



CANTERBURY DISTRICT HEALTH BOARD TE POARI HAUORA O WAITAHA

Tirohanga Hauora 2015



Te taupori *Population*

I te tau 2013, e 43,800 ngā Māori i te noho i te takiwā o te Poari Hauora o Waitaha, e 9% tēnei o te taupori tōpū o te Takiwā.



He āhua taitamariki te taupori o Waitaha, engari he maha ngā tohu kei te kaumātua haere. I te tau 2013, 15% o ngā tamariki o te Takiwā Poari Hauora kei te 0–14 tau te pakeke, he Māori, ā, he Māori te 12% o ngā taiohi 15–24.



Tērā e piki te taupori Māori kei runga ake i te 65 tau, mā te tatanga atu ki te 75% i waenga i te tau 2013 me te tau 2020.



Whānau ora *Healthy families*

Ka whakaaturia ngā raraunga o Te Kupenga mō ngā Poari Hauora e whā tōpū: Waitaha, Whakatū-Wairau, Te Tai Poutini me Waitaki-Rangitātā. I te tau 2013, ka whakahoki kōrero mai te nuinga o ngā Māori o ēnei Poari e whā (84%) he pai te noho o ō rātou whānau, engari e 5% i kī, kāore i te pai te noho o ō rātou whānau. Tērā te ōrau iti (8%) i kī he uaua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (77%) he ngāwari noa.



He mea nui kia whai wāhi ki te ahurea Māori mō te nuinga o ngā pakeke Māori (59%), waihoki te taha wairua (59%).

Tata ki te katoa (99%) o te hunga Māori o ngā Poari Hauora e whā kua tae atu ki tētahi marae i tētahi wā. Kua tae te nuinga (79%) ki ō rātou marae ake, me te kī a neke atu i te haurua o rātou (54%), ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



Kotahi i roto i te rua tekau mai i ēnei Poari Hauora e whā kua tae ki te tohunga Māori, ki te kairomiromi rānei i roto i te 12 marama ka hipa ake.

Tata ki te 15% o ngā Māori o Waitaha i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori i te tau 2013.



Wai ora *Healthy environments*

Te mātauranga

Tata ki te katoa (97%) o ngā tamariki Māori o Waitaha i tīmata te kura i te tau 2013, kua whai wāhi ki ngā akoranga kōhungahunga.



I te tau 2013, e 52% o ngā pakeke Māori 18 neke atu rānei ngā tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he tino nui kē atu tēnei i te 2006 (44%). Heoi anō, he toru koata noa iho te ōrautanga o tēnei tokomaha, o tērā o tauwiwi i te tau 2013.

Te mahi

I te tau 2013, e 7% o ngā pakeke Māori 15 neke atu rānei ngā tau, he kore mahi, ā, e 70% te pikinga ake o te Māori i te pāpātanga mō tauwiwi.



Mahi aroha ai te nuinga o ngā pakeke Māori (88%) i ētahi wā.



I te tau 2013, kotahi me te haurua te whakareatanga ake o te hunga Māori noho i te kāinga, i waho rānei e tiaki ana i te hunga hauā, i te hunga māuiui rānei, tēnā i a tauwiwi.

Te whiwhinga moni me te taumata o te noho

I te tau 2013, e 27% o ngā tamariki me te 25% o ngā pakeke i ngā kāinga Māori, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu kei roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakapekatanga ā-pakeke aua moni (i raro i te \$15,172), hei whakaritenga ki ētahi atu kāinga ehara i te kāinga Māori, ka hoki ki te 16% o ngā tamariki i reira e noho ana, me te 18% o ngā pakeke.



