



# Logic Model for Occupational Performance Coaching

Arguments for OPC	Implementation Criteria	Mechanisms and Impact		Outcomes
		Practitioner Resource (i.e., action)	Intended Client Response	
<p>Occupational performance/ participation are priority outcomes for many people living with disability and their caregivers.</p> <p>Usual care in rehabilitation has remained highly practitioner (expert)-directed despite evidence that client autonomy during rehabilitation results in higher client engagement.</p> <p>Interventions are needed that directly target occupational performance/ participation as a primary outcome.</p> <p>Achievement of occupational performance/ participation outcomes is multifactorial, requiring accommodation of individual and contextual influences</p>	<p>In person or web-based staff training in OPC <a href="https://www.otago.ac.nz/opc/training">https://www.otago.ac.nz/opc/training</a></p> <p>Self-audit through use of the OPC-FM or OPC Case Note Audit Tool.</p> <p>Delivered 1:1 or in groups; in person or via telehealth.</p> <p>Average dosage: 5 sessions (min 1: max 12).</p>	<p><b>PARTNERSHIP</b> Explicit development of high trust partnership.</p> <p><b>GOALS</b> Identifying clients’ most valued goal elicited as occupational performance/ participation in life situations.</p> <p><b>AUTONOMY SUPPORT</b> Client reflection, analysis and decision-making encouraged. Client agency is maintained as paramount.</p> <p><b>SUPPORTING CHANGE</b> Clients’ specific action statements elicited.</p>	<p><b>PARTNERSHIP</b> Client trusts practitioner thus reflects and discloses key information.</p> <p><b>GOALS</b> A. Client undertakes independent goal striving. B. Detailed situation analysis by client.</p> <p><b>AUTONOMY SUPPORT</b> Client experiences heightened autonomy over their goal situation thereby supporting intention to act.</p> <p><b>SUPPORTING CHANGE</b> Barriers to action proactively addressed.</p>	<p><b>PRIMARY OUTCOME</b> Individualised client goal achievement of greater occupational performance and social participation (e.g., as measured by the COPM or GAS).</p> <p><b>SECONDARY OUTCOMES</b> High sense of competence, confidence, self-esteem and self-management related to health condition/role/goal</p> <p><b>LONG TERM OUTCOMES</b> Client and family capacity building and self-management</p>

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