa ana, ina whakaritea ki a tauwiwi (e 26% mō te Māori, 10% mō tauwiwi i te tau 2013).



Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, e 4 whakareatanga ake o te whakaurunga ki te hōhipera tēnā i a tauwiwi mō te mate pāpuni pūkahukahu (COPD) i roto i te tau 2011–13.



Kei runga ake te whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i raro iho i te 65 tau tēnā i a tauwiwi.

E 4 whakareatanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwiwi.



Te mate huka

I te tau 2013, tōna 5% o te tangata Māori kua pāngia e te mate huka. Tata ki te haurua o te iwi Māori e 25 neke atu rānei te pakeke, kua pāngia e te mate huka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei, ā, e 86% kua pūputu te aroturuki i ō rātou huka ā-toto, ā, e rua hautoru kua pūputu te tātari mō te mate tākihi.



I ngā tau 2011–13, ko te hunga Māori kua pāngia e te mate huka, e rua whakareatanga te maha o ngā porohanga o tētahi waewae, tēnā i a tauwiwi.

Ngā māuiui o ngā iaia toto

E 69% te nuinga ake o ngā pakeke Māori 25 tau te pakeke, neke atu rānei, i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, i ngā pakeke tauwiwi, (tae atu ki ngā māuiui manawa me te ikura roro) i ngā tau 2011–13.



He maha kē atu ngā wāhine Māori i whakaurua ki te hōhipera mō te mate manawa taumaha, mō ngā mahi whakatika rerenga iaia toto hoki, tēnā i ngā wāhine tauwiwi. He āhua rite te pāpātanga o ngā tāne Māori mō ēnei momo mate ki te tāne tauwiwi. Ahakoa rā, he teitei kē atu te urunga atu o ngā tāne Māori ki te hōhipera tēnā i ngā wāhine Māori.

E 4 whakareatanga ake te whakaurunga atu ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwiwi.

Ko te pāpātanga mō te whakaurunga atu mō te mate ikura roro e 45% te teiteitanga ake mō te Māori tēnā i a tauwiwi, ā, e rua whakareatanga ake mō te Māori mō te pēhanga toto teitei.

E 2.7 whakareatanga ake ngā whakaurunga ki te hōhipera mō te mate rūmātiki manawa taumaha mō te Māori, tēnā i a tauwiwi.

Ko ngāi Māori i raro iho i te 75 tau, e 2.5 te pikinga ake o te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwiwi.



PAKEKE ADULTS

(tonu)

Te mate pukupuku

Ina whakaritea ki a tauwi, e 24% te teiteinga ake o te pānga e te mate pukupuku mō ngā wāhine Māori, ā, e 25% te teiteinga ake mō ngā tāne Māori, ā, ko te mate nā te mate pukupuku te take e 87% te teiteinga ake mō te wāhine Māori, e 78% te teiteinga ake mō te tāne Māori.



Ko ngā mate pukupuku i rehitatia nuitia i waenga i ngā wāhine Māori o Tāmaki makaurau i ngā tau 2008–12 ko ngā mate pukupuku o te ū, o ngā pūkahukahu, o te whare tangata, me te kōpiro nui. Ko te pāpātanga o ngā mate pukupuku pūkahukahu e 3.8 te whakareatanga ake i tēnā o tauwi.



Ko te whānuitanga o te arotake ū mō ngā wāhine Māori kei te 45–69 tau i eke ki te 65%, hei whakarite ki te 69% o ngā wāhine tauwi i te marama o Tihema 2014.

Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 56% i roto i te 3 tau, ā, e 71% i roto i te rima tau (hei whakarite ki te 81% me te 96% mō ēnei reanga o tauwi).

Ko te mate pukupuku o te pūkahukahu, o te repe tātea, o te kōpiro nui, o te ate ngā mate pukupuku e rēhitatia nuitia ana i waenga i ngā tāne Māori o Tāmaki makaurau. E toru whakareatanga ake te pāpātanga rēhita mō te mate pukupuku pūkahukahu, ate hoki mō te tāne Māori, tēnā i ngā tāne tauwi.



