In this issue...

Welcome to the third issue of the Active Living Laboratory Newsletter! In this issue, we are sharing updates on the international symposium we are organizing this year, research projects happening in our laboratory, our visiting academic from abroad and ongoing participant recruitment for the BEATS Parental Survey.

Please feel free to share this newsletter with others.

Thank you again for your interest in our work!

Dr Sandy Mandic
Academic Leader, Active Living Laboratory

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International Symposium

Active Living and Environment: Towards a Healthier and More Sustainable Future
University of Otago | Dunedin | New Zealand | 28-30 August 2017

The Active Living Laboratory at the University of Otago (New Zealand) is hosting its inaugural symposium.

Our goal is to bring together researchers, policy makers, health promoters, urban designers, transport experts and interested members of the public to engage in a multidisciplinary and multi-sector dialogue about Active Living and Environment.

Symposium themes are Health, Transportation, Environment and Sustainability.

Find out more – visit symposium website: www.otago.ac.nz/active-living-2017

List of confirmed speakers and more – Click here

We invite researchers, professionals and practitioners from different disciplines and sectors to share findings from their research studies or describe programs, interventions, or impacts of policy or advocacy.

Submit your abstract by 10 March 2017.

Sign up for symposium updates: http://goo.gl/aquIDj


Please share this information with relevant networks and colleagues.
The BEATS Parental Survey: Still Recruiting

We have made progress in the recruitment of parents with over 300 parents completing the survey to date. But we will continue recruitment until May 2017...

We continue to invite Dunedin parents of secondary school students (Year 9 to Year 13) to complete the online survey (also available in a paper format). This 15- to 20-minute survey examines parental perceptions of driving, busing, walking and cycling to school, safety of the route and neighbourhood environment.

Please forward this information to your friends and colleagues.

Did you know...

All parents who complete the survey enter into a draw for an iPad or one of three $250 grocery or petrol vouchers. Survey is available online: http://goo.gl/aubw4u

Visiting Academic: Prof Pablo Tercedor Sánchez

This summer we had the pleasure to work with Prof Pablo Tercedor Sánchez who spent three months of his sabbatical working with our research team. Pablo, his wife Asun and daughter Asun enjoyed very much their time in New Zealand and at the University of Otago. We look forward to continuing to work together in the upcoming years.

Summer Research Projects

The Active Living Laboratory awarded four Summer Research Scholarships for the summer 2016/2017. The students worked under supervision of Dr Sandy Mandic on projects related to the BEATS Study and the Evaluation of Cycle Skills Training Programme. Two of the scholarship recipients are profiled here:

Tessa Pocock: Tessa recently completed her Bachelor of Physical Education with Honours and is beginning her Masters of Physical Education supervised by Dr Sandy Mandic. As a part of her 10-week summer research scholarship Tessa worked on the BEATS Parental Survey report for schools, coordinated data collection for the BEATS Parental Survey and managed data entry for the Evaluation of Cycle Skills Training Project.

Kek Chiew Ching: Kek is a second-year Masters student. As a Physical Education teacher from Singapore, Kek is keen to acquire more knowledge on physical activity, obesity and sedentary lifestyles and utilise this knowledge in her teaching. As a part of her 6-week summer research scholarship Kek worked on a project that examined the effects of cycle skills training on cycling-related confidence, habits and knowledge in adolescents. Kek is also involved in the participant recruitment and data collection for the BEATS Parental Survey.

Contact Details and Sign Up

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