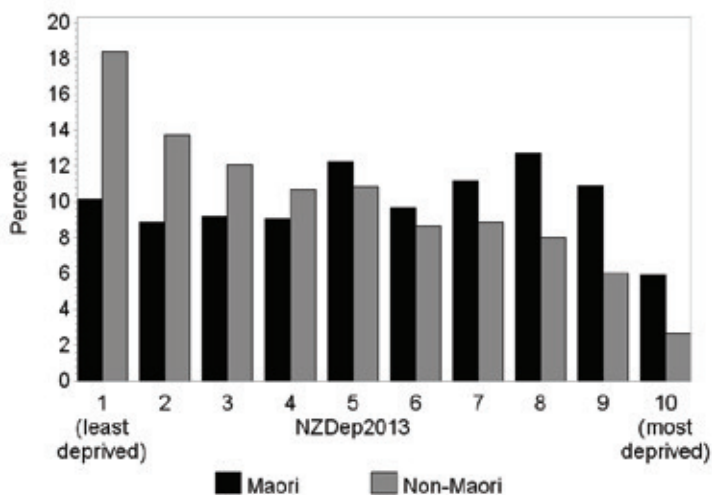
Tata ki te 9% o ngā pakeke Māori i te tōpūtanga o ngā Poari Hauora o Waitaha, Whakatū-Wairau, Te Tai Poutini, me Waitaki-Rangitātā i whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, e 5% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, e 9% kua whakakore, kua whakatārewa rānei i tētahi haerenga ki te tākuta i roto i te 12 marama ka hipa.

He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori i Waitaha ki ngā mahi whakawhiti kōrero ā-waea, tēnā i te hunga noho i ngā kāinga ehara i te Māori: 19% kāore kau he waea, 19% kāore kau he ipurangi, 10% kāore kau he waea pūkoro, ā, e 2% kāore i whai wāhi ki ētahi atu momo whakawhiti kōrero ā-waea.



Te rawakore ā-takiwā

Ina whakamahia te taupū NZDep2013 mō te noho rawakore o te rohe iti, e 40% o ngā Māori o Waitaha i te noho i ngā tino rohe rawakore ā-rōpū ngahuru e whā (ngahuru 7 ki te 10), ā, ko te pāpātanga mō tauwiwi, he 25%.



Te whai whare

I ngā Poari Hauora tōpū o Waitaha, Whakatū-Wairau, Te Tai Poutini, me Waitaki-Rangitātā ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i te tau 2013 ko te uaua o te whakamahana whare (15%), te pākarukaru o te whare ake (14%), me te haumākū (9%).



Nui iti ake i te haurua o ngā tamariki i ngā kāinga Māori i Waitaha e noho ana i te whare rēti, arā, e whā haurima te whakareatanga ake i te ōrautanga o ngā tamariki i ētahi atu whare ehara i te whare Māori.

Ko ngā tāngata o Waitaha e noho ana i te kāinga Māori, tata ki te rua whakareatanga ake o te noho kei roto i ngā whare apiapi tēnā i te hunga o tauwiwi (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei) (15% ki te 7%).

Mauri ora *Healthy individuals*

PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori 1,093 ia tau, i ngā tau mai i 2009–13, ā, 17% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora. Āhua 7% o ngā pēpi Māori me te 6% o ngā pēpi tauwiwi he māmā rawa te taumaha tinana i te whānautanga.



I te tau 2013, e 63% o ngā pēpi Māori i Waitaha i whāngotēhia nuitia i te 6 wiki.

Ko tōna 80% o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke.

I te tau 2014, kua oti te 90% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, ā, e 93% hei te 24 marama.



I te tau 2013, e 55% o ngā tamariki Māori o Waitaha, e 5 te pakeke, me te 36% o ngā tamariki tauwiwi, kua pāngia e te niho pirau. I te tau 8 o te kura, e 57% o ngā tamariki Māori me te 44% o ngā tamariki tauwiwi kua pāngia e te niho pirau. He ōrite tonu te tokomaha o ngā tamariki Māori i raro iho i te 15 tau i kawea ki te hōhipera mō ngā māuiui niho, māuiui pae niho hoki, ki ngā tamariki tauwiwi.



I roto i ngā tau 2011–13, ko te toharite ia, e 96 ngā urunga hōhipera ia tau kia whakapiria he pū taringa mō ngā tamariki Māori (he ōrite ki te pāpātanga mō tauwiwi).

