



# SEMINAR

## Department of Public Health



University of Otago, Wellington | 23A Mein Street | Newtown | Wellington

## Infant and child mental health

Joint Pediatrics and Public Health Seminar. Chair Prof. Dawn Elder



**Infant mental health: When to be concerned.**  
Lucie Zwimpfer, Dept. of Pediatrics

How do we know when an infant is at risk of mental health difficulties? What do we need to be looking for? Parent infant psychotherapist Lucie Zwimpfer will describe some of the signs of emotional distress in infants that may be observed during a short consultation



**Positive mental health in children: A public health concept whose time has come.** Dr Amanda Kvalsvig, Murdoch Children's Research Institute, Melbourne

Until now, child mental health promotion efforts have focused mainly on reducing the prevalence and severity of problems. Amanda will present findings from an ongoing investigation of positive mental health using linked Australian datasets, highlighting some promising strategies for supporting positive mental health in all children.

**Friday 30 Sept 12.30 to 1.30 ALL WELCOME!**

**Small Lecture Theatre, Level D, University of Otago Wellington**

To join by web-conference go to: [https://otago.ac.nz/zoom/ph\\_seminars](https://otago.ac.nz/zoom/ph_seminars)

More information will soon be available at: <http://otago.ac.nz/UOWevents>