Welcome to the fifth issue of the Active Living Laboratory Newsletter! In this issue, we are sharing updates on the International Symposium Active Living and Environment, BEATS Study 4-Year Progress Report, upcoming public lecture, visiting academics working in our laboratory, and new BEATS Study publications. Please feel free to share this newsletter with others.

Thank you again for your interest in our work!

Dr Sandy Mandic
Academic Leader, Active Living Laboratory

International Symposium in Dunedin this August

Active Living and Environment: Towards a Healthier and More Sustainable Future
University of Otago | Dunedin | New Zealand | 28-30 August 2017

This symposium is bringing together researchers, policy makers, health promoters, urban designers, transport experts and interested members of the public to engage in a multidisciplinary and multi-sector dialogue about Active Living and Environment. Symposium themes are Health, Transportation, Environment and Sustainability.

Here are a few programme details:
- 3 full action-packed days with 80 registered delegates.
- 18 invited speakers (11 from New Zealand and 7 presenters from overseas).
- 10 abstract sessions presenting 40 research-focused and practice/policy abstracts.
- Social and networking activities before, during and after the symposium.

Register today: https://secure-www.otago.ac.nz/conferences/active-living-2017/
Please share this information with relevant networks and colleagues.

BEATS Study Public Lecture in Dunedin: Everyone Welcome!

Tuesday, 29 August 2017, 5:30 pm to 6:30 pm
University of Otago, Dunedin | Archway 3 Lecture Theatre

“A successful community-academic research partnership: The BEATS Study”

This presentation will share unique aspects of the BEATS Study including community-based participatory approach and successful multi-sector collaborations between secondary schools, city council, and academia.

Speakers: Dr Sandra Mandic, Dr Enrique García Bengoechea, Dr Susan Sandretto, Mr Gordon Wilson.
Moderator: Professor Guy Faulkner, University of British Columbia, Vancouver, Canada
Visiting Academics
A very warm welcome to six visiting academics from Spain and the United States who are working with us at the Active Living Laboratory and sharing their knowledge this August!

Left to right: Dr Alberto Aibar Solana, Dr Daniel Camiletti Moirón, Assist Prof Jennifer Roberts, Dr Sandy Mandic, Assoc Prof Palma Chillón Garzón, Prof Eduardo Generelo Lanaspa and Prof Javier Zaragoza Casterad.

- Associate Professor Palma Chillón Garzón, University of Granada, Granada, Spain
- Professor Eduardo Generelo Lanaspa, Professor Javier Zaragoza Casterad and Dr Alberto Aibar Solana, University of Zaragoza, Huesca, Spain
- Dr Daniel Camiletti Moirón, University of Cádiz, Cádiz, Spain
- Assistant Professor Jennifer Roberts, University of Maryland College Park, MD, United States

New BEATS Study Publications

Implications of School Choice Decisions on Active Transport to School
This article shows that without school zoning, half of Dunedin adolescents enrolled in the closest school. Distance to school and importance of school's proximity influenced school choice. Co-educational school status and peer feedback were also important. Adolescents attending their closest school had five times higher rates of active transport. These findings suggest that school choice has implications for education, health, transport and environment.


A Tale of Two New Zealand Cities: Cycling to School among Adolescents in Christchurch and Dunedin
This article examined intrapersonal factors related to adolescents’ cycling to school in Dunedin versus Christchurch. Despite higher rates of cycling to school in Christchurch than Dunedin, attitudes towards cycling to school are similar in both cities. Norms, capability, autonomy and intention to cycle were lower in Dunedin. Norms were the dominant influence in Christchurch and attitude in Dunedin. This study shows that norms, social needs and capability are relevant for adolescents’ cycling initiatives.


Contact Details and Sign Up

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