

VIDARIS NEWSLETTER

THE NEW YEAR

We hope you all had a good break over the Christmas and New Year period. We wish you all the



best for the year ahead.

CHRISTMAS PERIOD

Thank you to those participants who came in for appointments between Christmas and New Year. The Boxing Day shakes will have unsettled things for some of you and the

weather was not the best in places. Sandy who manned the fort between Christmas and New Year had a nine hour trip the day before to get back from Nelson because of road closures as a result of the weather.

MONTHLY APPOINTMENTS

We do appreciate your continued commitment to the study. Some of you are at the eight month stage with your appointments and we are seeing others for their nine and ten month appointments. The next blood and nasal swab samples will be at the 12 month stage.

Just a reminder also to contact us if you get any cold or flu-like symptoms (runny nose, nasal stuffiness, sore throat or cough that is not allergy related). There is still

the odd cold and flu-like illness going about over the summer months and if you are unfortunate enough to get one, please let us know.

CHANGE OF CONTACT DETAILS

If your contact details have changed since you enrolled in the study please let us know at your next appointment. Some people may be in new temporary accommodation because of the earthquake.

HOW TO CONTACT US

Karina Barney	378 6542
Penelope Fleming	378 6543
Sarah Godfrey	378 6546
Kelly Watson	378 6545

Study Co-ordinator Sandy Slow Contact details:

Sandy Slow	378 6544
After hours	0800 VIDARIS 0800 8432747