I Waitaha, 16 ngā kōtiro i raro i te 15 tau i whakaurua ki te hōhipera mō ngā pokenga kiri taumaha ia tau, he 40% te pikinga ake o te pāpātanga tēnā i ngā kōtiro o tauwiwi, ā, mō ngā tāne Māori e 34% te itinga iho i a tauwiwi.



E whā whakareatanga ake o ngā tamariki Māori i raro iho i te 15 tau i whakaurua ki te hōhipera mō te kirikā rūmātiki taumaha, ā, kotahi tamaiti ia tau, kotahi, neke atu rānei ngā whakaurunga.



Neke atu i te 3,370 ngā whakaurunga hōhipera o ngā tamariki Māori ka kīia he whakaurunga kua taea te kaupare mehemea he nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, 12% te itinga iho o te pāpātanga tēnā i tō tauwiwi.

Āhua 370 o ngā whakaurunga ki te hōhipera o ngā tamariki Māori ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika moata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, 14% te pāpātanga iti iho tērā i tō ngā tamariki a tauwiwi.



RANGATAHI *YOUNG ADULTS*

Kua tino kitea he pikinga ake o ngā taiohi Māori o Waitaha kāore anō kia kai paipa i te 14, i te 15 tau, mai i te whānautanga mai, ā, kua heke iho hoki te pāpātanga o ngā Māori mai i 15–24 tau he auau te kai paipa.



Tae rawa ake ki te marama o Hepetema 2013, kei waenga i te 30% me te 43% o ngā kōtiro Māori mai i te 14 ki te 17 tau te pakeke, kua toru whāngai (te katoa) ki te kano ārai mate mō te tona kiri tangata (HPV). He iti iho te whānui mō te Māori i a tauwiwi.



Ko te pāpātanga o te whakaurunga hōhipera mō te tūkinō ā-kiri, e 25% te iti iho mō te iwi Māori, tēnā i tō tauwiwi mō te taiohi kei waenga te pakeke i ngā tau 15–24, i ngā tau 2011–13, ā, e 70% te teitei ake mō te tāne Māori, tēnā i tō te tāne tauwiwi mō te taipakeke kei waenga te pakeke i ngā tau 25–44.



PAKEKE ADULTS

E ai ki ngā kōrero a neke atu i te haurua o ngā pakeke Māori i ngā Poari Hauora o Waitaha, o Whakatū-Wairau, o Te Tai Poutini me Waitaki-Rangitātā i te tau 2013, he rawe tō rātou hauora, he tino pai rānei, ā, neke atu i te hauwhā i kī he pai tō rātou hauora. Kotahi i roto i te ono (16%) i kī, he āhua pai, kāore i pai rānei tōna hauora.



Kei te heke haere te tokomaha o te hanga pakeke i Waitaha e kaipaipa ana, engari neke atu i te rua whakareatanga atu te tokomaha o ngāi Māori e kaipaipa ana, ina whakaritea ki a tauwi (e 31% ki te 15%).



Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, e 3 whakareatanga ake o te whakaurunga ki te hōhipera tēnā i a tauwi mō te mate pāpuni pūkahukahu (COPD).



Kei runga ake te whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i ngā reanga katoa.

E 2.7 whakareatanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwi.



Te mate huka

I te tau 2013, tōna 3% o ngāi Māori, me tōna 4% o tauwi kua pāngia e te mate huka. E rima tekau mā ono ōrau o te hunga Māori e 25 neke atu rānei te pakeke, kua pāngia e te mate huka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei, ā, e 72% kua pūputu te aroturuki i ō rātou huka ā-toto, ā, e 41% kua pūputu te tātari mō te mate tākihi.



I ngā tau 2011–13, he ōrite te maha o ngā porohanga o tētahi waewae o te hunga Māori kua pāngia e te matehuka, ki a tauwi.

