

# Te Toiora Tākata

## WE'RE HERE FOR STAFF!

Every staff member has access to us, the Staff Support Team. We are representatives from each of our service areas. Have a look below and identify your current area of concern and/or interest and we'll endeavour to find a solution together. If you are not sure where to place yourself or your situation, reach out to any one of us and we'll work it out.



### PSYCHOLOGICAL HEALTH ISSUES



CARINA PERNER  
Occupational Mental Health & Wellbeing  
Advisor



021 920 696



carina.perner@otago.ac.nz



otago.ac.nz/health-safety/hazards



### PHYSICAL HEALTH ISSUES



LEISA BARRON  
Occupational Health Nurse



Ext 5034



ohn@otago.ac.nz



otago.ac.nz/health-safety/  
occupational-health



### WORKPLACE ISSUES | INTERPERSONAL DISPUTES



JENNIFER ANDERSON  
Manager | Facilitation and Mediation  
Ext 5679



jennifer.anderson@otago.ac.nz



otago.ac.nz/mediation



### WORKPLACE ISSUES | HUMAN RESOURCES



SUSAN PATTERSON  
Senior Human Resources Advisor



021 279 0820



susan.patterson@otago.ac.nz



otago.ac.nz/humanresources



### HEALTH AND SAFETY



CHRISTINA CARROLL  
Health and Safety Advisor



021 279 6096



christina.carroll@otago.ac.nz



otago.ac.nz/health-safety



### PASTORAL CARE | SPIRITUAL WELLBEING



SHEILA MARK  
Chaplain



027 535 6323



sheila.mark@otago.ac.nz



otago.ac.nz/chaplain

## FURTHER SUPPORT!

### GENERAL WORKPLACE ISSUES | UNION



TEU - Union Representative  
christchurch@teu.ac.nz

### COUNSELLING



EAP Benestar



Find a counsellor: [benestar.com/counsellor-map](https://benestar.com/counsellor-map)

BeneHub: [benestar.com](https://benestar.com)

(Company identifier: uniOtago, token: eap)



...OR SEND AN EMAIL TO  
[STAFFSUPPORT@OTAGO.AC.NZ](mailto:STAFFSUPPORT@OTAGO.AC.NZ)