

# Brain Health **Research** Centre



Te Pokapū Rakahau Hauora Hinekaro

# Brain Week Otago 2016

IN ASSOCIATION WITH OTAGO MUSEUM AND NEUROLOGICAL FOUNDATION NZ

A full week of free activities, speakers and events based on learning more about the brain and the power of the mind

## Friday 11 March

4.30pm and 4.45pm | Otago Museum Planetarium Neurodome

The NZ Premier of this internationally recognised look inside the brain exploring the very fibres of our minds - FREE - bookings essential at Otago Museum 03 474 7474

## 5.30pm – 7pm | Hutton Theatre Otago Museum

The Power of Food on the Brain Visiting Italian Professor Massimiano Bucchi and Brain Health Research Centre Professor Dave Grattan explore the role of food in culture and in the brain

Saturday 12 March Hutton Theatre Otago Museum Neurological Foundation Brain Day

## 10am – 11am

Unravelling the Genetics of Neurodegenerative Disorders Professor Russell Snell discusses how genetics can influence treatment

## 11am – 12pm

The power of the subconscious; sleep and dreams Professor David Bilkey and Hypnotherapist Karen Hughes

## 1pm – 2pm

The power of the maternal mind during pregnancy and Foetal Development Associate Professor Christine Jasoni



## 2pm – 3pm

*An update on neurosurgery research* University of Otago's Chair in Neurosurgery Professor Dirk De Ridder

## 4.30 and 4.45pm | Otago Museum Planetarium

## Neurodome

Bookings at Otago Museum (03) 474 7474

## Monday 14 March

2pm – 3.30pm | MS Otago rooms 8 Baker Street Caversham | Open to the public *Understanding Nerve Endings and Maintaining Muscle Tone* Associate Professor Phil Sheard

#### 4.30 and 4.45pm | Otago Museum Planetarium

#### Neurodome

Bookings at Otago Museum (03) 474 7474

.....

## Tuesday 15 March

12noon – 1.15pm | Barclay Theatre Otago Museum The Power of Voice and Song

Professor Warren Tate discusses the impact of music and song on the brain

.....

## Wednesday 16 March

1pm – 2.30pm | Brain Injury Association Moray Place | Free

Getting Active After Concussion

Professor Leigh Hale leads a discussion about recovery from concussion

.....

## Thursday 17 March

## 10am – 2pm | The Octagon Dunedin

## Brain Awareness Outreach

Weather permitting – join us and our giant inflatable brain in The upper Octagon. Walk through and learn more about the workings of the brain. Several brain related support agencies will be on site to help answer your questions.