Ngā māuiui o ngā iaia toto

E 27% te nuinga ake o ngā pakeke Māori i Waitaha e 25 tau te pakeke, neke atu rānei, i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, i ngā pakeke tauwi, (tae atu ki ngā māuiui manawa me te ikura roro) i ngā tau 2011–13.



He 18% te whakareatanga ake o te pāpātanga o ngāi Māori o Waitaha i whakaurua ki te hōhipera mō te mate manawa taumaha, tēnā i a tauwi, ā, he ōrite te pāpātanga o ērā i whakaahuatia ngā iaia, o ngā whakahoutanga o ngā iaia, me ngā homaitanga iaia manawa autaki rānei me ngā rangitāmiro.

E 2.8 whakareatanga ake te whakaurunga atu ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwi.

Ko te pāpātanga mō te whakaurunga atu mō te mate ikura roro he ōrite mō te Māori me tauwi.

He ōrite te pāpātanga mō te whakaurunga atu mō te Māori me tauwi, waihoki mō te mate rūmātiki manawa taumaha.

Ko ngāi Māori i raro iho i te 75 tau, e 2.5 te whakareatanga ake o te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwi.



PAKEKE ADULTS

(tonu)

Te mate pukupuku

Ina whakaritea ki a tauwi, e 45% te teiteinga ake o te pānga e te mate pukupuku mō ngā wāhine Māori, ā, he ōrite mō ngā tāne Māori, ā, ko te mate nā te mate pukupuku te take e 32% te teiteinga ake mō te wahine Māori, he ōrite mō te tāne Māori.



Ko ngā mate pukupuku i rēhitatia nuitia i waenga i ngā wāhine Māori o Waitaha ko ngā mate pukupuku o te ū, o ngā pūkahukahu, o te waha whare tangata, o te kōpiro nui, me te wharekano. Mō te pāpātanga o ngā mate pukupuku pūkahukahu e 3 whakareatanga ake o te Māori i tēnā o tauwi, ā, mō ngā mate pukupuku waha whare tangata, e 4 whakareatanga ake, mō ngā mate pukupuku o te ū, e 49% te whakareatanga ake mō te wahine Māori, mō ngā mate pukupuku o te kōpiro nui he ōrite, ā, e rua whakareatanga ake mō te mate pukupuku wharekano.



I te mutunga o te tau 2014, ko te whānuitanga o te arotake ū mō ngā wāhine Māori kei te 45–69 tau i eke ki te 76%, hei whakarite ki te 81% o ngā wāhine tauwi.

Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 54% i roto i te 3 tau, ā, e 66% i roto i te rima tau (hei whakarite ki te 77% me te 90% mō ēnei reanga o tauwi).

Ko te mate pukupuku o te repe tātea, o ngā pūkahukahu, o te kōpiro nui, o te ate me ngā tākihi ngā mate pukupuku i kitea nuitia i waenga i ngā tāne Māori o Waitaha. E 87% te whakareatanga ake o te pāpātanga rēhita mō te mate pukupuku pūkahukahu mō te tāne Māori, tēnā i ngā tāne tauwi, ā, e 4.7 te whakareatanga ake o ngā rēhita mō te mate pukupuku ate mō te tāne Māori. He iti iho te pānga o te mate pukupuku o te repe tātea mō te tāne Māori tēnā i a tauwi.



Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā wāhine Māori ko ngā mate pukupuku o ngā pūkahukahu, me te ū. Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā tāne Māori ko ngā mate pukupuku o ngā pūkahukahu me te kōpiro nui.



Ngā māuiui o te hinengaro

Tata ki te 40% te whakareatanga ake te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i ngā tau 2011–13, tēnā i a tauwi. Ko te mate i kitea nuitia ko te whakapōuri, me ngā māuiui mate tuakoi, me ngā māuiui he kai tarukino te take.



Te mate rangatira (koute)

I te tau 2011, tōna 4% te pānga o te mate rangatira i waenga i te hunga Māori o Waitaha, he teitei kē ake i tō tauwi (2%).



