# 2017/2018 Summer Studentship Project Application Form

Send to: Research Office, University of Otago Christchurch, PO Box 4345, Christchurch, by 5pm on 3 July 2017

#### Supervisor Information (First named supervisor will be the contact)

First Supervisor's Name and Title: Amanda Landers

Department - UOC &/or CDHB (if applicable): Department of Medicine, UOC

First Supervisors Phone: 027 2714918 First Supervisors Email:

First Supervisors emailing Address: Amanda.Landers@nursemaude.org.nz

Co-Supervisors Name and Title(s): Suzanne Pitama

Research Category (Choose one category only – to be used for judging the students' presentations):

CLINICAL Laboratory Community

Project Title (20 words MAXIMUM)

Exploring palliative care experiences and options for Maori patients and their whānau.

Project Description:

#### Introduction:

Nurse Maude, is a community support provider that provides home-based support services in **Canterbury. Nurse Maude's Maori Health Action Plan is underpinned by a commitment to ensuring its** health services are provided in a way that allows equitable access. This means that services are to be developed and delivered in a way that is appropriate for Maori.

Palliative care services are part of Nurse Maude's work and this service, provides support to the person with life-limiting illness and their whānau caregiver(s). The service has recently been funded to employ a facilitator to develop an education programme for whānau carers of palliative patients. A 4-week programme (Korowai) has been introduced so far, with another longer programme planned.

#### Aim:

- 1. To provide the student with an opportunity to work alongside Nurse Maude staff, in order to provide a context to understand current palliative care service options for Maori patients and whānau in the Canterbury region.
- 2. To undertake a literature review on how palliative care services nationally are being responsive to Maori patients/whanau with emphasis on the carer's needs.
- 3. To help Nurse Maude understand the best way to engage and offer education to Maori whanau caregivers

## Possible impact (in lay terms):

This project will provide both a clinical context and an opportunity to develop literature search skills for the summer student.

### Method:

Dr Amanda Landers will facilitate the student's 4 week placement at Nurse Maude including opportunities to work alongside the kaumātua, Maori health professionals, and Maori patients/whanau.

The student will undertake a brief narrative review of the literature and use thematic analysis to group key findings from the evidence.

Student Prerequisites (eg. Medical Student) if applicable:	