

# FREE

## Public Lecture Series



WELLINGTON

Celebrating 20 years of Public Health Summer School

# Innovative responses to the global crisis in indigenous mental health

Indigenous population based mental health is in a state of crisis and is now recognised as a major contributor to the global burden of disease. This presentation will focus on trauma work in indigenous communities and populations including innovative approaches to working with traumatised communities such as the Tree of Life which has been delivered around the world by the internationally acclaimed Dulwich Center for Narrative Therapy.

## Barbara Wingard and Dr David Denborough

Barbara Wingard is a Senior Aboriginal Elder and was named Elder of the Year (Female) in South Australia in 2008. She is a current Commissioner for the Environmental Resources and Development Court and co-author, with Jane Lester, of the influential book *Telling our stories in ways that make us stronger*.

Dr David Denborough is an educator, writer/editor and community worker. He has been involved in Tree of Life and Team of Life. These collective narrative methodologies seek to assist people to address the effects of traumatic experiences without having to speak directly about them. David is interested in how collective narrative practices can spark and/or sustain social movement.



Wednesday 17 February 2016

5.15pm – 6.15pm

University of Otago, Wellington

23a Mein St Newtown

All welcome

For further information visit:  
[otago.ac.nz/UOWevents](http://otago.ac.nz/UOWevents)