UNIVERSITY OF OTAGO
ŌTĀKOU WHAKAIHU WAKA

JOB DESCRIPTION

ROLE TITLE:	Well-being Clinical Psychologist
DEPARTMENT:	Student Health Services
SCHOOL / DIVISION:	Student Services
REPORTS TO:	Mental Health & Well-being Clinical Group Leader Head of Student Health Services
DIRECT REPORTS (FTE):	Nil
INDIRECT REPORTS (FTE):	Nil

1. PRIMARY PURPOSE OF THE ROLE:

This is a position, accountable for the delivery of high-quality Well-being Clinical Psychology services to all eligible students at the University of Otago.

2. ACCOUNTABILITIES:

Clinical Psychologists are committed to upholding the Principles of the Te Tiriti o Waitangi and incorporate Kawa Whakaruruhau, cultural safety, within the Maori context as well as its broader application, to encompass and acknowledge all individuals in their uniqueness and diversity; to achieve the shared goal of health and wellbeing for University of Otago students.

This position will be accountable for the following:

- Provision of mental health assessment, crisis response, brief intervention and triaging to appropriate agencies.
- Provision of support and advice to staff members who are responsible for student well-being.
- Promotion of mental health and well-being within the University community.

POSITION SPECIFIC ACCOUNTABILITIES:

Key Areas	Accountabilities and Actions
Provision of Individual Brief Intervention therapy	○ Providing brief intervention therapy ○ Based on 6 session framework ○ Appropriate diagnostic assessment ○ Students given information on services available and leaves appointment with a clear plan of care ○ Plan of care documented in Medtech ○ Clinical risk documented in Medtech ○ Liaison with relevant Student Health clinical staff around issues arising as required ○ Referrals to other University Services, External Agencies completed as required ○ Identifying key goals and outcomes, with CGL ○ Annual review to determine goals; ○ Quarterly / Annual PDR progress reports ○ Reporting on progress against performance targets to manager as required; ○ Fortnightly / Monthly meeting with CGL ○ Weekly meeting with colleagues

	○ Monitoring and improving systems, methods, efficiency, and quality of services provided. ○ Patient satisfaction survey completed annually ○ University annual student and department survey ○ Peer review
Provision of group work	○ Providing relevant group work ○ Determine annual plan with CGL and team ○ Coordinate group work as directed ○ Monitoring and improving systems, methods, efficiency, and quality of services provided. ○ Patient satisfaction survey completed annually ○ Reporting on progress against performance targets to manager as required; ○ Fortnightly /Monthly meeting with CGL ○ Weekly meeting with colleagues
Promotion of Mental Health and Well-being	○ Proactively initiating and promoting policies and procedures concerned with maintaining and improving mental health and well-being;
Communications and Relationship Management	Managing key relationships internal and external to the University. Activities include: ○ Attendance at Student Health meetings ○ Liaising / contributing to other University groups and committees as required; ○ Managing all relationships to promote the desired image of the Division; ○ Developing relationships with relevant members of the University, Colleges, Academic Departments, Support Services and Student Services.

3. KEY RELATIONSHIPS:

Internal:

- Students.
- University staff - Academic and Operations.
- Risk, Assurance and Compliance Office.
- Office of Sustainability.
- Health and Safety.
- Human Resources.

External:

- Otago University Students' Association.
- Local Social Agencies.
- Southern District Health Board and associated PHO.
- Primary Health Care Practices and Community NGO's.
- Laboratories.
- ACC.
- Ministry of Health.
- Relevant professional bodies.

4. QUALIFICATIONS & EXPERIENCE:

Essential:

- A relevant tertiary qualification or equivalent; Clinical Psychologist - must have valid APC and registration with the appropriate professional body.
- Experience working in a mental health environment.
- Experience working in similar roles.
- Experience with mental health assessments.
- Experience using Patient Management Software and Microsoft office products.

Preferred:

- Experience working in the youth sector.
- Experience working with groups.
- Experience working with drug/alcohol and eating disorder presentations.
- Previous experience working in a primary health environment.

5. TECHNICAL SKILLS & KNOWLEDGE:

Essential:

- Ability to practice reflectively and use this to determine the student's treatment.
- Ability to provide comprehensive clinical assessment.
- Client centred with a strong service ethic.
- Collaborative, with the ability to develop and maintain effective professional relationships with colleagues in a multidisciplinary team.
- Critical thinking and problem solving skills relevant to position.
- Effective communicator with the ability to write clear, user friendly documentation for multidisciplinary healthcare purposes.
- Flexible, adaptable and professional during uncertainty and ambiguity.
- High level of self-motivation; able to organise own workload and work in a variety of settings - from delegated tasks to autonomous consultations.
- Commitment to on-going quality improvement.

6. SPECIAL REQUIREMENTS:

- Capability to work in an environment where exposure to infectious diseases may occur.
- Expectation of relevant vaccination and immunity screening history.
- Meets Childrens Act requirements.

7. DIRECT BUDGET ACCOUNTABILITY:

Nil

8. MĀORI STRATEGIC FRAMEWORK:

Act in a manner consistent with the principles and implications, as well as the University's commitment to the Te Tiriti o Waitangi as articulated in the Māori Strategic Framework.

9. PACIFIC STRATEGIC FRAMEWORK:

Act in a manner consistent with the strategies and goals contained in the University's Pacific Strategic Framework, role-modelling and promoting Pacific values, equity and diversity principles and cultural safety practices.

10. HEALTH & SAFETY:

Act and work in a manner compliant with current health and safety at work legislation and University procedures, frameworks and guidelines. Role model safe behaviour and practices, share the responsibility to prevent harm and contribute to a safe campus and work environment, including raising workplace health and safety concerns for self, students, visitors and other staff.

11. SUSTAINABILITY:

Act in a manner consistent with the University's sustainability commitments; role-modelling sustainable practices, with a particular emphasis on minimising the environmental impact of day-to-day activities.

12. EQUITY AND DIVERSITY:

Act in a manner consistent with the University's commitment to anti-racism and the co-creation of accessible, safe, respectful, and welcoming environments where all students and staff are supported to achieve their full potential.