Welcome

Welcome to the first issue of the Active Living Laboratory Newsletter!

In this quarterly newsletter we will be sharing updates from the BEATS Study and our work at the Active Living Laboratory at the University of Otago. Please feel free to share this newsletter with other relevant individuals and organizations.

Thank you for your interest in our work! We look forward to continuing to work with the community and for the community and share our findings along the way.

Dr Sandy Mandic
Academic Leader, Active Living Laboratory

BEATS Study Symposium 2016

21 July 2016; School of Physical Education, Sport & Exercise Sciences, University of Otago, Dunedin

The BEATS Research Team hosted the 2nd BEATS Study Symposium and shared the study findings to date. The symposium was a great success with 40 attendees including academics and research students from the University of Otago, representatives of local organizations including Dunedin City Council and schools as well as three attendees from Wellington, Auckland and Christchurch. The symposium was funded by the School of Physical Education, Sport & Exercise Sciences.

The BEATS Parental Survey: Still Recruiting

The BEATS Research Team has completed data collection for five out of six sub-projects for the BEATS Study.

We are still recruiting Dunedin parents of secondary school students (Year 9 to Year 13) to complete the online survey (also available in a paper format). This 15- to 20-minute survey examines parental perceptions of driving, busing, walking and cycling to school, safety of the route and neighbourhood environment.

Please forward this information to your friends and colleagues.

Did you know...

All parents who complete the survey enter into a draw for iPad and one of three $250 grocery or petrol vouchers.

Survey is available online: http://goo.gl/aubw4u

Available online...

BEATS Study Symposium 2016 presentation slides and proceedings are available on the BEATS Study website:
http://www.otago.ac.nz/beats/publications/index.html

For your information...

3-Year Progress Report for the BEATS Study is publicly available on the BEATS Study website home page.

See report
Active Living Laboratory Awards Four Summer Research Scholarships

Four University of Otago students received the Active Living Laboratory Summer Research Scholarships for the summer 2016/2017. The students will be working in the Active Living Laboratory for 6 to 10 weeks under supervision of Dr Sandy Mandic. Their research projects are related to the BEATS Study and the Evaluation of Cycle Skills Training Programme.

- **Kek Chiew Ching** (Master’s student; Master of Physical Education)
- **Tessa Pocock** (4th year student; Bachelor of Physical Education with Honours)
- **Siobhan McArthur** (4th year student; Bachelor of Arts (Major: Geography) & Bachelor of Law)
- **Dana Lawrie** (3rd year student; Bachelor of Science in Physiology with minor in Public Health)

BEATS Study Publications to Date

**BEATS Study Protocol Article**
*This article describes research methodology for the entire BEATS Study.*


**BEATS Study Planning and Implementation Article**
*This article provides “a look behind the scene” from vision to implementation of the BEATS Study: study design, the establishment of research and community collaborations, planning and preparation for data collection, study implementation and knowledge dissemination activities.*


**Attitudes Towards Cycle Skills Training in New Zealand Adolescents**
*Little is known about adolescents’ attitudes towards cycle skills training. Our results showed that over a third of adolescents perceived that cycle skills training could make them safer in traffic. Enjoyment, usefulness and desire to cycle were associated with a positive attitude. Parental behaviour and school’s encouragement were also important. Schools may be an appropriate setting for provision of cycle skills training to adolescents.*

Sandra Mandic1, Charlotte Flaherty5, Tessa Pocock1, Alex Mintoft-Jones1, Jillian Frater9, Palma Chillón10, Enrique García Bengoechea7. Attitudes towards cycling skills training in New Zealand adolescents. Transportation Research Part F: Traffic Psychology and Behaviour. 2016 (E-pub: 10 Sep 2016) Full article

And this is where the authors of these BEATS Study publications come from:

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2Department of Marketing, School of Business, University of Otago, Dunedin, New Zealand
3School of Surveying, School of Business, University of Otago, Dunedin, New Zealand
4Centre for Sustainability, University of Otago, Dunedin, New Zealand and Oxford University, Oxford, United Kingdom
5Dunedin City Council, Dunedin, New Zealand
6Dunedin Secondary Schools’ Partnership, Dunedin, New Zealand
7McGill University, Montreal, Canada
8University of Alberta, Edmonton, Canada
9Canterbury University, Christchurch, New Zealand
10University of Granada, Granada, Spain

Contact Details and Sign Up

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