Ko ngā pūtaka mate pukupuku mō te mate rawa i kitea mō ngā wāhine Māori me ngā tāne Māori i roto i ngā tau 2007–11 ko ngā mate pukupuku pūkahukahu, mate pukupuku whēkau nakunaku hoki.



Ngā māuiui o te hinengaro

E rua whakareatanga ake te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i ngā tau 2011–13, tēnā i a tauwi. Ko te mate i kitea nuitia ko te wairua tuakoi, ko te tuarua, ko ngā māuiui he kai tarukino te take.



Te mate rangatira (koute)

I te tau 2011, tōna 6% te pānga o te mate rangatira i waenga i te hunga Māori o Tāmaki makaurau.



I whiwhi te 34% o te hunga Māori kua pāngia e te mate rangatira ki te allopurinol, he rongoā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, e 41% noa iho i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri.

I roto i ngā tau 2011–13, e 3.7 te whakareatanga ake o te pāpātanga whakauru ki te hōhipera mō te Māori tēnā i a tauwi, e mōhiotia ai he maha ake ngā kakānga mamae mō te Māori.

NGĀ REANGA KATOA ALL AGES

Ngā whakaurunga hōhipera

E 24% te teitei ake o te pāpātanga whakaurunga ki te hōhipera mō te Māori nā ngā pūtaka katoa, tēnā i a tauiwi, i roto i ngā tau 2011–13.



Āhua 2,310 ngā whakaurunga mō te Māori ki te hōhipera ia tau he whakaurunga ka taea te kaupare i mua, hei whakaritenga ki te 54% mō tauiwi. E 70% te pāpātanga o te ASH.

Ngā wharanga

E 43% te teitei ake o te pāpātanga whakaurunga ki te hōhipera nā te aituā te take, mō te Māori, tēnā i a tauiwi, i roto i ngā tau 2011–13.



Ko ngā take matua mō ngā wharanga i whakaurua ai he tangata ki te hōhipera ko ngā takanga, te tuinga e ngā mīhini, ngā whakararu o te tiaki i muri i te poka tinana, i te haere ki te tākuta rānei, te patunga e te tangata kē, ngā aituā waka, me te tūkino ā-kiri.

E 6.7 te pikinga ake o te pāpātanga o te whakauru i te wahine Māori ki te hōhipera nā te patunga e te tangata kē, tēnā i ngā wāhine tauiwi, ā, e 3 te pikinga ake mō ngā tāne Māori i a tauiwi. Kei runga kē atu te pāpātanga o te whakaurunga hōhipera mō te tāne, tēnā i te wahine.

E 2.5 whakareatanga ake o te matenga i ngā wharanga mō te Māori, tēnā i a tauiwi i Tāmaki makaurau mō ngā tau 2007–11.

Te mate rawa

E rua whakareatanga ake te pāpātanga o te mate rawa, nā ngā pūtaka katoa o te mate, ki te tangata Māori i roto i Tāmaki makaurau, i roto i ngā tau 2008–12, i a tauiwi.



Ko ngā takenga o te mate rawa mō ngā wāhine Māori i waenga i ngā tau 2007–11 ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, te mate pāpuni pūkahukahu (COPD), te mate pukupuku o ngā ū, me ngā aituā. Ko ngā takenga matua mō ngā tāne Māori ko te IHD, te mate pukupuku o ngā pūkahukahu, ngā aituā, te mate huka me te COPD.

E 2.5 te whakareatanga ake o ngā matenga kua āhei pea te kaupare, kua āhei rānei te taurima, mō te Māori, i tō tauiwi i Tāmaki makaurau.

Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia e 77.8 ngā tau e ora ai te wahine Māori (e 6.8 ngā tau i raro iho i ngā wāhine tauiwi), ā, e 73.7 tau mō ngā tāne Māori (e 7.4 ngā tau i raro iho i ngā tāne tauiwi).

He mea whāngai ki te pūtea e te Te Kete Hauora, Te Manatū Hauora.

Te taura rei puta nā Graham Tipene. Ngā whakaahua nā Aki Design. Hoahoa e Matthew Bartlett.

Te huri ki te reo Māori nā Piripi Walker, Tokomapuna Māori Language Services.

Whakamārama pikitia: Auckland Harbour Bridge, e Stephen Witherden.

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