I whiwhi te 40% o te hunga Māori kua pāngia e te mate rangatira ki te allopurinol, he rongoā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, iti iho i te haurua i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri.

I roto i ngā tau 2011–13, e 4.3 te whakareatanga ake o te pāpātanga whakauru ki te hōhipera mō te Māori tēnā i a tauwi, e mōhiotia ai he maha ake ngā kakānga mamae mō te Māori.

NGĀ REANGA KATOA ALL AGES

Ngā whakaurunga hōhipera

He paku iti iho te pāpātanga whakaurunga ki te hōhipera mō te Māori nā ngā pūtake katoa, tēnā i a tauwiwi, i roto i ngā tau 2011–13.

Neke atu i te 1,600 ngā whakaurunga mō te Māori ki te hōhipera he whakaurunga ka taea te kaupare i mua, ā, 6% te whakareanga ake te pāpātanga i a tauwiwi. 12% te pāpātanga teitei ake o te ASH.



Ngā wharanga

E 6% te itinga iho o te pāpātanga whakaurunga ki te hōhipera nā te wharanga te take, mō te Māori, tēnā i a tauwiwi, i roto i ngā tau 2011–13.

Ko ngā take matua mō ngā wharanga i whakaurua ai he tangata ki te hōhipera ko ngā takanga, te tuinga e ngā mīhini, ngā whakararu o te tiaki i muri i te haere ki te tākuta, i te poka tinana rānei, ngā patunga e te tangata kē, ngā aituā waka, me te tūkino ā-kiri i runga i te hiahia kia pērā.

E 67% te whakareanga ake o te pāpātanga whakaurunga ki te hōhipera nā te patunga e te tangata kē, mō te tāne Māori, tēnā i a tauwiwi, ā, e 2.4 te teiteinga ake o te pāpātanga nā te patunga e te tangata kē mō te wahine Māori, tēnā i a tauwiwi.

E 40% te whakareatanga ake o te matenga rawa i ngā wharanga kē mō te Māori, tēnā i a tauwiwi i Waitaha ii ngā tau 2007–11.



Te mate rawa

E 50% te whakareanga ake te pāpātanga o te mate rawa, nā ngā pūtake katoa o te mate, ki te tangata Māori i roto i Waitaha, i roto i ngā tau 2008–12, i a tauwiwi.



I roto i ngā tau 2007–11, ko ngā takenga o te mate rawa mō ngā wāhine Māori ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, te mate pāpuni pukapuka (COPD), te ikura roro me ngā aituā. Ko ngā takenga matua mō ngā tāne Māori ko te mate manawa pāpunitanga toto (IHD), ngā aituā, te mate pukupuku o ngā pūkahukahu, te whakamomori me te COPD.

Kei te 80% te whakareanga ake o ngā matenga, nā ngā māuiui kua āhei pea te kaupare, kua āhei rānei te taurima, mō te Māori, i tō tauwiwi i Waitaha.

Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia e 80.9 ngā tau e ora ai te wahine Māori (e 2.6 ngā tau i raro iho i ngā wāhine tauwiwi) i Waitaha, ā, e 77.2 tau mō ngā tāne Māori (e 2.8 ngā tau i raro iho i ngā tāne tauwiwi).

He mea whāngai ki te pūtea e te Te Kete Hauora, Te Manatū Hauora.

Te tauria rei puta nā Graham Tipene. Ngā whakaahua nā Aki Design. Hoahoa e Matthew Bartlett. Te huri ki te reo Māori nā Piripi Walker, Tokomapuna Māori Language Services. Whakamārama pikitia: North Canterbury, e Scorio.

Me pēnei te whakahua i tēnei pukapuka: Robson B, Purdie G, Simmonds S, Waa A, Rameka R, Andrewes J. 2016. *Tiro Whānui: He Tirohanga Hauora mō Te Poari Hauora o Waitaha 2015*. Pōneke: Te Rōpū Rangahau Hauora a Eru Pōmare, Te Whare Wānanga o Otago.

ISBN 978-0-9941320-2-4

