### HOW DO I BOOK AN APPOINTMENT?

#### To book an appointment:

Tel: +64 03 479 8141 Email: pharmacy.clinic@otago.ac.nz

If your doctor is referring you, you do not need to do anything - we will be in touch



### OUR LOCATION

We are located at 325 Great King St, Dunedin, on the ground floor of the School of Physiotherapy Building.

Free car parking spaces are available for the duration of your appointment.

### INFORMATION FOR HEALTHCARE PROFESSIONALS

The School of Pharmacy Clinic is a collaboration between the University of Otago and the Southern DHB. Our aim is to work with patients to optimise their medicines management. During the consultation, a review of their current medicines will be completed.

We will share a summary of the outcomes of the consultation with you, and this will also be available on HealthConnect South. Any concerns about the medicine regimen will be included in the summary letter. People with very complex regimens may be referred to the WellSouth clinical pharmacist team.

### WHO IS THE SERVICE FOR?

The service is available to community-dwelling adults over 18. Those who may benefit include those:

- Taking a large number of medicines.
- Needing extra support to manage their medicine schedule.
- Using inhalers, insulin pens or other devices who would benefit from technique training.
- With medicine education or health literacy needs.

### MAKING A REFERRAL

Referrals can be submitted electronically via ERMS through your PMS:

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Medicines Assessment and Support Service

# SCHOOL OF PHARMACY CLINIC

Helping you get the best from your medicines

### FREE MEDICINES ASSESSMENT



## Helping you get the best from your medicine



### ABOUT THE SERVICE

Our pharmacists will work with you and your health care team by supporting you to get the most benefit from your medicines.

Our service is provided **free** of charge.



### IS THIS SERVICE FOR YOU?

This service is for you if you:

- Take a lot of medicines.
- Sometimes miss taking your medicines.
- Are unsure why you were prescribed the medicines.
- Think your medicines are not working well for you.

### WHAT CAN YOU EXPECT

You will meet with one of our pharmacists at our clinic in Central Dunedin. Your appointment may take up to one hour. A follow-up phone call or further clinic appointment may be arranged.



Together, we will discuss how your medicines are working for you. We will answer any questions you may have about your medicines, and provide guidance and information on how best to use them.

### OUR TEAM

The clinic is staffed by registered pharmacists. We are passionate about improving the health of our community and helping people to achieve their health goals.

### WHAT TO BRING TO YOUR APPOINTMENT

- All of your medicines including prescription and nonprescription medicines, vitamins, natural products, and any devices.
- Any unwanted or expired medicines we can safely dispose of them for you.
- A list of questions you may have for the pharmacist.
- A list of any allergies you have and any records you have kept of your blood pressure or blood sugars, etc.

### CAN I BRING SOMEBODY WITH ME?

You are very welcome to bring whānau/family or support persons with you to your appointment.

### RESEARCH AND TRAINING IN THE CLINIC

The School of Pharmacy may undertake research projects and teaching through the Pharmacy Clinic. We will ask if you would like to be involved, however you are not obliged to take part if you do not wish to.

