Rarotonga Rural Generalist CME Workshop 2018 **draft** programme

Topics summary

* Cardiology—updates for rural practice (Dr Garry Nixon, Dunstan Hospital and Senior Lecturer)
* Infectious disease for rural hospital (Dr Steve Withington, FDRHMNZ, FRACP, Ashburton Hospital)
* Unstable medical patient simulations (Dr Steve Withington, FDRHMNZ, FRACP, Ashburton Hospital; Dr Wynn, Rarotonga Hospital)
* Polypharmacy and guide to de-prescribing (Dr Kati Blattner, Hokianga Health and senior lecturer)
* Managing multi-morbidity (Dr Nigel Cane, FDRHMNZ, Northland DHB)
* Teaching and supervising registrars—pitfalls and tips (Dr Richard Clinghan, FRNZCGP, FDRHMNZ)
* Updates on delirium, depression, and gout (Dr Kati Blattner, Dr Yan Wong, Dr Mareta Jacob of Rarotonga Hospital)
* Useful apps and online resources for rural clinicians (Dr Nigel Cane, Dr Yan Wong)

**Day 1—29th Aug 2018**

0745-0800 Registration

0800-0830 Official opening

0830-0900 Rarotonga presentation

0900-0945 Chest pain/troponin update

0945-1015 Cardiology

1015-1045 Morning tea

1045-1130 Cardiology

1130-1215 Lunch

1215-1300 Multi-morbidity

1300-1345 Polypharmacy

1345-1400 De-prescribing

1830 Group dinner

**Day 2-- 30th Aug 2018**

0800 - 0830 Rarotonga presentation

0830 - 1000 Medical scenario 1 and 2

1000 -1030 Morning tea and walk around hospital

1030 – 1200 Medical scenario 1 and 2

1215 – 1300 Rarotonga presentation

1300 – 1345 Lunch

1345 – 1445 Teaching and supervising registrars—practical tips

**Day 3—31st Aug 2018**

0800 - 1000 Infectious disease for rural hospital

1000 – 1015 Morning tea

1015 -1100 Gout update

1100 -1130 Useful apps and online resource

1145 – 1215 Evidence review and update—(delirium and/or depression)

1230 – 1300 Updates from participants

1300 - 1315 Evaluation

1315 – 1330 Close

1330 Lunch