



EDGAR DIABETES &  
OBESITY RESEARCH

A UNIVERSITY OF OTAGO RESEARCH CENTRE

# Is there an alternative to the RCT?

Join us for...

- an introductory seminar on the multiphase optimization strategy (MOST), an innovative framework for building more effective, efficient, economical, and scalable behavioural interventions, followed by...
- a workshop offering more details and practical information for those considering using MOST in their studies



Linda M. Collins  
Distinguished Professor  
of Human Development  
& Family Studies,  
Pennsylvania State  
University, United States.

Thursday 7 February, 2019  
10am - 4pm (lunch provided)

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Department of Medicine seminar room  
9th floor Dunedin Hospital  
.....



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Te Whare Wānanga o Ōtāgo  
NEW ZEALAND

Numbers are limited for this free seminar and workshop.  
Further information: [www.otago.ac.nz/diabetes](http://www.otago.ac.nz/diabetes)  
Please **rsvp**: [diabetes@otago.ac.nz](mailto:diabetes@otago.ac.nz)